

CARDINHAM & MILLPOOL COMMUNITY MAGAZINE

JUNE / JULY 2024



The incredible Aurora Borealis over Little Downs
by Carol Tucker

ISSUE 110

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- a Microsoft Word file is best.

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not attributable to any member of the magazine production team.

FROM THE EDITOR

Hello and welcome to the June - July issue! Once again it's jam-packed with lots of interesting stuff, we hope! There's been a fair amount of events on recently so there's lots of photos for you to enjoy, including the National Garden Scheme, Sports Club Quiz Night, Easter lilies in the church, tractor run and lots more, not forgetting the most beautiful Aurora Borealis seen over our villages last week (well for some anyway, we were nicely tucked up in bed, fast asleep, not aware of what was happening overhead! - very annoyed with ourselves for missing it!)

We also have printed the Eulogy in full for Roger Bate, thanks Jenny for sharing the lovely words with us all.

Also in this issue Richard Sutton is ... patiently.... waiting (and we're sure we will all be doing the same very soon)...

We have launched a new 'advertisorial' rate for local businesses to share what they do with their local community, and for them to hopefully gain new business at the same time. For just £25 per full page why not take advantage of this really great offer and tell us all more about what you do? If you are interested, please contact Simon or Polly for more info - our details are over there! <<

With best wishes to you all,

Lizzy, Polly, Simon, Marc, Peter and Julia



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the_goose_nest@outlook.com

ST. MEUBRED'S CHURCH UPDATE

Services for St Meubred's, Cardinham in June & July

June 2nd	9.30 am	Holy Communion
June 9th	11 am	Joint Service with Millpool Methodist Church in Cardinham Parish Hall
June 16th	9.30 am	Holy Communion
June 23rd	9.30 am	Morning Prayer
June 30th	10 am	Team Service in St Petroc's Church
July 7th	9.30 am	Holy Communion
July 14th	9.30 am	Joint Service with Millpool Methodist Church in Millpool Chapel (hosted by St Meubred's)
July 21st	9.30 am	Holy Communion
July 28th	1 pm	Pilgrimage Sunday, prayers in St Meubred's

Books for sale or swap in St Meubred's Church: If you have books or DVDs you are happy to donate to our library for others to read or watch, please leave them on the bookshelf as you enter the church. Do help yourselves to either.

Community Event July 6th from 2-4pm in Cardinham Parish Hall St Meubred's will host a bric-a-brac stall

Annual Plant Sale Plants from the plant sale will be for sale in the church porch. Please put cash in the safe next to the font on the left, just inside the door.

Concert 13th July at 7pm by Levow Kesson, mixed choir from St Neot

Flowers in St Meubred's: Our small team who put flowers in church would love others to join them. You don't need to be a flower arranger but just able to put a few blooms or foliage in a vase. Our visitors and members of the local community really appreciate fresh flowers which do so much to enhance the beauty of this special place in the heart of our village. Do get in touch if you would to get involved.

Tea Party & Chat

June 8th and July 4th from 2.30 pm.
Join us for a cuppa, cake and chat,
everyone warmly welcome.





Dear Friends,

How good are you at waiting?

We seem to be living in an increasingly impatient age. Many people become easily angered if they have to wait in a traffic queue or for their internet to connect.

At this time in the church's year Jesus had told His disciples to wait. After the first Easter day Jesus had appeared to groups of His disciples on different occasions and in different places. These post resurrection appearances came to an end when He ascended to heaven. As He went Jesus told His disciples to wait until the Holy Spirit came on them, then they would be empowered to carry on His mission.

Day after day they waited in Jerusalem. Imagine the scene. You have been told that something important, life-changing even, is going to happen but you have to wait. The hours start turning into days.... a whole week has passed, still waiting. I wonder if some of them gave up and went home, back to their fishing. Then after ten whole days it happened.

The place where they were staying shook, there was the sound of a mighty wind and what looked like flames of fire rested on their heads. They started speaking in other languages, then Peter stood up and started preaching boldly. This is what we recall at Pentecost or Whit Sunday.

I am so glad the disciples waited and didn't just give up. Without their patient endurance the church would not have been birthed.

