

CARDINHAM & MILLPOOL COMMUNITY MAGAZINE

AUGUST / SEPTEMBER 2025



Wonderful scarecrows around the village - well done everyone! (Pics by Lizzy Smart)

ISSUE 117

Single Issue Price £1.25

CONTACTS

Editorial Team

Lizzy Smart: 01208 821101

lizzysmart@gmail.com

Peter Claridge

monnsoon90@yahoo.co.uk

Treasurer & Advertising

Simon Smart: 01208 821101

simonseansmart@gmail.com

Distribution

Julia Maynard: 01208 821216

juliamaynard1949@gmail.com

Design, Print & Production

St Austell Printing Co.

01726 624900 (ext. 109)

Email: polly.airey@sapc.co.uk

CONTRIBUTIONS

NEW DETAILS!

Please send your contributions to

polly.airey@sapc.co.uk

- a Microsoft Word file is best.

Photos should be sent in
uncompressed **jpeg** format.

We accept files and advertisements
as high res **PDFs** (preferred).

If typed or handwritten, please send
it to one of the Editors.

We select articles based on local
interest and reserve the right to
edit for clarity and length.

Copy Date for OCTOBER / NOVEMBER Issue

Typed/Handwritten: MONDAY 15TH SEPT

Deadline by Email: FRIDAY 19TH SEPT

Advertising Rates & Sizes

Advertising is free for all local community and charity events.

All commercial advertising and events will be charged: 1/4 - £24pa. 1/3 page - £36pa. 1/2 page - £60pa. Whole page - £120pa. There is a minimum charge of £20 for advertising. One-off page advertorials - £25

Photographs & Scanning

Please email an original JPG with no compression or reduction, PDF or TIFF to

polly.airey@sapc.co.uk

Special photographs, drawings, illustrations, etc can be scanned.

Please contact polly.airey@sapc.co.uk

For required format & any queries please contact polly.airey@sapc.co.uk

Need an extra copy?

Subscriptions £5pa (postage £11pa)

Single Issue £1.25 Contact Julia on 821216

The opinions expressed in articles in this magazine are those of the authors, and are not attributable to any member of the magazine production team.

FROM THE EDITOR

With best wishes to you all

Lizzy, Polly, Simon, Peter and Julia



Luxury, peaceful, lakeside Shepherd Hut accommodation available to book now!

Featuring Smart TV, USB ports & Wi-fi, power shower, copper basin, espresso machine, leather sofa, wood burner, king size bed, barbecue, outdoor furniture, fire-pit, private lake use with boat & complete solitude.

Couples only, pet free

Contact **THE GOOSE NEST**

01208 821788 / 07809 396975

the_goose_nest@outlook.com

ST. MEUBRED'S CHURCH UPDATE

Services for St Meubred's, Cardinham - August & September

August 3rd	9.30 am	Holy Communion
August 10th	11 am	Joint Service with Millpool Methodist Church in Cardinham Parish Hall
August 17th	9.30 am	Holy Communion
August 24th	9.30 am	Morning Prayer
August 31st	10.00 am	Team Service at St Petroc's, Bodmin
Sept 7th	9.30 am	Holy Communion
Sept 14th	11 am	Joint Service with Millpool Methodist Church in Millpool Chapel
Sept 21st	10 am	Team Service at St Petroc's with Bishop David
Sept 28th	9.30 am	Morning Prayer October 5th

Books for sale or swap in St Meubred's Church: If you have books or DVDs you are happy to donate to our library for others to read or watch, please leave them on the bookshelf as you enter the church. Do help yourselves to either.



Tea Party & Chat

August 7th and September 4th in Cardinham Parish Hall. Join us for a cuppa, cake and chat, everyone warmly welcome.





BODMIN TEAM MINISTRY

www.bodminteam.church

Dear Friends,

I wonder which you think the most frequently broken commandment is? Judging by a complaint I saw on Facebook recently it might be the one about taking the Lord's name in vain. The complainant observed that a family hike up Snowdon had been ruined by the amount of bad language issuing forth from fellow hikers.

I think a hot contender for the most broken commandment might be the one about the Sabbath. Remember to keep the Sabbath day holy. This commandment traces its origins to the beginning of all things. In Genesis we read that on the seventh day God rested from all His work. We too are urged to take one day off in the week when we rest from our normal work and re-connect with God.

As we enter the holiday season it is a chance for many to take a break from their normal day-to-day activities and recharge their batteries. We are blessed to live in a part of the country which is a popular holiday destination. Whilst we may moan about congested roads and the inability of some drivers to successfully navigate narrow lanes, we should welcome the holiday makers. It is a privilege to share with them the beauties of our stunning county which we enjoy all year.

How can we turn holidays into holy days? Primarily by giving thanks to God for the wonderful world that He has made and entrusted to us.

Every Blessing, ***John Hereward***





Hedgehog Class

Hedgehog Class have discovered how to enhance their flexibility, strength, coordination and body awareness in Yoga class. They were inspired to try out lots of different Yoga moves.



Squirrel Class

Squirrel Class had a fantastic time on their recent visit to La Hayes farm, where they explored a range of habitats as part of their science learning. The children enjoyed investigating the river using underwater scopes to spot different species. They also had great fun building birds nests, studying leaves and making bark rubbings – activities that brought their learning about woodland and wildlife to life. It was a wonderful day of hands-on-learning and outdoor exploration.



Fox & Deer Class

Last week, the talented pupils of the Fox and Deer Class wowed audiences with their spectacular KS2 production of Shakespeare Rocks! The show was a lively and humorous celebration of the life and works of William Shakespeare, filled with catchy songs, witty dialogue, and outstanding performances.



