



CARDINHAM & MILLPOOL COMMUNITY MAGAZINE

APRIL / MAY 2025

ISSUE 115

Single Issue Price £1.25

Fuschia Filbert and daffs by Fiona Hammond



CONTACTS

Editorial Team

Lizzy Smart: 01208 821101

lizzysmart@gmail.com

Peter Claridge

monnsoon90@yahoo.co.uk

Treasurer & Advertising

Simon Smart: 01208 821101

simonseansmart@gmail.com

Distribution

Julia Maynard: 01208 821216

juliamaynard1949@gmail.com

Design, Print & Production

NEW DETAILS: St Austell Printing Co.

01726 624900 (ext. 109)

Email: pollyairey@sapc.co.uk

CONTRIBUTIONS

NEW DETAILS!

Please send your contributions to
pollyairey@sapc.co.uk

- a Microsoft Word file is best.

Photos should be sent in
uncompressed **jpeg** format.

We accept files and advertisements
as high res **PDFs** (preferred).

If typed or handwritten, please send
it to one of the Editors.

We select articles based on local
interest and reserve the right to
edit for clarity and length.

Copy Date for JUNE/ JULY Issue

Typed/Handwritten: MONDAY 12TH MAY
Deadline by Email: FRIDAY 16TH MAY

Advertising Rates & Sizes

Advertising is free for all local community and charity events.

All commercial advertising and events will be charged: 1/4 - £24pa. 1/3 page - £36pa. 1/2 page - £60pa. Whole page - £120pa. There is a minimum charge of £20 for advertising. One-off page advertorials - £25

Photographs & Scanning

Please email an original JPG with no compression or reduction, PDF or TIFF to
pollyairey@sapc.co.uk

Special photographs, drawings, illustrations, etc can be scanned.

Please contact pollyairey@sapc.co.uk

For required format & any queries please contact pollyairey@sapc.co.uk

Need an extra copy?
Subscriptions £5pa (postage £11pa)
Single Issue £1.25 Contact Julia on 821216

The opinions expressed in articles in this magazine are those of the authors, and are
not attributable to any member of the magazine production team.

FROM THE EDITOR

With best wishes to you all

Lizzy, Polly, Simon, Peter and Julia



THE
GOOSE NEST



Luxury, peaceful, lakeside Shepherd Hut accommodation available to book now!
Featuring Smart TV, USB ports & Wi-fi, power shower, copper basin, espresso machine, leather sofa, wood burner, king size bed, barbecue, outdoor furniture, fire-pit, private lake use with boat & complete solitude.
Couples only, pet free
Contact **THE GOOSE NEST**
01208 821788 / 07809 396975
the_goose_nest@outlook.com

ST. MEUBRED'S CHURCH UPDATE

Services for St Meubred's, Cardinham - April & May

April 6th	9.30 am	Holy Communion
April 13th	11 am	Joint Service with Millpool Methodist Church in Cardinham Parish Hall
April 18th	9.30 am	Good Friday Reflections
April 20th	9.30 am	Easter Sunday Holy Communion
April 27th	9.30 am	Morning Prayer
May 4th	9.30 am	Holy Communion
May 11th	11 am	Joint Service with Millpool Methodist Church in Millpool Chapel
May 18th	9.30 am	Holy Communion
May 25th	9.30am	Holy Communion followed by APCM

Books for sale or swap in St Meubred's Church: If you have books or DVDs you are happy to donate to our library for others to read or watch, please leave them on the bookshelf as you enter the church. Do help yourselves to either.

Tea Party & Chat

April 3rd and May 1st, in Cardinham

Parish Hall. Join us for a cuppa, cake and chat, everyone warmly welcome.



Lent Lunch Thursday 6th March, 12 noon . Thank you to everyone who contributed, cooked and served and all those who joined us for a very successful Lent Lunch. We raised a marvellous £266 for Shelterbox's 'Tent for Lent' Appeal.

Saturday May 24th Annual Plant Sale and Coffee Morning from 10 am, Cardinham Parish Hall

Annual Parochial Church Meeting on Sunday 25th April at 10.30 am. Everyone welcome.

As in previous years we will be arranging lilies in the church for Easter in memory of loved ones. Please drop in to see the display, as always the church is open during the day and we welcome visitors.



BODMIN TEAM MINISTRY

www.bodminteam.church

Dear Friends,

It hardly seems possible that we have embarked on the season of Lent leading up to the celebration of Easter.

Last week we welcomed the school to St Meubred's for a celebration of Ash Wednesday.

Traditionally the previous year's Palm crosses are burnt to make the Ash.

These are then used to make the sign of a cross on the forehead using the words "*Remember you are dust and to dust you will return, repent of your sins and turn to Christ*".

This shows how Lent is a time for taking our faith seriously recalling our mortality and the need for forgiveness.

Many people practice fasting during Lent - maybe giving up a luxury or a treat and donating money saved to charity. This year we are supporting Shelter Box's *Tent for Lent* appeal.

All of this may sound a bit serious but, in my experience, the more seriously we take Lent the more joyful our celebration of Easter.

Blessings,

John Hereward





Hedgehog Class



This week Hedgehog class have discovered how to design and make a vehicle using wood. The children were inspired by the range of vehicles we have looked at from the past to today during in our topic work. The final products were a great success!

Squirrel Class



This fortnight, Squirrel Class have been busy discovering their creativity by making beautiful collages of minibeasts inspired by the artwork of Eric Carle. The children carefully selected colours to match the tones of their chosen minibeast and thoughtfully layered pieces to create texture and depth. They showed great focus and imagination as they brought their colourful creatures to life!

Fox Class



Fox Class have been working hard to apply all of their learning to quizzes this week. They have done extremely well and we are all so proud of them. The children have been discovering using different colours and shading techniques in their art lessons, as well as exploring new vocabulary around things they can do in French! I wonder how much of their French learning children are able to remember and share at home?

Deer Class



Deer class have been discovering the relationship between the areas of rectangles, parallelograms and triangles in maths. We were able to be successful by using manipulatives to see how we could cut a parallelogram to make a rectangle and how two congruent triangles make a parallelogram. This helped us to understand why the formula for calculating the areas of rectangles, triangles and parallelograms link.

You can find out more regular updates by visiting our school Facebook Page:
Cardinham School and Nursery | Facebook

SUBSCRIPTION PAYMENTS

Subs. to the magazine are **£5pa**, plus any donation you would like to make. **Subs run from January - January.**

Please pay your distributor as usual, or if you prefer, by Bank Transfer.