Blessings,

John Hereward





HEDGEHOG CLASS have been learning about plants and how they grow. Our sunflower seeds are looking ready to move out into the garden soon and we enjoyed tasting the cress we grew to eat. We have enjoyed the better weather and being able to take our learning outside where we have spotted signs of summer. In art, we have used the iPads to draw plants and their life cycles digitally and in music we have learnt lots of songs to do with growing.



SQUIRREL CLASS have had a variety of art projects this term, one of which was to make a sculpture using a variety of materials to build up and out from a 'seed' showing roots and shoots. Encouraged to think creatively, and freely explore the materials, the process led the children to some wonderful results.



FOX CLASS have taken part in many science experiments, and learning some new scientific vocabulary around our topic of plants. We have created hypothesis and predictions around investigations, discovered what it means to run a fair test and then made comparisons and conclusions based on how our investigations have gone. In Geography, we looked at rainforests. One area of this topic that particularly enthused us was learning about deforestation and the impact that it has on our planet!



DEER CLASS has seen the year 6 pupils making the final preparations for their SATs; they have worked exceptionally hard and no matter what the outcome, we are all extremely proud of their hard work, dedication, fantastic progress and great attitudes. As well as this, we have been further developing our creativity by exploring how artists use colour and light in their artwork to provide immersive experiences. After exploring colour ourselves and investigating the works of Liz West, Yinka Ilori and Olafur Eliasson, we made our own mini world light boxes to show how coloured light alters perspectives of spaces.

SUBSCRIPTION PAYMENTS

Subs. to the magazine are **£5pa**, plus any donation you would like to make. **Subs run from January - January.**

Please pay your distributor as usual, or if you prefer, by Bank Transfer.

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CARDINHAM HELPLINE

This is a reminder that we do not have a lunch in August as many people are on holiday, or dare I say, busy in the garden, weather permitting. Maybe even soaking up the sun on a sandy beach. Whatever your plans, enjoy the summer.

20th June and 18th July are the next lunch dates.

If anyone out there would like to join us, you will be very welcome. Just ring Julia on **01208 821216**, in the first instance, to book in.

Kind regards, Rosemary



Road Traffic Regulation Act 1984 S.14: Temporary Prohibition of Traffic

The below Road(s) will be temporarily closed to allow works to be completed on the highway.

If you have any queries regarding these works please contact the Utility direct on the number below. Any responses to this email received by Street Works will be forwarded to the Utility for them to respond.

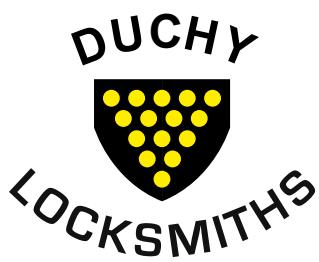
Location: Wildanet Cardinham Installation Project, Bodmin
Timing: 7th May 2024 to 2nd August 2024 (24 hours)
Contact: Wildanet - Tel: **0800 0699906**

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Finally some reasonable weather This sheep has become a nursemaid!
Photo by matthew Barwood



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MOUNT & WARLEGGAN EVENTS



BIG DO NEWS

The Big Do and Produce & Craft Show will take place in Home Field
(by kind permission of the Smeeth Family),
opposite the Village Hall on Saturday 20th July.

The Produce and Craft Show will be held in the village hall.

The Dog Show alongside Craft stalls, BBQ and tea tent,
Pimms & beer stall and many other stalls will be there on the day.
Please come along to support the village.

The Big Do Raffle tickets will soon be on sale, prizes donated this year
from Bodmin Airfield, Florys Restaurant, The London Inn,
Charles Masters, John & Lynda Small, Treveddoe Farm,
Liz Scholes Chiropractor Bodmin, Bricknells of Wadebridge
and Bodmin & Wenford Railway.

On behalf of the **National Garden Scheme** the Cornwall committee would like to thank all those who opened their garden, helped steward, make and contribute to teas and visited the Cardinham Gardens two open days in May. A fantastic total of nearly **£3000** was raised over the two Sundays! Thank you on behalf of all the beneficiary health charities, who will benefit from your wonderful support. **Libby**



To follow is the eulogy from dad's celebration of life read by my son Ashley. Also the picture that was in the church on the day.