Every child had a moment to shine, whether delivering lines with confidence, singing their hearts out, or bringing the stage to life with vibrant costumes and expressive acting. The production showcased not only their creativity and teamwork but also their growing confidence and love for performing arts.

A huge thank you goes to the dedicated staff and supportive families who helped make this production such a success. The Fox and Deer Class truly proved that Shakespeare really does rock!

You can find out more regular updates by visiting our school Facebook Page:
Cardinham School and Nursery | Facebook

SUBSCRIPTION PAYMENTS

Subs. to the magazine are **£5pa**, plus any donation you would like to make. **Subs run from January - January.**

Please pay your distributor as usual, or if you prefer, by Bank Transfer.

The magazine bank account details to use are:

Sort Code: 30-97-28 Account No.: 02314833

Account Name: Cardinham and Millpool Community Magazine

Please add your name/address as reference

Don't forget postage, if applicable, £11pa

Thank you for paying promptly

Saturday 21st June

Church Field, Warleggan PL30 4HB

Midsummer Madness & Music



Will Keating & Friends

(The Garker Street Band, Sam Wheatley and others)

**An evening of
musical entertainment**

Bring your own picnics & drinks

Gates open 4pm - Entry by donation

Children under 12 free, suggested Adult donation £10

Raising funds for St Bartholomews Church and

Warleggan Jubilee Hall for the benefit of the Community

(Wet weather - Picnics in the Pews)

Treveddoe Farm

Warleggan



Belted Galloway beef

Farmed in a regenerative system that encourages nature to flourish whilst producing delicious beef

100% pasture fed

Farmed to organic principles

Local delivery or collection from the farm

To order please contact Ben & Claudi on the details below

☎ 07825 568700

✉ treveddoefarm@outlook.com



Dial -a- Ride



- Travelling from Cardinham & Millpool to Bodmin on Mondays & Thursdays.
- £5 return.
- Pick up from 8.15am, return lunchtime.
- Eligibility: mobility difficulties/over 55.
- Wheelchair access.
- To Wadebridge on first Thursday of the month - £6 return.

- Shopping trips.
- Visiting friends.
- GP appointments etc.

For more information
and to book call:

01872 266886



CARDINHAM HELPLINE



As usual there will be no Helpline Lunch in August. The next lunch will be on
Thursday 18th September at 12.45.

Many thanks to all the volunteers who give their time and skills to the Helpline –
it is very much appreciated by those who use our services.

We have been fortunate to receive a generous grant from the **Cally Barret Wind Turbine Fund**, which will cover the cost of our insurance and hall hire for the lunches for the year. Thank you to them and to the **Bodmin Beast Marathon** organisation for their donation.

Just a reminder that we are here for anyone in the parish who would like to come to our lunches (contact **Julia on 01208 821216**) or our other services (contact number listed in Useful Phone Numbers section).

Malcolm Maynard – Cardinham Helpline Treasurer



- MOBILE LOCKSMITH
- DOMESTIC, COMMERCIAL & AUTO
- INSURANCE RATED LOCKS
- ON SITE KEY CUTTING
- UPVC MECHANISMS, PATIO, GARAGE, DIGITAL, KEYSAFES
- REMOTE & CHIPPED KEYS SUPPLIED
- FREE ESTIMATES
- PROPERTY SECURITY & MANAGEMENT

www.duchylocks.co.uk

Tel: 0800 97 888 37

Mob: 07966 654267



Cardinham Parish Hall Available for Hire

Cardinham Parish Hall

Church Road
Cardinham
Bodmin
Cornwall
PL30 4BN



Any Enquires Please Contact

Debra Best - 01208 821554/ 07798838443

cardinhamhall@btinternet.com

TAWNA SHETLAND STUD – RECENT HISTORY - PART 2

Why breed Shetland ponies? With our farming background, we used to keep small flocks of sheep and a few cattle alongside the ponies, including rare breeds, but the stipulations laid down by DEFRA made it increasingly restrictive. There's more freedom breeding ponies, we enjoy their great personalities, it's fun interacting with them, and we can treat them as pets rather than commercially produced animals, so it was a natural transition.

In recent decades our Tawna Stud has consisted of only Miniature Shetlands (their height does not exceed 34" at maturity)... Shetlands are measured in inches and not h.h. (hands high) as with most other equines. On the Shetland Isles, skeletons have been discovered of small equines dating from the Bronze Age, some measuring only 26" high. The breed's chief qualities have been honed over thousands of years, as only the smallest ponies possessed the hardiness to survive the harsh conditions.

We found that certain of the standard-sized mares in our stud threw quite small foals, so Audrey researched and bought a superb miniature stallion – *Fairy Fabric* - bred by one of the oldest and most highly regarded Shetland studs in the country – founded in the 1890s. He was the foundation sire for our ponies today, and since his time, we have only used the best stallions with unparalleled bloodlines, and linking back to Fairy Fabric. As we have remained true to those lines, it's a great honour for us that the current owner of the Fairy Stud has purchased several of our ponies to enhance her own breeding stock in Sussex.

Today our stud is based on a core of around 30 ponies. Since the first foundation mares, we have not introduced any outside female lines, so in any of our current mares' pedigrees, there is at least one unbroken line of Tawna mares going right back to the early/mid 1960s.