The magazine bank account details to use are:

Sort Code: 30-97-28 Account No.: 02314833

Account Name: Cardinham and Millpool Community Magazine

Please add your name/address as reference

Don't forget postage, if applicable, £11pa

Thank you for paying promptly

Saturday 21st June

Church Field, Warleggan PL30 4HB

Midsummer Madness & Music



Will Keating & Friends

(The Garker Street Band, Sam Wheatley and others)

An evening of musical
entertainment

Bring your own picnics

Gates open 4pm - Entry by donation

Treveddoo Farm Warleggan



Belted Galloway beef

Farmed in a regenerative system that
encourages nature to flourish whilst
producing delicious beef

100% pasture fed

Farmed to organic principles

Local delivery or collection from the farm

To order please contact Ben & Claudi on the
details below

07825 568700

treveddoofarm@outlook.com



Dial -a- Ride



- Travelling from Cardinham & Millpool to Bodmin on Mondays & Thursdays.
- £5 return.
- Pick up from 8.15am, return lunchtime.
- Eligibility: mobility difficulties/over 55.
- Wheelchair access.
- To Wadebridge on first Thursday of the month - £6 return.

- Shopping trips.
- Visiting friends.
- GP appointments etc.

For more information
and to book call:

01872 266886



CARDINHAM HELPLINE

Our AGM in January approved our accounts, and it was noted that our only source of regular income is derived from our lunches. We are extremely fortunate and very grateful to have received grants from the Callybarrett Wind Turbine Fund for some years, which have been a great help. We thank you for your support by attending the lunches. We certainly enjoy your company as well as the super meals.

Gill Long has retired from being one of our co-operations, and we send our thanks to her for all the help she has provided over many years. The Committee remains the same, ie. - Ann Kerridge , Chairwoman, Malcolm Maynard, Treasurer, Jenny Saunter, Co-ordinator. Rosemary Rowe, Secretary.

Lunch dates for the coming months are 17th April and 15th May.

We look forward to seeing you there.

Kind regards, Rosemary



- MOBILE LOCKSMITH
- DOMESTIC, COMMERCIAL & AUTO
- INSURANCE RATED LOCKS
- ON SITE KEY CUTTING
- UPVC MECHANISMS, PATIO, GARAGE, DIGITAL, KEYSAFES
- REMOTE & CHIPPED KEYS SUPPLIED
- FREE ESTIMATES
- PROPERTY SECURITY & MANAGEMENT

www.duchylocks.co.uk

Tel: 0800 97 888 37

Mob: 07966 654267

Cardinham Parish Hall
Available for Hire



Cardinham Parish Hall

Church Road
Cardinham
Bodmin
Cornwall
PL30 4BN



Any Enquires Please Contact

Debra Best - 01208 821554/ 07798838443
cardinhamhall@btinternet.com

THE THOUSAND YEAR TRUST

We often think of rainforests as only existing many thousands of miles away, in tropical climates. For most of us growing up at school the term 'rainforest' was always used for the habitats more commonly found in the Amazon, Borneo, Malaysia and Central America. Recently there's been a rumbling in the undergrowth about our own temperate rainforests here in the UK.



At first it was simply a term debated in ecological circles before businesses like Aviva began pledging large amounts of money towards rainforest protection



in the UK. The publication two years ago of Guy Shrubsole's outstanding book, *The Lost Rainforest of Britain*, catapulted an awareness of this ecosystem into the nation's consciousness. Finally David Attenborough even began talking about them in his *Wild Isles* series. Can there be any greater clarion call of acknowledgement to this much forgotten ecosystem than that?

Our temperate rainforests are defined by the rainfall they receive (at least 1,400mm per year), the native species mix growing within them, the high organic matter found in the soil and the epiphytes festooning the canopy. Of all of the many types of natural habitat and woodland that we have in the UK these rainforests are the finest environments we have for sequestering carbon dioxide, restoring biodiversity and providing mental health and wellbeing benefits to the humans who spend time in them. There is no more effective way to fight climate change, restore nature's abundance or provide humans with a revitalising and peaceful environment than our Celtic rainforests. They are our most valuable, romantic and exciting pockets of wonder and never has there been a more vital time to work for their restoration and protection.

As recently as three thousand years ago up to 20% of the UK mainland would have been blanketed in these incredible forests. This pure and ancient habitat resided along our western coastline from Stornoway on the Isle of Lewis to Lands End in Cornwall. The Celtic fringes of the UK. Over time, as human populations grew, farmers were pushed to fell trees and clear forests in order to scrape a living from ever more marginal areas. The primary animal that could be husbanded on these windswept upland areas was the sheep; an eastern Mediterranean import that eats nigh on anything it sees, especially young saplings. By the turn of the 21st century less than 0.5% of our ancient temperate rainforests remained in the UK. We've almost lost them, but not quite. From the Arthurian legends to the Welsh Mabinogion to Tolkien's Fangorn Forest; these are the woods where our greatest adventures played out and where we wander in our dreams. Down here in Cornwall we truly do have rainforests in our blood.

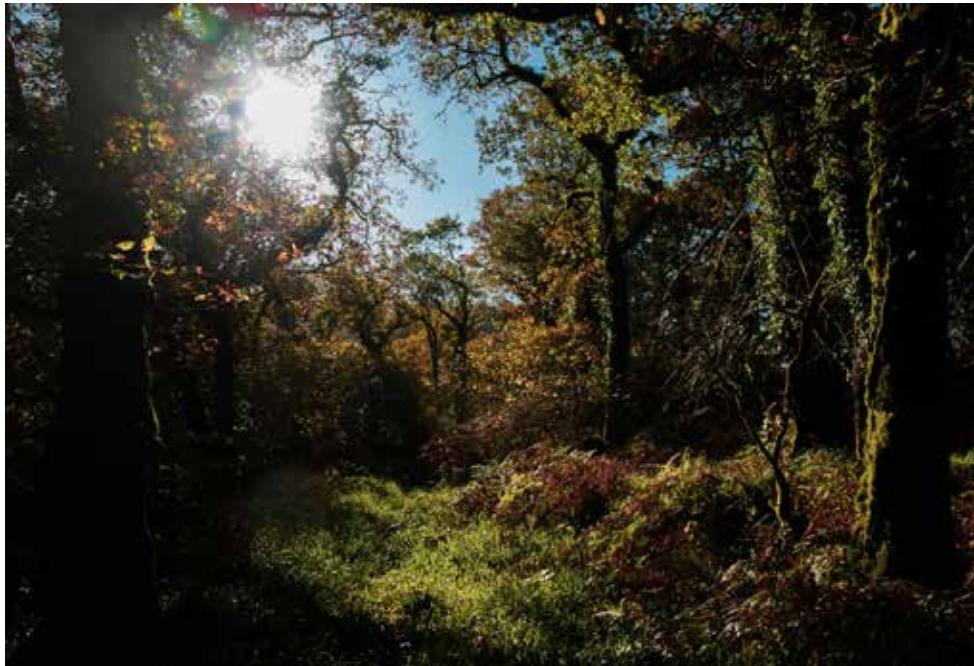
We have reached the nadir for rainforests in the UK which is why it is so important to begin restoring and returning them to our fragile upland areas. Two years ago we launched a charity on Bodmin Moor to achieve precisely this goal. The Thousand Year Trust is the first and only charity in the UK dedicated to the restoration of Atlantic Temperate Rainforests. The charity's mission is to triple the amount of rainforest growing across the UK over the next 30 years from the current assessed 330,000 acres to one million acres. This goal is large and daunting but there is no reason that it can't be achieved if many of us get behind the cause.