Margaret and family would like to thank all who attended the celebration of John's life at St Meubred's Church on the 2nd April, it was humbling to see so many people in the Church. The generosity of people has been amazing with so many cards of condolence and visitors to the Farm, Margaret found this very comforting. People also gave donations at the church and online, this has meant the family could give £1000 to Cornwall Air Ambulance Trust. Jenny Saunter

Eulogy - Roger John Bate

Good afternoon everyone, on behalf of Nanny and all our family I thank you for being here today. We are all here to celebrate the life of Roger John Bate or as I knew him, Grandad. It's both a privilege and a challenge to capture the essence of a man who meant so much to so many. But I'll give it my best shot...



For those who don't know me, I am Ashley, the oldest grandson of Nanny and Grandad. Today, I am here to pay tribute to a remarkable man whose presence touched our lives in profound ways. My cousin Robert would have been here with me to help get me through this but he is currently in hospital. Courtney, my partner, is linking to him now, so Robert we're thinking of you mate, and wish you a speedy recovery.

Grandad was born at Teason Farm in 1937 and passed away there with his five ladies at his side, a place that would become not just his home, but also the heart of his existence. From a young age, he developed a deep connection to farming, learning the ways of farming from his parents and ancestors (third generation). His hands were calloused from years of hard work, his spirit unyielding in the face of many challenges.

Throughout his 87 years, Grandad poured his heart and soul into the fields of Teason Farm and the surrounding area he farmed. He was a proud Cornishman, in fact probably the most

Cornish of any man I have ever met and he has made me tremendously proud of my Cornish heritage.

But beyond his dedication to farming, Grandad's greatest legacy lies in the love he shared with his family including his wife Margaret, daughters Angie, Jenny, Gill & Carole, and also his grandchildren Chloe, Kerra, Lowenna, Myself, Hannah and lastly Robert.

Grandad and Nanny met at a Young Farmers dance when he was 25 and Nanny was 19, and he knew he had his life partner from that moment. They married 18 months later and went on honeymoon to Spain...away for 3 weeks his father was worried they were never coming back as it was harvest time, with much to do!!

Very quickly Penpol, the family home, was filled with 4 daughters. Yes, I know what you are all thinking, living in a house with 5 ladies, no doubt sometimes he struggled to get a word in, but what he did say always had a big impact on those around.

As a young boy Grandad attended Cardinham School, as did all his children and grandchildren, although his dad would be seen knocking on the school door asking for John to be excused as there was work to be done. Often he would walk to the highest point at Fore Downs to watch Plymouth being bombed, he'd also go up there if there was a chance of thunder and lightning - he loved a good storm... and lighting bonfires, a habit Auntie Carole seems to be carrying on. The weather, as all farmers know, played a huge part in his life, as young girls they'd be eating tea chittering away but as soon as the weather came on he'd bang on the table for hush!!

The feminine presence continued with his first 3 grandchildren, Chloe, Kerra then Lowenna. So, as you can imagine when I came into the world on 14th April 1994, first born male since Grandad he was a little excited. Let's just say Grandad wasn't seen or heard from for 2 days. Rumour has it he is still in St Beward pub drinking Whiskey and peppermint... in spirit anyway.

When we were young nipping down the farm to see them both, a warm hug from Nanny was surpassed by a dark chocolate digestive from Grandad's old dried milk tin. This had his supply in, which he guarded religiously.

Grandad was a caring parent but also saw an eye for an opportunity, so when the twins asked for ponies, they got them, however there was a condition. The girls and ponies had to join the workers on the moors to bring in livestock. Harvest was the busiest time on the farm with Grandad and his loyal workman David Vallis guiding the girl's boyfriends in the art of stacking bales, not sure Dave my dad who struggled to change a lightbulb enjoyed that. It was, however, made better by Nanny's crib.

Holidays were not often on the calendar for Grandad as they always fell around harvest time, however, one year the family went to Butlins at Minehead and he had a go at roller-skating the outcome was not a success, an accidental 360 spin was followed by a broken wrist!

Grandad was a very successful farmer and one of his proudest farming moments can be seen in the picture, one of his cows had triplets, a very rare feat which made local news headlines. Not one to sit back, he was also a Cardinham Parish Councillor for many years and was Chairman for 16 years.