All the usual equine colours are permitted in Shetlands except spotted, however we particularly like 'broken colours': piebald is black and white, and skewbald is any other colour and white. In fact Shetlands are the only pure native breed that allows broken colours. We love the variety, and Cardinham locals will have noticed the colourful mix in our fields. We had a real surprise about eight years ago, when a pair of skewbald parents gave us a strange greyish/beige foal. Genetic testing proved him to be 'mushroom' – a rare and highly sought-after colour that is peculiar to Shetlands. We had no idea this gene was in our ponies, but have found through laboratory testing that over half our ponies carry the gene, and have since bred five more mushrooms.

Modern technology has made a considerable difference to managing the stud: our regularly updated website has a large following; CCTV cameras relay images to my mobile phone which enables me to monitor the pregnant mares day and night without disturbing them; a remotely controlled camera that pans and zooms

allows me to keep an eye on the fields; and sending photos and videos to potential buyers via WhatsApp has revolutionised selling ponies. Audrey always enjoyed spending hours researching pedigrees in her prized collection of annual Stud books. Today I can look up those pedigrees, plus much more information, instantly on the online database. All our ponies are registered, microchipped, and passported. These days all stallions have a DNA profile, as have their parents, and from this year, all first-foaling mares have to be DNA'd. Advances in scientific testing has allowed breeders to have far greater knowledge regarding colour genetics, and predicted outcomes, which has become quite important in our breed.

We have always enjoyed success showing at county and agricultural shows, but generally don't travel too far afield, however in the ownership of other enthusiasts, Tawna ponies, or their offspring, have achieved championship level at some of the most prestigious Shows around the country – The Society Breed, The National Stallion, The Great Yorkshire, The Royal Highland, and The Royal Welsh.

Some of our stock find homes as companions, pets and therapy ponies but most purchasers are breeders, or people who want to show. Many of the latter are people who used to ride, and cannot continue to do so for a variety of reasons but still want that special relationship with equines... so they downsize!

As well as finding new homes all over the UK including the Shetland Islands, we have sold home-bred ponies to Finland, Germany, France, Hungary, Holland, the Czech Republic and America. Despite Brexit making exporting ponies much more costly and difficult, a pair of our foals went to Switzerland last year, and we get regular updates on their progress.

With a waiting list for specific bloodlines, colour or sex, I often whisper in the pregnant mares' ears what we would prefer, and passers-by might look over the hedge and see me with arms around a mare's belly, trying to gauge what that expanse might be concealing! Breeding pedigree stock is a long-term commitment, and one that has given us a life-time of pleasure.

Fiona Hammond



Flasheart and Florence



Flo and Jenson

Here is a newspaper report covering the felons of Cardinham in 1860 which I thought you might like to use in the Magazine **John Keast**

West Briton and Cornwall Advertiser. Friday 9th November, 1860.

TRECAN GATE PETTY SESSIONS. On the 7th inst., before Col. COCKS, chairman, Revds. R. BULLER, A TATHAM, and J. GLENCROSS, and Mr. W. C. BRADDEN, county magistrates, the following cases were disposed of.

Clerk of Bodmin Union v. JOSEPH HOSKYN, of Cardinham. Defendant was summoned for not having had his child vaccinated. He admitted the offence, and was fined 10s. and expenses GBP1. 14s. In default of payment he was ordered to be imprisoned one week.

JANE WELSH, of Cardinham, was ordered to be imprisoned for a week for stealing a faggot of wood from the rick of SAMUEL RENNALS on Sunday last.



St. Breward Community Bus

Everyone is aware that public transport in rural areas is very poor, even non-existent.

Funding has been made available to extend the use of the St. Breward Community Bus to other Parishes in the area for trips to various destinations.

Trips are organised to Truro, Wadebridge, Tavistock, Launceston and the Homeleigh Garden Centre, etc. The timetable for the services is put up every two months on our Parish Notice Boards.

The only criteria is that the bus leaves from Blisland Village Hall, so you need to get there to catch it. Charges are very reasonable and you need to book a place, tel. 07498 502778 or email: stbrewardbusbookings@gmail.com

It may also be possible to book the bus for private hire, such as a Gardening Club trip for up to 15 people.

News from MILLPOOL METHODIST CHURCH

Nothing from me this time apart from saying how pleased we were to get third prize for our rather well endowed scarecrow. It certainly raised a few smiles from people passing by.

I am handing over the rest of the Millpool page to one of the newest residents to the village.

Small villages are full of secrets

We moved to Millpool a year ago, with three horses, four rescue dogs and probably far too much optimism / naivety about the amount of work that would be involved in renovating a house, stables and ten acres of rather overgrown land... But I also hadn't realised what an incredible busy calendar of events and activities would take place in such a small village! Admittedly, they aren't exactly secrets as such - there's a very helpful list of everything going on in this very magazine! - but if you were to drive through Millpool, you probably wouldn't guess quite how much is going on here and across Cardinham and Mount, thanks to the tireless work of members of the community.

I was a bit nervous about coming along to things to begin with - we moved from near St Blazey so didn't really know anyone here, but we were immediately made to feel welcome, and I eventually braved going along to the book club that takes place on the first Tuesday of the month. As a one time English teacher, now education advisor, you'd I'd read a lot, but I've realised that I'd become quite stale in my reading habits - tending just to read the same authors (mostly light-weight murder mysteries!) - and the book club has really broadened my reading back out again. Everyone has been really welcoming, and there is always cake (you'll see food is a recurring theme).