We have begun our mission on Bodmin Moor, tripling the size of the temperate rainforest at Cabilla, the first project site, a beautiful 300 acre riverine valley within an upland hill farm at the start of a new chapter. The Cabilla site is currently the largest active rainforest restoration programme in England and Wales and we have just finished re-establishing 100,000 young rainforest saplings.

As this demonstration site matures, the Thousand Year Trust will employ three methods for the restoration of temperate rainforests across the UK:

1. Rainforest Protection - through identifying, assessing and engaging with local farmers and landowners who steward remaining pockets of temperate rainforest in the UK, the charity will be able to ensure that what we have left is in as healthy a state as possible.
2. Rainforest Expansion - by educating and assisting farmers and landowners, the charity can help to ensure that schemes focused on tree planting and habitat restoration are revitalising and expanding rainforests wherever possible.
3. Rainforest Research - by engaging with multi-disciplinary research teams and conducting stakeholder engagement programmes the charity will work to restore these habitats to their historic ranges through the implementation of long term scientific programmes that will shift government policy towards these bioclimatic envelopes.





The initial focus of these efforts will be the Cornwall Rainforest Project; a collaboration of farmers and land managers across the uplands of Cornwall who are working to return temperate rainforests to the areas best suited to them. We'll then be able to use the successes of this project to show the rest of the UK how it can be done and begin restoring rainforests within other areas of the climatic envelope. Where Cornwall leads others will follow.

I'd love to invite anyone reading this article to get involved in this mission, either by following our charity through our website (www.thousandyeartrust.org) or by getting involved in the restoration of natural habitats across Bodmin Moor. Together we can bring our most vital and beautiful habitats back and ensure a vibrant Cornwall for future generations.

Merlin's new book, **Our Oaken Bones**, is available from all good bookshops and tells the story of the restoration of the ancient rainforest habitats in the Cardinham area.





RODDA'S CORNISH CLOTTED CREAM CHEESECAKE WITH MINI CHOCOLATE EGGS

Something special for Easter

This delicious clotted cream cheesecake is a simple dessert to make for Easter. Top with chocolate eggs or other decorations of your choice.



*Spring Blooms
2025 in
Lanhydrock
Gardens*

by Lizzy

10



INGREDIENTS

- 300g digestive biscuits
- 120g Rodda's Cornish butter
- 227g Rodda's Cornish clotted cream
- 400g soft cream cheese
- 250g icing sugar
- Chocolate mini eggs to decorate

1. First to make the base, grease and line a 20cm loose-bottomed baking tin with parchment paper.
2. Place the digestive biscuits in a food processor and blitz until the mixture resembles fine breadcrumbs. Alternatively, put the biscuits in a freezer bag and crush using a rolling pin. Pour the crumbs into a bowl and pour in the melted butter. Stir to combine well.
3. Tip the crumbs into the prepared lined tin and using the back of a spoon, press the mixture firmly into the base. Chill in the fridge for 1 hour to firm up.
4. Combine the Rodda's clotted cream, the soft cream cheese and icing sugar in a large bowl and mix by hand until combined.
5. Remove the base from the fridge and spoon the cheesecake mixture on the top, working into the edges and ensuring there are no air bubbles. Smooth the top and create a swirl using a spatula. Return to the fridge and allow the cheesecake to set for at least 2 hours, but ideally overnight.
6. When ready to serve, Decorate with chocolate eggs in a circular pattern on the top. Run a warm knife around the edge of the tin before releasing the cheesecake. Smooth the edges using a pallet knife if needed. Transfer onto a plate or cake stand to serve.



News from MILLPOOL METHODIST CHURCH

Once again Edith and Rick organised an excellent quiz with about eight teams taking part. The winning team were 'The Outcasts'.

Future events to look forward to are the **VE Celebration Tea and sing-along with the Chorale** on the 4th May at 4pm in the Chapel and Community Room.

Our **Big Breakfast** will be on the 17th May, 8.30am -10.30am.

On Saturday 12th July the **Chorale** are delighted to be taking part in a joint concert with **Mousehole Male Voice Choir in St Meubred's Church**.

Watch the noticeboard for more details nearer the time.

Services:

April 6th	Williams
April 13th	United at Cardinham Parish Hall
April 20th	John Betjeman Centre, Wadebridge
April 27th	Church Fellowship
May 4th	Williams
May 11th	Gardiner
May 18th	Houghton
May 25th	Church Fellowship



Many thanks to the women from the Cook Islands for preparing this special service for this year's World Day of Prayer, and to Millpool Chapel for hosting it & for the delicious lunch of soups, rolls, desserts & convivial time together.



World Day of Prayer

7 March 2025

I made you wonderful

Shortened version of the Worship Service
prepared by the Christian women of the Cook Islands

Cardinham & District Gardening Club

It's a better start to the gardening year with certainly less rain than this time last year. However, the spring season is upon us, so we are busy sewing seeds and preparing our gardens and plants for the coming year. The sound of lawnmowers reminds us we are all busy out there!

In February, members enjoyed a most interesting talk by Nicky Gilmour, **grower and florist from Vega Rosa**- www.vegarosa.co.uk. Nicky grows cut flowers near Michaelstow and she shared her gardening year with us. Apart from a couple of weeks at Christmas, her job is full time growing and arranging cut flowers. She had so many helpful tips and ideas for us, not least reminding us that many of the perennial and annual flowers we commonly grow make super cut flowers, just remember to condition well.