Nanny and Grandad were both keen gardeners, so much so that they had their own gardens at Teason. Grandad's was centred around a big pond and a summer shed where he could look over his pride and joy whilst enjoying an Embassy cigarette. The gardens being their pride and joy, Grandad and Nanny began to open them once a year for Charity. At this time Grandad's magpie instincts came to the fore. He was always out for a bargain which is definitely where I get my negotiation skills from. He started buying up farming antiques so much so he filled a barn which he also opened for Charity. Over the years these days raised in excess of £40k for local charities and put a huge smile on his face.

Grandad retired at 75, but his stockline continues as Auntie Angie and her girls continue to farm part of Teason, so he was still able to lean over a gate and see his cows. The rest of the land at Teason is rented out to local farmers being used as Grandad would have wanted.

We all loved seeing him on the road in his white Land Rover, coming home off the school bus you'd see him coming down the hill with a cap on his head, Ben the dog sat next to him and maybe a smokie haze coming out of the window.. He did have one vice!!!

Sadly a few years ago he decided it was time to sell his mass collection of antiques and farming equipment. He decided to auction everything off and donate the proceeds to 4 local charities, this act of kindness sums up his massive heart and kind soul.

Grandad, thank you for a lifetime of love, laughter, and lessons. You may have left this world, but your presence will forever be felt in the gentle breeze that rustles through the fields of Teason Farm. Rest in peace, knowing that you are loved beyond measure and that your legacy will live on in our hearts forever.

Grandad you were more than just a grandfather; you were a mentor, a friend, and a guiding light in our lives. We will carry your memory with us always, cherishing the time we had together and striving to live by the example you set... At the wake please laugh, smile and compare all your memorable stories about my Grandad, it's what he would want.

Cardingham Sports Club

www.cardinhamssports.org Facebook - @cardinhamssports



Firstly, a big thank you to Malcolm for running such a wonderful quiz on 20th April - it was clearly much enjoyed, and feedback received has been glowing. **Thanks also to Lance** for his organising work, and for managing all those pasties - and thank you to everyone who came along. We raised well over £200, it seems, a valuable contribution to our club funds.

Secondly, a warm welcome to Kai, who was elected as a trustee at our recent AGM, and to **Steve**, who joined us as a committee member. Sadly, **Luke** is leaving us as he moves away to pastures new in the summer; a big thank you for all you have done both as a friend and as a trustee of the club.

If you haven't yet renewed your membership (or are thinking to join for the first time), now is the time. For details, please go to our website. Be reminded that children attending **Cardingham School** can use the court for free for school-organised activities under the school's affiliate membership; for any of their pupils wishing to play at other times, it's just £5 for the year. Remember, please, that a consent form must be filled for all under-18s.

If you're not a member and would like to use the court under our '**pay-and-play**' scheme, it's just £7.50 to hire the court for an hour, or £10 for two hours.

You may have heard, we have **pickleball sets** now, and look forward to a summer full of activities and events - keep an eye on our website and posters for details.

For more info go to www.cardinhamssports.org
or call 01208 821409 / 07842 612989

POP UP PUB NIGHTS

**SATURDAY 1ST JUNE WITH BBQ
SATURDAY 6TH JULY WITH BBQ**



Pop Up Pubs will continue 1st Saturday of the month with food being served at each. During the Summer months we will be having a BBQ with the pub evenings. Dates etc will be advertised in the newsletter, Facebook & on notices.

COMMUNITY EVENT

SATURDAY JULY 6TH - 2PM -4PM

Several groups within the local area are coming together to hold a joint event. All the funds raised will be put together and then divided between those groups involved. **THE TEDDY ZIP WIRE** will be returning.

Part of this event will be a **SCARECROW COMPETITION**, we would like to encourage as many people to take part as possible, to build a scarecrow and place outside your property the winner will be announced on the day.

Please let Debra Best know if you are taking part at **cardinhamhall@btinternet.com** so that no Scarecrow will be missed in the judging. Further details will be advertised on posters when they have been finalised.



Later in the year

MUSIC EVENING September date TBC

QUIZ NIGHT 12th October

News from MILLPOOL METHODIST CHURCH

Our **Big Breakfast** was well supported with over forty meals being served. Thanks to all who helped in any way to make the event such a success.