Having started Book Club, I was also encouraged to go long to the Millpool Chorale, who meet every Monday night. I've never been in a choir before (probably with good reason - many apologies to the fellow altos who have to put up with my wrong notes and inability to follow the tune and words at the same time), but again I have been really warmly welcomed and pleasantly surprised by what a broad range of songs we sing. I have already had the chance to perform in one concert, with another on the horizon! And yes, there is tea and biscuits.

I also have my eye on Pilates, or maybe Bellringing, but I am distinctly uncreative and kill every plant I touch, so the Gardening Club and Crafternoon are safe for now! But beyond the clubs I have joined, I have loved attending the various events organised in the area - and yes, everyone single one has involved food - including the Animal Blessing Service at St Meubred's (with biscuits and cake), a Plant Fair

(with cake), Millpool's Big Breakfast, a VE Day celebration with afternoon tea, and even a Pop up Pizza Takeaway Night last summer. I also paired up with my neighbour to enter the Scarecrow Competition, with our horse and rider taking second place - we are already planning our next entry, and of course the Fete where the winners were announced also involved tea and cake. I have not yet made it to the Pop up Pub, but I am determined to get there this summer (maybe even on horseback).

I'm incredibly grateful to everyone who has made me feel so welcome in the village we feel very lucky to live here! - and to anyone who hasn't yet come along to the many activities on offer, I'd unreservedly say to give it a go. It's worth saying that I am not a church-goer and I have never done anything like a Book Club or choir before (though I am very practiced at eating cake), but everyone is really welcome; and the huge efforts of the people who organise so many lovely events are rewarded by people coming to take part in them, so do come along and enjoy, as I have!

Cat Scutt



Safely fledged from the cement mixer nesting site

Caron Jenner

Ed. Thanks for sharing Caron, never thought a cement mixer would look cosy, but there you go!

THANK YOU

I would like to thank everyone for their kind messages on the occasion of my “big” birthday, which were much appreciated.

Gill Long

Ed. Happy Big Birthday, Gill! x

Cardinham & District Gardening Club

July 2025

The club has enjoyed two memorable visits since my last report. On May 21st we visited **Malibu Garden** at Polzeath, what an unexpected treat this garden is! It is on Tristram Cliffs right above Polzeath, but a good shelter belt means it is fairly protected. However, as the owner Nick Pickles explained, winds at 80mph are not unusual in Winter. To see the garden in May, it is hard to believe conditions are so harsh: an abundance of maritime and succulent plants, herbaceous annuals and perennials contribute to making this small garden a real delight. Nick's enthusiasm for what he has created over twenty years in a windswept and exposed site is truly infectious. The tea was delicious too!



In June, we went down to **Mitchell Fruit Farm**. Many of you may remember picking soft fruit there in the recent past. The farm has been taken over by Kim Parish, garden designer, who is creating a new garden on one of the large strawberry fields, as well as continuing to produce soft fruit. The Cornish Rose Farm (formerly The Cornish Rose Company) has taken over several of the fields too, so there is lots to see and we saw most of it guided by Kim and Kevin as they described their vision

for this project. We were amazed at how much work has already gone in to developing what is already a super garden. We all learnt so much from them and enjoyed tea in the new cafe too!

I nearly forgot *Bert the Beekeeper*, our scarecrow entry for the Community Event, I hope he made you smile!

The next event is our **Annual Social at Dye Cottage**, at St Neot. This is always a very happy event and we are very grateful to Mr & Mrs Williams for agreeing to host our evening. August sees a break from meetings as we give members a chance to get their entries growing for the **Annual Flower and Vegetable Show** on Saturday September 6th, in Cardinham Parish Hall! Everyone is welcome to bring exhibits to the show, there are details included in the magazine and more at:

<https://cardinhamgardenclub.wordpress.com/flower-show/>



Looking forward to your entries at the show. Enjoy your gardens! Libby

UPCOMING EVENTS

HELD AT CARDINHAM PARISH HALL



2ND AUGUST

CAR TREASURE HUNT
ENDING AT THE POP UP PUB
WITH BBQ

6TH SEPTEMBER

POP UP PUB With homemade food

4TH OCTOBER

POP UP PUB With homemade food

10TH OCTOBER

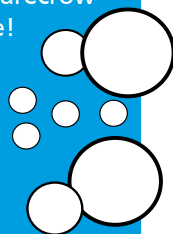
QUIZ NIGHT With pasty

To hire the hall or for any enquiries,
please contact Debra Best 07798 838443



Here are some teddies
zip wiring down from
St Meubred's tower
a few weeks ago, what
fun they had!

Please see the front
cover for our scarecrow
montage!



USEFUL PHONE NUMBERS

(preceded by 01208 unless otherwise stated)

Police NON emergency		National 101
Blisland Inn, Blisland		01208 850739
Cardinham Bellringers (Captain)	Nic Best	07747 724678
Cardinham Hall Bookings	Debra Best	07798 883443 01208 821554
Cardinham School (Head)	David Jones head@cardinham.tpacademytrust.org	01208 821326
Cornwall Councillor	Chris Batters cllr.chris.batters@cornwall.gov.uk	07503 121958
Flowers for St. Meubred's	Libby Pidcock	01208 821303
Friends of St. Meubred's	Loveday Sutton	01208 821350
Gardening Club	Loveday Sutton	01208 821350
Helpline	Gill Long / Jenny Saunter	821745 /07854 545467
London Inn, St Neot		01579 326728
Methodist Circuit Office	office@bpwcircuit.org.uk	01208 895157
Millpool Chapel	Shirley Doran	01208 813685
Millpool Coffee Morning	Julia Maynard	01208 821216
Mother & Toddler Group	Crissie Butler	07540 181416
Parish Council Chair	cardinhamclerk@gmail.com	
Parish Council Clerk	Jo Wilson	01841 520796
Bodmin Team Ministry, Team Rector	Paul Holley	07470 192378
Sports Club	Les Spong	01208 821591
St. Meubred's Focal Minister	Revd John Hereward	01208 79078
St. Meubred's PCC Secretary	Rosemary Rowe	01208 821225
St. Meubred's Reader	Ann Kerridge	01208 76714
St Neot Brownies	Karen Cunningham	01579 321581
St Neot Scout Group	John Body	01579 320334
Warleggan Young Farmers	Laura Colwill lauragco@hotmail.co.uk	07913 330078