Sue Martin and Jim Stephens introduced their talk in March on **succulents and cacti** with spectacular photos of the botanical gardens at Sydney, Brisbane, and Adelaide. Just breathtaking and amazing: countless different forms and structures, from the very spiky to very succulent! We are not able to grow quite such specimens in our domestic gardens here but can make fabulous displays with some care and frost protections. This is demonstrated by the display in Sue's own 20' x 10' glasshouse. She showed photos taken only that day, 17th March, with every space crammed and many of the cacti in flower: so exotic and bright and many scented too. Sue and Jim's garden is open under the National Garden Scheme on dates from 13th June, throughout the summer. To find out when follow the National Garden Scheme Find a Garden page: <https://findagarden.ngs.org.uk/garden/45012/dobwalls-gardens>

That concludes the talks in the Parish Hall until November 10th. However we have lots of super visits and events planned for the next few months starting off with one to **Polveton at Fletchersbridge** on Wednesday 16th April at 2pm. We need numbers for this one, so get in touch if you would like to join us to see this really pretty garden, packed with wonderful plants and features.

There will be **two gardens opening in Cardinham, on Sunday, May 4th** in aid of the National Garden Scheme: **Pinsla Garden** and **The Old School House**. We would love to see you and share our gardens to help us raise funds to support this amazing charity. You are very welcome to join us at any of our visits or talks. For further information about the club get in touch or visit <https://cardinhamgardenclub.wordpress.com/>

Succulent display at 9 Higman's Close, the garden of Sue Martin and Jim Stephens.



UPCOMING EVENTS

HELD AT CARDINHAM PARISH HALL



5TH APRIL 2025

POP UP PUB

With homemade food

3RD MAY 2025

POP UP PUB

With homemade food

END OF MAY DATE TBC

MUSIC EVENING

With local groups

5TH JULY

**COMMUNITY EVENT WITH
SCARECROW COMPETITION
FOLLOWED BY POP UP PUB
WITH BBQ**

- see poster in magazine for info

2ND AUGUST

**CAR TREASURE HUNT
ENDING AT THE POP UP PUB
WITH BBQ**

6TH SEPTEMBER

POP UP PUB

With homemade food

4TH OCTOBER

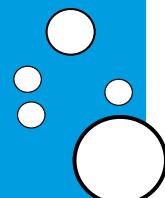
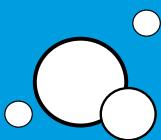
POP UP PUB

With homemade food

10TH OCTOBER

QUIZ NIGHT

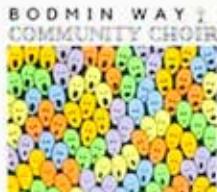
With pasty



To hire the hall or for any enquiries,
please contact Debra Best 07798 838443

BODMIN WAY COMMUNITY CHOIR

Singing for all ages



Spring Sing

Wednesdays 5.30pm to 6.30pm
6 March to 24 April
(excluding 20 March)
Parish Centre by Priory Park
bodminway.org/choir
info@bodminway.org
facebook.com/bodminway



The Spring was Buzzing with Singers

The Bodmin Way Community Choir, established in Autumn 2022, flourished again this Spring, providing singing and enjoyment for all ages and abilities during March and April. With songs ranging from The Beatles 'All you Need is Love' and Coldplay's 'Fix You', to some Celtic folk- inspired Spring & Easter themed songs, the enthusiastic singers took everything in their stride! They have also been working on an original song by the choir's director, which the choir perform beautifully.

Spring Performance!

Come and hear Bodmin Way Community Choir sing at Bodmin Town's Market on Mount Folly on Saturday 27th April from 11-11.30am.

We'll be there singing our hearts out, and then enjoying the market - hopefully in the sunshine!



We thought we would share this with our readers.

A local dad is raising funds in memory of his son Hudson, for a memorial garden at Cardinham School, Hudson was a much loved pupil at the school.

Please support if you can, the school would be so touched.

The link is below. Thank you.

https://www.justgiving.com/crowdfunding/hudsons-garden?utm_term=DNxRkMVay

*Below: Highland Cow at Treslea
(Pic by Lizzy)*

Cardinham Community Event

Saturday 7th July SCARECROW COMPETITION

As part of the community event there will be scarecrow competition, if you would like to take part please email cardinhamhall@btinternet.com with your Name and Address



The winner will be revealed at the community event

TWO CLASSES

Under 14
Adults/ Over 14

Entries close 22/06/25
On display by 28/06/25



I'm raising £250 to fund a memorial garden



Aaron Paterson

Story

Myself and Lauren (stepmum) are hoping to raise £250 towards a memorial garden in honour of my wonderful little boy who sadly passed September 2024. All proceeds go towards the school that he loved and cherished, to help make it the most beautiful area of reflection for those who miss and love him and those that sometimes need a quiet moment with a beautiful handsome boy watching over them.

We don't expect anything from anyone, we just want his memory to always live on in everyone's heart.



USEFUL PHONE NUMBERS

(preceded by 01208 unless otherwise stated)