The celebration of the **30th anniversary of the Chorale is to take place on Friday 19th July at 7.30pm**. There will be more details nearer the time on the notice board and on Cardinham Calling Facebook page:
<https://www.facebook.com/groups/cardinhamcalling>

Our monthly **Book Club, Coffee Morning** and **Crafternoon** continue to take place during the summer months. We would be pleased to welcome any new members. The dates can be found on the back of this magazine.

MILLPOOL CHORALE



30th!

ANNIVERSARY CONCERT WITH

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FRIDAY, 19TH JULY

7.30 PM

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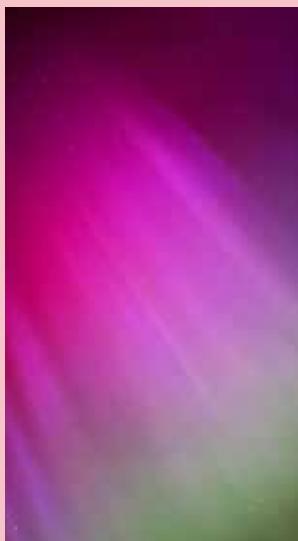
Tickets available on the door or from

Julia 01208 821216 or

Shirley 01208 813685

EVERYONE WELCOME.

The Aurora Borealis display



With huge thanks to Carole Tucker, Aimiee Swatton, Sarah Collings, Peter Crier, Jaedyn Stevens and Jill Brown for their incredible images.

Cardinham & District Gardening Club

Gardening Club Report - May 2024

At last some spring weather and the gardens and countryside are looking glorious, what a treat! Our April visit was just that, a real treat. Having had our plans to visit Penrose Nursery at Shortlanesend scuppered by the A30 roadworks, we were lucky that Sue and Kevin Wright were able to host us, at very short notice, at their garden at **Trevina House**, near St Neot. A lovely garden: a real mix of woodland, orchard, formal gardens, fruit and vegetables. As well as a large pond. We enjoyed a guided tour and ended up with a delicious tea, all of us, seated around their large farmhouse table. A breathtaking amount of work to maintain this very large garden and Sue and Kevin after 30 years gardening here have lots of plans for the future!

Our May visit to **Tremenheere** was a great success. 26 of us enjoyed a guided tour led by the owner, curator and hands on gardener, Neil Armstrong. He took us on a lovely walk through the grounds for over 2 hours as he explained the origin and meaning of the many statues from worldwide renowned artists and sculptors. Also drawing attention to the staggering collection of rare and exotic plants and trees from all over the world. Many of these collected by Neil himself. We agreed it was probably one of the most memorable garden visits we have been to. All in glorious sunshine and views over to St Michael's Mount and Bay.

Our next meeting is to **Bridge Mill** garden at Bridgerule, on June 2nd at 1.30pm and on July 14th to **Higher Locrenton** and **Lametton Mill** at St Keyne at 1.30pm. The latter was featured on Channel 4 **Grand Designs** programme as it was restored. Do join us at either or both events.

The Gardening Club will run a quiz at the **Cardinham Community Event**, in Cardinham Parish Hall, 6th July 2- 4 pm.

We look forward to you joining us soon, in the meantime enjoy longer days in your garden!

Libby

USEFUL PHONE NUMBERS

(preceded by 01208 unless otherwise stated)