Please send corrections or additional numbers you would like to see to lizzysmart@gmail.com Tel 821101

CARDINHAM 47th ANNUAL FLOWER & VEGETABLE SHOW



Organised by
The Cardinham & District Gardening Club

2pm - 3.30pm
Saturday 6th September 2025

**Homemade Cakes, Teas,
Raffle & Plant Stall**

**Adults £1
Children Free**



VEGETABLES & FRUIT

CLASS (note: one entry per competitor per class)

- 1 4 Potatoes, single variety
- 2 Longest Runner Bean
- 3 1 Squash, any variety
- 4 6 Shallots, white
- 5 3 Onions, white
- 6 1 Garlic, bulb
- 7 4 Carrots
- 8 6 French Beans
- 9 3 Beetroots
- 10 6 Runner Beans
- 11 6 Tomatoes, salad
- 12 4 Stems of Mixed Herbs
- 13 6 Cherry or Plum Tomatoes
- 14 1 Cucumber
- 15 4 Courgettes
- 16 4 Vegetables, assorted
- 17 4 Sticks of Rhubarb
- 18 4 Cooking Apples
- 19 4 Dessert Apples
- 20 12 Soft Fruit / Berries



FLOWERS & PLANTS

CLASS (note: one entry per competitor per class)

- 21 5 assorted Seed Heads (can include grasses) in a vase
- 22 3 Dahlias, own choice
- 23 Single Rose
- 24 1 Hydrangea Head
- 25 5 Stems of Annuals
- 26 5 Stems of assorted Herbaceous Perennials
- 27 5 Stems of assorted Foliage
- 28 Stem of Fuchsia
- 29 A specimen Bloom on a Single Stem
- 30 Container of Mixed Cacti and/or Succulents



FLORAL ART OPEN

CLASS 31 Summertime

Overall width not exceeding 30cm/12" wide

NB Competitors must bring exhibits to the Hall complete.

Lack of space makes it impossible to allow entries to be constructed in the Hall.



YOUNG PEOPLE'S COMPETITIONS

CLASS 32 Draw or paint a Picture / Botanical Illustration of your favourite vegetable, including its roots and leaves

For competitors Nursery - KS1 (Reception, Yrs 1 and 2)

CLASS 33 as above

For competitors KS2 (Yrs 3, 4, 5 and 6)



OPEN FUN CLASS

CLASS 34 Pebble Bug

Use a smooth pebble and turn into a Bug using any materials

For competitors of all ages!

THE SARAH HOLMES CUP

CLASS 35 A Celebration of Cosmos

5 Stems of Cosmos displayed in a vase

COOKERY COMPETITION

CLASS 36 Men Baking Only - 4 Rock Buns

CLASS 36A Ladies Baking Only - Tea Loaf (2 lb)

CLASS 37 Jar of Homemade Jam

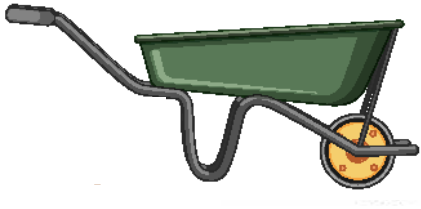
CLASS 38 Jar of Homemade Chutney

CLASS 39 Jar of Homemade Jelly

CLASS 40 Decorated Fairy Cakes

For competitors aged 15 and under, who have not yet reached their 16th birthday by the day of the Show. Minimal parental help please!

To follow recipes for classes 36, 36A and 40 - please see website



SHOW RULES



1. No Entry Fees
2. Entries must be brought to the Hall between 9.30am - 11.30am on the morning of the Show.
3. No competitor may make more than one entry per class.
4. Cardboard plates will be provided for the vegetable classes
5. Vases and containers must be provided by competitors in the flower classes.
6. Entries will be on show from 2pm - 3.30pm. Please remove all entries by 4pm. Prize giving is at 3.15pm.

7. The Gardening Club will not be responsible for any loss or damage.
8. The judges' decision are final.
9. Entries in classes 1 - 30 & 35 must have been grown by the exhibitor.
10. Entries in class 30 must have been owned by the exhibitor for at least 9 months.
11. The Hall will be closed between 11.30am - 2pm whilst judging is in progress.

PRIZE CARDS, POINTS & CUPS

Points will be awarded as follows: 5 for 1st, 3 for 2nd and 1 for 3rd.