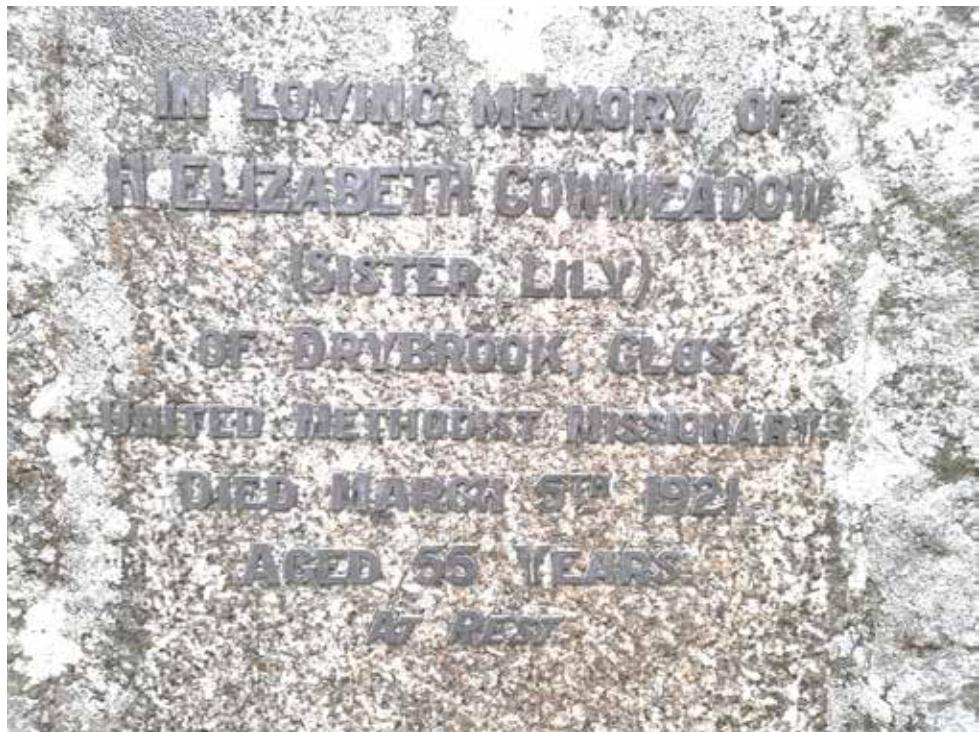
Police NON emergency		National 101
Blisland Inn, Blisland		850739
Cardinham Bellringers (Captain)	Nic Best	07747 724678
Cardinham Hall Bookings	Nic Best	07747 724678
Cardinham School (Head)	David Jones head@cardinham.tpacademytrust.org	821326
Cornwall Councillor	Jenny Cruse cllr.jennifer.cruse@cornwall.gov.uk	07710 219465
Film Club	Debra Best 821554 Sonia Tucker 821382	Nic Best 821459
Flowers for St. Meubred's	Libby Pidcock	821303
Friends of St. Meubred's	Loveday Sutton	821350
Gardening Club	Loveday Sutton	821350
Helpline	Gill Long / Jenny Saunter	821745 /07854 545467
London Inn, St Neot		01579 326728
Methodist Circuit Office	office@bpwcircuit.org.uk	895157
Millpool Chapel	Shirley Doran	813685
Millpool Coffee Morning	Julia Maynard	821216
Mother & Toddle	Crissie Butler	07540 181416
Parish Council Chair	cardinhamclerk@gmail.com	
Parish Council Clerk	Jo Wilson	01841 520796
Bodmin Team Ministry, Team Rector	Paul Holley	07470 192378
Sports Club	Les Spong	821591
St. Meubred's Focal Minister	Revd John Hereward	79078
St. Meubred's PCC Secretary	Rosemary Rowe	821225
St. Meubred's Reader	Ann Kerridge	76714
St Neot Brownies	Karen Cunningham	01579 321581
St Neot Scout Group	John Body	01579 320334
Warleggan Young Farmers	Laura Colwill lauragco@hotmail.co.uk	07913 330078

Please send corrections or additional numbers you would like to see to lizzysmart@gmail.com Tel 821101

WHO WAS “SISTER LILY”?

WHY WAS SHE BURIED AT WARLEGGAN?

At the back of the Old Churchyard at Warleggan there is a fine granite headstone to Elizabeth Cowmeadow (Sister Lily) who died March 5th 1921. She is described as “United Methodist Missionary”.



Lily Cowmeadow was born in America and came to England and then Cornwall in the 1890's "and became well known in the country as a most successful missioner in Methodism". In 1908 she travelled to Australia where she led many successful missions and reports that in Melbourne "One Sunday there were about 92 converts" and "At Golden Point at one Sunday service there were 75 decided for Christ". She also visited the Holy Land and Ireland "where she did a great deal of work amongst the soldiers towards the close of the war".

She returned to Cornwall in the autumn of 1920 and was engaged in mission work by the Liskeard United Methodist Circuit. The *Cornish Guardian* of 18 March 1921 gives a full account of her last few months in this area and her funeral arrangements.

During the winter she had conducted missions at St. Lukes, Mount, Tredinnick, and Russell Street, Liskeard. Towards the close of the mission she was taken ill and had to discontinue her work, and went to Mount, Warleggan, with some friends in the hope she might soon be restored to health. The doctor who attended her, however, regarded her condition as critical and ordered her

removal to the hospital. There being no beds available at Bodmin she was taken to Liskeard, where she soon showed signs of becoming worse. Double pneumonia set in, and to this she very quickly succumbed. Her death is the more pathetic from the fact that she had no near relatives in this country. There is one brother in Melbourne and one brother and an only sister in America. During her illness she often expressed her gratitude for the kindness she was receiving from her Cornish friends. She also expressed a wish, should the end come, to be buried at Cardinham, where she had made some friends during her first visit to Cornwall. But as the Rector of the parish could not accede to the request other arrangements had to be made, and on Wednesday, March 9th, by the kind consent of the Rector (Rev. W. J. Leggo) and in the presence of a large number of sympathising friends, she was laid to rest in the quiet churchyard at Warleggan.

Deceased was brought from Liskeard the previous evening and rested during the night at the United Methodist Church, Mount, where the first part of the funeral service was performed by the Rev. R. I. Gibbs (United Methodist minister). Afterwards she was taken, at the request of the Rector (Rev. W. J. Leggo) into the Parish Church, where a most impressive service was held. The Rev. R. I. Gibbs officiated

In subsequent issues there was expressed many concerns that her wish to be buried at Cardinham had been refused and one letter includes the comments

I am glad to know that there are rectors who can show in a practical manner their desire for unity in the churches, but such an attitude as that displayed by the Rector of Cardinham is a stumbling block to such union taking place. We have no voice in the matter as to where we shall be born, or where we may die, but I certainly think that a reasonable request as to where we may be buried might be granted.

And so is explained who is "Sister Lily" and why she is buried at Warleggan.

John Keast

TWL Landscapes



Tree surgery- hedge cutting -fencing-
Ride on mower - strimming- turfing

Twenty years experience
NPTC trained & fully insured

www.twlpm.com 07960652496

ELECTRICAL AND SOLAR MAINTENANCE

- ⚡ Electrical fault-finding
- ⚡ All non-notifiable electrical work
- ⚡ PAT testing
- ⚡ Solar power system health checks and repairs
- ⚡ Retrofit battery systems
- ⚡ Solar system design and advice



Call Ben
07887 561037

CARBON BALANCED PRINT

**OFFSET CARBON.
PROTECT SPECIES.
ENHANCE YOUR
BRAND.**

**AS A CARBON BALANCED PRINTER,
WE OFFSET OUR ANNUAL EMISSIONS
WITH WORLD LAND TRUST.**

**ASK US ABOUT CARBON BALANCING
YOUR NEXT PRINT JOB TO HELP
PROTECT THREATENED HABITAT.**



 **St Austell
Printing Company**

**www.sapc.co.uk
01726 624900**





TREMEER
CONSERVATORIES



Tremeer Conservatories have been creating bespoke conservatories and orangeries since 1991. We can construct them in either timber or UPVC and in any colour.

We can also supply windows, doors, glass balustrades and glass roofs as well as building standard or unique extentions.



To find out more information:
Call: **01208 851182** or **07798 644 293**
Email: **tremeerconstruction@gmail.com**



Matthew Keast Plumbing and Heating



All aspects of plumbing and heating undertaken
Gas, LPG

Central Heating, Bathrooms, Servicing, Certification
New Builds, Renovations

Tel: 01208 821364
Mob: 07957 727183



R. MEARS & Sons

CHIMNEY SWEEP

Vac & Brush

Cowl Fitting Service

CCTV investigation work carried out
01840 261 221 • 07737 533392



HETAS®
Registered

www.sweepcornwall.com
*Covering Cornwall & West
Devon*

N0711/30134



**ANDREW OATES
GARDEN MACHINERY
SERVICE
& REPAIRS**



New machinery on request
All leading brands
Prompt service.
Competitive rates
25 years experience
Collection & delivery
service available



**01208 821527
07791930935**

**Ground
Maintenance
Services**

**Hedging & Fencing
Stone Walling
Hedge Laying
Tree Pruning**

Decking & Patios

Ground Clearance

Contact:

Greg
07887 877103
07469 789255



**MARK FITCH
CHIMNEY
SWEEP**

- * BRUSH & VACUUM
- * CLEAN, RELIABLE SERVICE
- * COVERING ALL S.E. CORNWALL
- * DISCOUNT FOR MULTIPLE CHIMNEYS
- * COWLS & GUARDS FITTED
- * STOVES SERVICED



*Call
Mark on:*

**01579 350762
07773 462643**





APS
ARCHITECTURAL
DESIGN

A bespoke Architectural Design service
from inception to completion

For a free consultation
call 01208 821126
www.apsarchitecturaldesign.co.uk



www.bodminairfield.com
Want to Fly an Aeroplane?

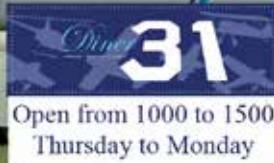
Treat yourself to a trial lesson

Gift vouchers also available for the Perfect Gift!



Obtain your Private Pilot License
and other ratings.

Call us for more details



Cornwall Flying Club Ltd. 01208 821419

DARCROFT GARAGE

&

MOT CENTRE

FOUR WINDS ~ BODMIN ~ PL30 4HH

Class 4 & 7 MOTs



All Repairs Undertaken

Servicing

Diagnostics

Welding

Local Breakdown Recovery

Friendly Efficient Local Service & Advice

Tel: 01208 821238

N. J. BLANCHARD

Plant Hire & Groundworks

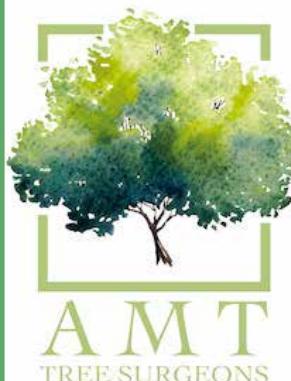
M: 07791 072806
E: nick.blanchard@hotmail.co.uk

N J Blanchard specialising in:

- Drainage
- Pipe-laying
- Concreting
- Landscaping
- Site Clearance
- Scrub Clearance
- Septic Tanks
- Sand-schools & Yards

Full range of Plant machinery from mini-digger to heavy plant

For examples of our work please visit us on Facebook



Contact: Alicia Morton-Thurtle
on 07554 890508, or email
amtreesurgeons@gmail.com

South West based, female owned
Tree Surgery business.
Covering all aspects of tree care
including, pruning, felling, fruit tree pruning
in the winter, hedge trimming, logging and
waste removal from site.

AMT Trees also offers emergency & call
out work in storms or accidents.
Located in Lanlivery.



WHAT'S ON...

'Secrets of the Sacred' Murder Mystery Event - 24th April

Step into the grand yet shadowed halls of St Petroc's Church for Secrets of the Sacred, a captivating murder mystery experience set amidst ancient relics and buried secrets. On the evening of April 24th, you'll be part of an unfolding mystery as you investigate the suspicious death of Dr. Amelia Rhodes, an esteemed archaeologist who uncovered a legendary relic right here in Bodmin. Before she could reveal its secrets, tragedy struck. www.phoenix-events.co.uk

Treasure Trails: The Perfect Family Day Out! - all year

Looking for a cost-effective and fun family activity?

Treasure Trails are the ultimate way to explore Cornwall while keeping the whole family entertained. Whether you're solving mysteries, cracking codes, or hunting for hidden treasures, these self-guided adventures are designed to delight kids and adults alike. www.treasuretrails.co.uk

Fowey Festival of Arts and Literature 2025 - May 09 - 17 2025

A week-long festival featuring a world-class line-up of authors, speakers and musicians. Including: Fowey Art Trail and Secret Gardens.

Visit www.foweyfestival.com for more information.

Easter Holidays - April 2025

Holiday Club days - Tues, Weds, Thurs (both weeks) - all day, child drop-off. **LIMITED SPACES!** Cardinham Woods.

Making Tracks relaxed open day - Tuesday 8th - 10am-2pm - £2pp. For those with additional needs & disabilities. Higher Wheal Martyn.

Volunteer community days - Thursdays 10th & 17th - 10am-2pm - FREE. All ages & abilities welcome. Higher Wheal Martyn, Carthew.

Family Fun Easter session - Friday 11th - 10.30am-12.30pm - £8 children, £4 adults (campfire drinks and snacks included, recommended up to 12yo). Cardinham Woods.

Dangerous Dads session - Saturday 12th - 10.30am-1pm - only £3per child thanks to funding. Cardinham Woods.

Volunteer stay & play - Saturday 12th - 1-4pm - FREE. Volunteer with us & have a play. All welcome. Cardinham Woods.