Cups will be awarded to be held for 1 year, as follows:

PEARN Cup
BRADLEY SNOW Cup
SNOW Cup
KESTELL Cup
HUTCHISON Cup
SHEILA WORDEN Cup
SLEEP Cup
WALTER BROWN Cup
MARGARET BATE Cup
WI Cup
SARAH HOLMES Cup

Most points in Vegetable Classes 1 - 20
Best Vegetable & Fruit Exhibit in Classes 1 - 20
Best entry 4 Assorted Vegetables Class 16
Most points Flowers & Plants Classes 21 - 30
Best Floral Art Exhibit Class 31
Best Men Only Baking Class 36
Most points won by a Gardening Club member
Best entry in Aged 9 and Under Class 32
Best entry in 15 & Under Young People Class 33
Best entry in Fun Class 34
Best entry in Class 35

TWLandscapes



Tree surgery- hedge cutting -fencing-
Ride on mower - strimming- turfing
Twenty years experience
NPTC trained & fully insured

www.twlpm.com 07960652496

ELECTRICAL AND SOLAR MAINTENANCE

- ⚡ Electrical fault-finding
- ⚡ All non-notifiable electrical work
- ⚡ PAT testing
- ⚡ Solar power system health checks and repairs
- ⚡ Retrofit battery systems
- ⚡ Solar system design and advice



Call Ben
07887 561037

CARBON BALANCED PRINT

**OFFSET CARBON.
PROTECT SPECIES.
ENHANCE YOUR
BRAND.**

**AS A CARBON BALANCED PRINTER,
WE OFFSET OUR ANNUAL EMISSIONS
WITH WORLD LAND TRUST.**

**ASK US ABOUT CARBON BALANCING
YOUR NEXT PRINT JOB TO HELP
PROTECT THREATENED HABITAT.**



**WORLD
LAND
TRUST™**

www.carbonbalancedprint.com
CBP2229

 **St Austell
Printing Company**

**www.sapc.co.uk
01726 624900**



TREMEER
CONSERVATORIES



Tremeer Conservatories have been creating bespoke conservatories and orangeries since 1991. We can construct them in either timber or UPVC and in any colour.

We can also supply windows, doors, glass balustrades and glass roofs as well as building standard or unique extensions.



To find out more information:
Call: **01208 851182 or 07798 644 293**
Email: **tremeerconstruction@gmail.com**



Cornish words - Summer holiday themed!

Mor
Treth
Porth
Trethvor
Neuvya
Mordardh re sevis!
Yeges da!
Kastel tewes
Dehen rew
Pysk
Skath
Pyffyer
Reun

Sea
Beach
Harbour
Seaside
Swimming
Surf's up!
Cheers!
Sandcastle
Ice cream
Fish
Boat
Dolphin
Seal



R. MEARS & Sons

CHIMNEY SWEEP

Vac & Brush

Cowl Fitting Service

CCTV investigation work carried out

01840 261 221 • 07737 533392

www.sweepcornwall.com

*Covering Cornwall & West
Devon*



HETAS®
Registered

N0711/30134



**ANDREW OATES
GARDEN MACHINERY
SERVICE
& REPAIRS**



New machinery on request
All leading brands
Prompt service.
Competitive rates
25 years experience
Collection & delivery
service available



**01208 821527
07791930935**

**Ground
Maintenance
Services**

**Hedging & Fencing
Stone Walling
Hedge Laying
Tree Pruning**

**Decking & Patios
Ground Clearance**

Contact:

Greg
07887 877103
07469 789255



**MARK FITCH
CHIMNEY
SWEEP**

- * BRUSH & VACUUM
- * CLEAN, RELIABLE SERVICE
- * COVERING ALL S.E. CORNWALL
- * DISCOUNT FOR MULTIPLE CHIMNEYS
- * COWLS & GUARDS FITTED
- * STOVES SERVICED



*Call
Mark on:*

**01579 350762
07773 462643**





APS
ARCHITECTURAL
DESIGN

A bespoke Architectural Design service
from inception to completion

For a free consultation
call 01208 821126
www.apsarchitecturaldesign.co.uk



www.bodminairfield.com
Want to Fly an Aeroplane?
 Treat yourself to a trial lesson
 Gift vouchers also available for the Perfect Gift!

Obtain your Private Pilot License
and other ratings.
Call us for more details

Cornwall Flying Club Ltd. 01208 821419

Open 31
Open from 1000 to 1500
Thursday to Monday

DARCROFT GARAGE & MOT CENTRE

FOUR WINDS ~ BODMIN ~ PL30 4HH

Class 4 & 7 MOTs



Cars & Camper Vans

Light Commercial

Horse Boxes & Trailers

All Repairs Undertaken

Servicing

Diagnostics

Welding

Local Breakdown Recovery

Friendly Efficient Local Service & Advice

Tel: 01208 821238

N. J. BLANCHARD

Plant Hire & Groundworks

M: 07791 072806

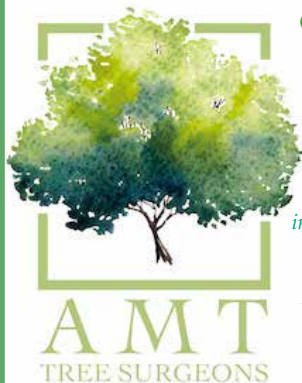
E: nick.blanchard@hotmail.co.uk

N J Blanchard specialising in:

- Drainage
- Pipe-laying
- Concreting
- Landscaping
- Site Clearance
- Scrub Clearance
- Septic Tanks
- Sand-schools & Yards

Full range of Plant machinery from mini-digger to heavy plant

For examples of our work please visit us on Facebook



Contact: Alicia Morton-Thurtle
on 07554 890508, or email
amttreesurgeons@gmail.com

**South West based, female owned
Tree Surgery business.**

Covering all aspects of tree care
*including, pruning, felling, fruit tree pruning
in the winter, hedge trimming, logging and
waste removal from site.*

AMT Trees also offers emergency & call
out work in storms or accidents.
Located in Lanlivery.