Booking essential! www.choose-nature.co.uk





Warleggan YFC

The Annual Dinner and Dance at Carlyon Bay Golf Club, was enjoyed by the club with an evening of fine dining, presentations of trophies and speeches from Club Member Laura Colwill and Ian Wheatley who helped us reflect on the past year and shared stories of their lives. Warleggan YFC also held their annual Dung Run on Saturday 22nd February, raising around £550 for the club, and its chosen charities for the year, Odd Balls and Farm safety Foundation (Yellow wellies.)

Meanwhile The London Inn hosted another of their amazing Fish 'n' Chip Nights on 21st March raising yet more money for the club. We had an incredible evening as always. Thank You London Inn Team. Some events to look forward to, which are being arranged by the Advisory Members of Warleggan YFC are:- a Tractor Run on the 27th April, an evening with Johnny Cowling on the 27th June and "St Neot's Got Talent" on 4th May where yet more fun will be had raising money for locally chosen charities and the Club, in the coming Months. Look out for posters and Social Media posts for more details. Thank you to everyone for their efforts making these events so successful.

In addition to fundraising, the club continues to enjoy their Monday night meetings with visits to Walter Bailey Par Ltd (photo below) and an evening pasty crimping with Jenny Robinson (club members relative), a Game's Night, to visits to Castle Vets, Sando & Sons in the next couple of months. As well as planning meetings for the annual Young Farmers cubical competition at Royal Cornwall Show. Some club members are also training for the East vs West Cornwall YFC rugby match on the 17th April, and preparing for the County Young Farmers competition day,



New faces are always welcome to come and join our Monday evenings of fun, please visit our Facebook page or contact the chairman Olly on 07455077498 for any information or updates.

Foul Wrappings and Relics of Food.



Litter is a bit like a weed...a weed is a plant growing in the wrong place and litter is 'an object thrown down in the wrong place'. The 'wrong place' being our roads, lanes, streets, all thrown down by inconsiderate, irresponsible, pathetic people.

DEFRA defines litter as 'something which is improperly discarded by members of the public in an area. It includes sweet wrappers, drink containers, cigarette ends, gum, apple cores, fast food packaging, till receipts etc, etc. Litter is something more often and not, synthetic, improperly thrown away by the public whilst sitting, walking, or travelling through an area.'

However, a single sack of rubbish, or greater, is considered not to be litter but comes under the category of fly-tipping. This is a more serious criminal offence. (Think airfield road for example). Littering is anti-social and illegal. People caught littering can receive an on-the-spot fine called a Fixed Penalty Notice (FPN) of £150.

So question...is littering becoming more of a problem these days? Is it a modern day curse? Or is it?

Interestingly I have just read a book, 100 years old, called the 'Heart of Dartmoor'. A guide book to the moor written by Rev H Hugh Breton, the then vicar of Morwenstow. In a section describing Vixen Tor he quotes a passage from an ancient 'Punch' magazine.

'They come by waggonette, a vandal brood,
They sprawl at leisure, a great herd of swine feeding,
And having fed they strewn around, leaving
Where none but the gods might meekly dine,
Foul wrappings and relics of their food.'

Now, no mention is made of KFC, McDonald's, Coco Cola or whatever but rings true doesn't it. Another interesting point, nothing to do with any foul wrappings, was, where we could have stayed on our litter spotting tour of Dartmoor. In 1926, there was the Two Bridges Hotel, near Princetown. 'It has a pure water supply, modern sanitation and five bathrooms' but...I knew this was a snag, the hotel is only lit by acetylene gas whereas, if we stayed at the Bedford Hotel in Tavistock we would have revelled in electric light, played croquet, bowls, tennis and gone fishing!'

Lastly, back on the litter subject again, I regularly ride up and down the Camel Trail. There is hardly EVER any litter, whatever the time of year, apart from the occasional 'dog poo' bags...so please don't get me started on that charming little exercise.

Richard Sutton

Cardinham Sports Club

www.cardinhamssports.org Facebook - @cardinhamssports

Tennis and more this year

If you haven't seen our tennis court, why not pop round? It's in a beautiful setting on the edge of Cardinham village, just a five minute stroll south from the church. It's not just tennis – we play pickleball, too, and organise a range of events each year - in February we went ten-pin bowling at Trethorne, and over the coming months we'll be organising a range of activities, with a cycle ride, at least one open tennis afternoon, a croquet afternoon, maybe a skittles evening, too. Plus we have our regular 'rusty rackets' session each Wednesday evening, for those a bit out of practice or wanting a slower game.

Join now and get an extra month free

Why not join us? Now's the best time, as any new members joining the Club from April will get two Aprils (two Easter holidays) for the price of one. Membership gives you access to the court, free of charge, throughout the year - the rates for the year 2025-26 are: single adult £60, adult couple £99, family £112 (max 2 adults and 3 children), and just £15 for juniors – or £5 for pupils attending Cardinham School.

Alternatively, if you prefer to pay each time you play, the court can be hired for just £7.50 per hour (£10 for two hours).

Visit our website or check out our posters for details of all the above.

To find out more about the club, go to

www.cardinhamssports.org or call 01208 821409 / 07842 612989



Inhabitants of Treslea Water Cottage.

I lived with my parents, Walter and Christine Brown, and my sister, Julia, at Lower Treslea Farm from 1947-1972. Treslea Water Cottage was lived in by several families during that time.

The cottage itself was 2 up and 2 down, a fairly rudimentary dwelling, typical of a workman's cottage of yesteryear. The garden was sheltered and with a sunny aspect, a small lawn near the house and the remainder was a vegetable garden. Just along the road, not adjoining, was an orchard with some productive apple trees.

The family that were living there when I was a small boy were the Wigleys. They had three children, Peter, David and Elizabeth that I enjoyed playing with. Mr Wigley was a school teacher, teaching woodwork. He was a practical man and helped install a bathroom in our farmhouse and plumbed water into our kitchen.

We were all very sorry when they left Treslea Water. The cottage was too small for their family. They moved to Zennor where they assembled a lot of artefacts and created the Wayside Museum, now, sadly, closed.

Other people that I remember living there were Roy Chegwidden's parents, for a short while and Bryan and Kitty Hobba, (Kitty was one of the Cox family from Lang's Mill.)



The last people to live there were the Rowe family. They were only there a short while, moving out in about 1962.

The cottage was eventually sold to a builder, Mr. Collins who did a small amount of work on it, but he then sold it to a Mr. Newens. This man bought up other properties in Cornwall but then neglected them. Eventually he died and after Probate Mr. Collins bought back what remained of the cottage, hoping to be able to rebuild, but unfortunately he was unable to get planning permission to do so.



So now, whenever I pass the old cottage I feel sad to see it in its present condition and remember those who lived there and made it their home.

Christopher W K Brown

CARDYNHAM CHURCH

Travel towards Cardinham in any direction and you will see St Meubred's church, set in the landscape as if it was a permanent feature, like a hill or stream. It has indeed sat in this landscape for a very long time. For any native from the 16th century onwards, time-travelling to the present, it is perhaps the only man-made feature they would recognise. However, it is only still here because of the care of generation after generation of local people.

We have just received our 5 yearly report on what needs doing to our church building. It tells an interesting story of the care in the past. It says:

'It would appear that the Church underwent a fairly modest restoration within the mid - late Victorian period; we suspect that the choir and sanctuary was partially rebuilt and a new west window set in a rebuilt east gable.' This would have been the restoration when our wonderful Cardinham cross was rescued from the east wall of the church which I referred to in a previous article.

'Work was undertaken on the tower in the late 19th century.' It also says; *'From the very date of construction, the towers were vulnerable to the south westerly gales and probably leaked from construction.'* In the late 19th century, Athelstan Coode was rector, only for a few years, but brought change - bellringing to Cornwall. In order to make our tower fit for bellringing he dismantled and rebuilt the top two thirds.

'Over the last 30 or so years, considerable work has been undertaken on the church including re-slating, leading and upgrading works externally and internally. The nave, choir and sanctuary have been completely re-roofed.' I was churchwarden when we re-roofed the nave. I'll never forget all the help we got from local people - a new generation stepped up to the plate.

The report also highlights something intriguing: *'Interestingly the roof structure over the Royal Arms retains the 'dog tooth' decoration panels as a canopy. This form of decoration was often used in pre-reformation churches to highlight sanctuary areas or shrines.'* See if you can find this when you next are in St Meubred's.

Of course this report wasn't just about the past. It tells us that within one year we're likely to have £500 - £1,000 worth of work needing done, within 2 years, £15,000 - £20,000 and within 5 years £35,000 - £50,000. That doesn't include work that's very recently come to light following concerns the bellringers have about the floor in the ringing chamber. Water is getting into the tower especially in the south facing side and probably repointing is required. The timbers are clearly getting wet. Just as in previous generations, St Meubred's church depends on us.

Ann Kerridge

Candidate for Cornwall Councillor Jenny Cruse



I know it seems unbelievable, but it is nearly four years since I was elected as your Cornwall Councillor. Time does indeed fly! What an interesting and fulfilling four years it has been. Some disappointments, some wins and always something interesting to ponder on and think through at all angles. I call it a mental jigsaw.

It has been a great honour to find out more about what is important to you all and to work through some cases to a satisfactory conclusion. Lots of wins with grant money coming into the villages and Bodmin and improvements at Bodmin Hospital. The biggest disappointment being, after working with Officers to find a way through the Phosphate issue to get the Doctors surgery plans approved, we have been struggling to get satisfactory financial arrangements to get this to built status. However, on the outskirts of Cardinham ward, it has been great to see how quickly the much-needed Special Education School is popping up within some splendid grounds and this much needed facility should be open this coming September.

So, what is for the future? I have no illusions the coming years will be very tough. I won't reiterate my disappointment in this Government's lack of help for pensioners, farmers, businesses, rural services and villages, as with every day we get another piece of bad news.

I am standing again as your Councillor as I am certain we need a strong voice for Cornwall and the rural areas at the Council. The call for sites has revealed exactly how our lives could be changed, and I will pledge to carry on my support for green spaces and conservation of our wildlife and our national landscape.

One thing I am particularly aware of is litter, or rather the increase of litter on our highways. I picked up 5 cans of beer from the Millpool Hill layby last week and I think it is high time we had bins in those areas that are particularly susceptible to littering. So that one will be top of my list of asks. I frequently report littering along the highway, but this is rarely picked up and we need to find a solution to this problem as our lanes and highways reflect so much how we feel about our environment.

And finally, I would like to thank our Parish Council and all those volunteers in Cardinham and surrounding villages who work so hard to keep our community such a lovely place to live. What would we do without you!

Jenny Cruse - Candidate for Lanivet, Blisland and Bodmin St. Lawrence

Mobile: 07710 219465

REGULAR EVENTS

DATE	WHEN	EVENT	WHERE
Monday	7.30pm	Warleggan Young Farmers' Club	JHM
Monday	7.15pm	Millpool Chorale Practice	CRM
Tuesday	11.45-12.45pm	Pilates Mixed Ability Class	JHM
Tue (1st in month)	2.30pm	Book Club (821208)	CRM
Tue (3rd in month)	7.30pm	Parish Council Meeting	CPH
Tue (last in month)	10.30am	Millpool Coffee Morning & Book Swap	CRM
Wed (2nd in month)	2.30-4.30pm	Crafternoon	CRM
Wed (4th in month)	7.30pm	Warleggan History Group	JHM
Thur	7.00pm	Bell Ringing	St. Meubred's
Thur (1st in month)	2.30-4pm	Tea Party & Chat	CPH
Thur (3rd in month)	12.45pm	Helpline Lunch	CPH
Thur (last in month)	All day	Pensioners 10% Discount	Trago
Fri (term time only)	9.15-11.15am	Little Fawns Toddler Group	CPH
Sat (1st in month)	7.30-10.30pm	Pop Up Pub Night	CPH
Sat (last every month)	9am-3pm	Farmers Market , Mount Folly	Bodmin
Sun (1st in month)	10.45am-12	KIDZ CLUB	CRM
Sun	10.30am	Table Tennis (821409)	JHM

CRM = THE COMMUNITY ROOM, MILLPOOL METHODIST CHURCH

CPH = CARDINHAM PARISH HALL, JHM = JUBILEE HALL MOUNT

We're introducing an online calendar which contains the main events that are happening in the Parish and surrounding area. It can be accessed by scanning the QR code or by following the web link. Hopefully you'll find it useful and can download those events you're interested in to your own calendar. If you have any comments or any dates you'd like to add please let Peter Claridge know by emailing cardinhameditor@gmail.com

<https://calendar.google.com/calendar/embed?src=a3b9771185adf781028de1b59127fa4b2ede66b4fa2a5e45b3d6497f809868ca%40group.calendar.google.com&ctz=Europe%2FLondon>



Please check village notice boards, emails and organisers for details.

If you have an event you would like us to publicise send details to cmcmag@outlook.com