Foals, calves and ponies at Treslea Downs, and some of our neighbours popped in uninvited at the end of May - then wouldn't leave just kept bleating on!

Fortunately a delivery man arrived who knew how to deal with such characters being an ex-farmer and saw them off the premises!!

Lizzy Smart





Warleggan History Club's very interesting guided tour in June of St Neot, its Community Gardens, St Neot Church, Watermill & Archives Room

Cornwall National Landscape have recently launch a project called **'Natural Beauty & The Beast'** The project will focus on reconnecting people with Bodmin Moor's beauty, history and farming traditions. Through community partnerships, volunteering and farmer-led activities, the project will foster a deeper understanding of the moor's environmental and cultural significance while ensuring its protection for future generations. We would be looking to promote both the project as well as upcoming activities and opportunities for local people to get involved.

We have a project webpage which give additional information about our project you can find here - <https://cornwall-landscape.org/project/natural-beauty-the-beast/>



A Day of Family Fun

("Mount Little Do")

in

**Warleggan Jubilee Hall,
Mount & Field Opposite**

on

Saturday 9th August

Starting with Breakfast in Village hall

9.00am - 12.00pm.

Then moving to Field

**From 2.00pm - 5.00pm for
Food and Pop-Up Pub until Dark**

Food Available

BAR chargeable (cards welcome)

Dog show, Craft Stalls,

**Fancy Dress (Fairy tale theme)
home made costumes only)**

Games & Much More.



**Proceeds go to Reading Room and Charities
of our choice to be decided at AGM.**

Cardinham Sports Club

www.cardinhamports.org Facebook - @cardinhamports

Tennis for all ages and abilities

We've had lots of sunny days this year, perfect for tennis. Why not have a go? Whether you prefer to pay-and-play, or to join as a member, our rates are amongst the lowest in the county. Our tennis court is in a beautiful setting on the edge of Cardinham village, just a five minute stroll south from the church.

Youngsters joining the fun

If you're walking past the court on a Wednesday evening, you may have seen some of us gathering for 'social tennis', a continuous game of doubles where at the end of each game one player takes a rest while another joins in. What's best about this is that we have a full range of players, from school-age to retired, novice to experienced, fully fit to not-quite-so-fit! So if you'd like to join us, see what it's like, just pop round anytime from about 6pm. If it feels right for you, you might want to join as a member and play more regularly. We've got spare rackets – just make sure you're wearing sensible shoes.

And of course, don't forget that through Cardinham School's affiliate membership, pupils not only have the chance to play tennis in sessions organised by the school, but for a nominal membership fee can also enjoy free access to the court to play with their friends and family. Ask at the school for details.

To find out more, go to
www.cardinhamports.org
or call 01208 821409 / 07842 612989



NOT SLUGS, BUT THUGS IN THE GARDEN

Where would our gardens be without the aid of the ambitious plant collectors of 17th and 18th centuries?

Well, in fact, in some cases our gardens and countryside would be happier!

For example... look down any water course in early summer, the River Camel, for example, near Grogley. There you will find a beautiful tall growing plant with pea-like large flowers. Blooming away in profusion. Let's look closely at this decorative plant...

Himalayan balsam *Impatiens glandulifera* was introduced as a garden plant in the early 1800's. Unfortunately, like any 'thug', it escaped and spread rapidly along water courses. It's a very fast growing plant and invades, smothering anything else in its path.

This is classed as an invasive non-native plant listed on Schedule 9 of the Wildlife and Countryside Act 1981 and is a '*Species of Special Concern*'. It's illegal to cause it to spread and there are restrictions on growing it and selling it!

Another horrendous 'weed' of course is Japanese Knotweed (now called *Reynoutria japonica*). Again used, initially, as a decorative plant! However it has proved so invasive and damaging that an amendment to the Anti-Social Behaviour, Crime and Policing Act 2014 covers its thuggish and dangerous behaviour. It's obviously also on the Schedule 9 Wildlife Act.

A plant introduced to this country by John Tradescant the Younger in the 1700s was *Phaseolus coccineus*. Its blossom and climbing habit attracted Tradescant. Surely, you're thinking, must be another thug with a name like that... but no!

I bet you, virtually every domestic vegetable garden and allotment has this blooming away at present. Although introduced purely as a decorative climber, it proved to be a valuable asset to the veg plot. Of course, you've guessed it, the runner bean!

This plant, native to Mexico and Central America, was actually grown for thousands of years for its beans! Just a word of warning though...

The actual beans contain a toxic substance and raw seeds can cause digestive problems... cooking though eliminates all this poisonous aspect. So watch out for particularly young children picking a juicy bean pod. Apparently, boiling the beans for 10 - 20 minutes will destroy the toxin and make them safe.

Perhaps they're thugs after all!



Richard Sutton

CARDYNHAM CHURCH

It was great to see the teddies zip-wiring down St Meubred's tower at the Parish Community Event. As we wait for a verdict on how much repairing the tower will cost, it's interesting to think how church repairs have been funded across over 1000 years of this holy site. The first big take-away is that the funding has always been local. The bank and ditch surrounding the site creating a '*lan*' was surely dug by local people. It may have encircled St Meubred's grave, or maybe the grave commemorated on the grave shaft by the steps, which is said to read: "*Rancorus son of Mesgus*".

Our font is Norman, so was a new church built by Richard Fitz Tuold, steward and tenant-in-chief of Robert Count of Mortain. Richard was one of the most powerful barons in Cornwall and first holder of the '*Honour of Cardinham*.' From the early 13th century, parishioners were responsible for the church nave, the rector and the chancel. Often the nave was better cared for than the chancel, as rectors often held several parishes, just like the present. The rector's income came from the '*glebe*' - land donated by a landowner, and from '*tithes*' - parishioners had to pay the rector a tenth of their harvest and livestock. When Bodmin Parish Church was rebuilt in the 15th century, records show that Bodmin citizens paid the workmen and helped with the work. 40 names are recorded giving a few pence to a few shillings. Trade guilds gave more and the priest gave a year's salary. It's likely that funding our current Tudor church wasn't very different. Other income came from '*church ales*'. Churches brewed up beer for sale and held a big fundraising party.

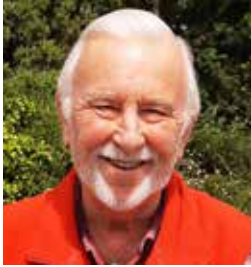
After the reformation, puritans frowned on boozy parties. Glebes and tithes were joined by paying rent for a good seat in the pews. The Tithe Acts of 1836 and 1936 abolished tithes. In 1895 the then rector, Athelstan Coode, raised £400 in 6 months, to repair the tower. This covered half the cost, he gave the rest himself. There's a fading notice in our church porch recording grants of £20 in 1896 and £50 in 1908 for repair and renewing the pews, on condition they were free to use. Glebe land was transferred to the diocese in 1978. From then on they pay clergy.

And today? Every parish church is a charity in its own right and responsible for its own finances. While Truro diocese pays clergy, it asks for a voluntary payment from each parish for this, the glebe money doesn't cover the bill. When we needed to replace the nave roof in the 1990's we received an English Heritage grant, but had to restore the 17th Glynn Memorial as a condition.

We rely on church members contributions, friends contribute to the upkeep of the building and our major annual fundraising is our plant sale. There are grants we can apply for major works but there are lots of competition.

Ann Kerridge

Your Local Councillor - Chris Batters



I'd like to thank many of you within the Parish of Cardinham & Millpool for your kind phone calls and text messages welcoming me back as your Cornwall Councillor.

The first couple of months of a new council administration are usually a very hectic period of meetings, training and especially for the new councillors the introduction in detail as to how the council works and what is expected of a councillor.

In my case of course, I was not a new councillor, having served you for eight years from 2013 to 2021, but rules and regulations have changed over the past four years so it was nice to refresh one's memory and get 'back into the groove'.

In late June I had the honour of being elected as the Chair of the Strategic Planning Committee, which is the committee that deals with all the largest planning applications within the county. I will also be a member of the Central Planning Committee and the Miscellaneous Licencing Committee.

Work-wise, locally I will be returning to the way I used to work in my previous period as your councillor being available to speak with 24/7 by phone or contactable by email, both contact details as set out below. Please feel free to contact me for advice or action on whatever issue you have.

I will also hopefully be working closely with your Parish Council on parish matters.

Where possible I would ask that we try and ensure all points are covered in emails, thereby showing everything that has taken place and offering clear transparency.

Again thank you for your support.
Chris Batters

**Facebook: Chris Batters Lib Dem Councillor
Lanivet, Blisland & Bodmin St Lawrence**

**Telephone: 07503 121958 or 07714 323897
Email: cllr.chris.batters@cornwall.gov.uk**

REGULAR EVENTS

DATE	WHEN	EVENT	WHERE
Monday	7.30pm	Warleggan Young Farmers' Club	JHM
Monday	7.15pm	Millpool Chorale Practice	CRM
Tuesday	11.45-12.45pm	Pilates Mixed Ability Class	JHM
Tue (1st in month)	2.30pm	Book Club (821208)	CRM
Tue (3rd in month)	7.30pm	Parish Council Meeting	CPH
Tue (last in month)	10.30am	Millpool Coffee Morning & Book Swap	CRM
Wed (2nd in month)	2.30-4.30pm	Crafternoon	CRM
Wed (4th in month)	7.30pm	Warleggan History Group	JHM
Thur	7.00pm	Bell Ringing	St. Meubred's
Thur	10-11 am	Pilates	CPH
Thur (1st in month)	2.30-4pm	Tea Party & Chat	CPH
Thur (3rd in month)	12.45pm	Helpline Lunch	CPH
Thur (last in month)	All day	Pensioners 10% Discount	Trago
Fri (term time only)	9.15-11.15am	Little Fawns Toddler Group	CPH
Sat (1st in month)	7.30-10.30pm	Pop Up Pub Night	CPH
Sat (last every month)	9am-3pm	Farmers Market , Mount Folly	Bodmin
Sun (1st in month)	10.45am-12	KIDZ CLUB	CRM
Sun	10.30am	Table Tennis (821409)	JHM

CRM = THE COMMUNITY ROOM, MILLPOOL METHODIST CHURCH

CPH = CARDINHAM PARISH HALL, JHM = JUBILEE HALL MOUNT

We're introducing an online calendar which contains the main events that are happening in the Parish and surrounding area. It can be accessed by scanning the QR code or by following the web link. Hopefully you'll find it useful and can download those events you're interested in to your own calendar. If you have any comments or any dates you'd like to add please let Peter Claridge know by emailing cardinhameditor@gmail.com

<https://calendar.google.com/calendar/embed?src=a3b9771185adf781028de1b59127fa4b2ede66b4fa2a5e45b3d6497f809868ca%40group.calendar.google.com&ctz=Europe%2FLondon>



Please check village notice boards, emails and organisers for details.

If you have an event you would like us to publicise send details to cmcmag@outlook.com