Police NON emergency		National 101
Blisland Inn, Blisland		850739
Cardinham Bellringers (Captain)	Nic Best	07747 724678
Cardinham Hall Bookings	Julie Best	821227
Cardinham School (Head)	David Jones head@cardinham.tpacademytrust.org	821326
Cornwall Councillor	Jenny Cruse cllr.jennifer.cruse@cornwall.gov.uk	07710 219465
Film Club	Debra Best 821554 Sonia Tucker 821382	Julie Best 821227 Nic Best 821459
Flowers for St. Meubred's	Libby Pidcock	821303
Friends of St. Meubred's	Loveday Sutton	821350
Gardening Club	Loveday Sutton	821350
Helpline	Gill Long / Jenny Saunter	821745 /07854 545467
London Inn, St Neot		01579 326728
Methodist Circuit Office	office@bpwcircuit.org.uk	895157
Millpool Chapel	Shirley Doran	813685
Millpool Coffee Morning	Julia Maynard	821216
Millpool Institute/Snooker Club	John McDonald	821448
Mother & Toddler Group	Crissie Butler	07540 181416
Parish Council Chair	Julie Best cardinhamclerk@gmail.com	821227
Parish Council Clerk	Jo Wilson	01841 520796
Bodmin Team Ministry,Team Rector	Paul Holley	07470 192378
Sports Club	Les Spong	821591
St. Meubred's Focal Minister	Revd John Hereward	79078
St. Meubred's PCC Secretary	Rosemary Rowe	821225
St. Meubred's Reader	Ann Kerridge	76714
St Neot Brownies	Karen Cunningham	01579 321581
St Neot Scout Group	John Body	01579 320334
Warleggan Young Farmers	Laura Colwill lauragco@hotmail.co.uk	07913 330078

Please send corrections or additional numbers you would like to see to lizzysmart@gmail.com Tel 821101

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intoBodmin

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We keep our menu simple to reduce waste and keep prices low, always with vegan and gluten-free options. You can even support others with our pay-it-forward scheme.

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TIM KEAT'S TRACTOR ROAD RUN

photos from Gary Cattani (from Cardinham Calling facebook page)





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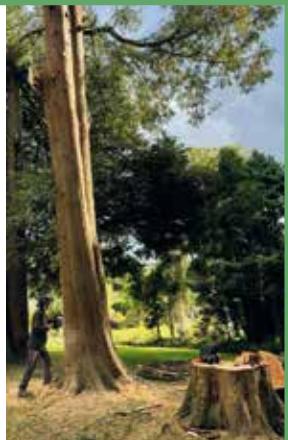


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‘So there I sat... patiently...’

So there I sat... patiently... waiting... hoping but NO.

‘There isn’t room’ he said. The thought flashed through my head... ‘a Centurion tank would have plenty of room to go through’ but no...silly idea so I suggested politely that, just a few metres down on his side, was an ideal spot for passing. At least that is what I thought. Somewhere we could safely and easily pass. I smiled through gritted teeth.

Eventually the driver selected reverse gear and slowly attempted to go backwards. There was much revving and moving diagonally across the lane. So there I sat... patiently... waiting. I moved forward, wing mirrors in. I thanked him politely and ... well I can’t say his exact words of greeting (I’m sure the editor would disapprove)... let me just say he wasn’t happy. Words snarled at me and with much revving and screeching of tyres he was away. And to make matters worse the pristine white Chelsea tractor had some Cornish mud on it. A trip to the car-wash do doubt required before returning home.

Another fun-filled occasion I was driving towards St Beward. Just past Tresarett a vehicle coming towards me went past an obvious, much used, passing place. Dead lock. There was no movement. So there I sat... patiently... waiting... hoping but NO. After a couple of minutes another car drew up behind me. Sorted I thought. The other vehicle eventually went back a few feet to the ‘obvious passing place’ and as I thanked the driver I was told, through the open window that I must be a ‘.....visitor!’

Another time it was suggested to me that *‘all these narrow lanes in Cornwall should be one way only’*...hey, that’s a good plan. Perhaps I ought to let the parish council know.

Seriously if you live in a city, you probably have a shiny clean vehicle, one that doesn’t know the meaning of mud. I expect the ‘visitor’ is used to clean wide streets and it must be a nightmare coming on holiday and driving around our lanes. Perhaps I’m making assumptions here but so often the ‘visitors’ are driving large SUV’s...ideal for reversing onto a muddy verge or gateway. No I’m sorry, I’m being judgemental and, possibly, thinking dark thoughts here. Perish the very idea. Lastly... last summer Loveday was driving down one of these ‘two-way’ lanes. The obligatory SUV loomed. Loveday reversed but was constantly being ‘pushed’ by the other vehicle. Whilst it passed she suggested that, in future, it would be polite if the other driver hadn’t ‘pushed her on’. ‘Madam’, he said, ‘with this vehicle, I could have pushed you through that hedge if I wanted to.’ Charming. She sat there... patiently... waiting and wondering. Happy days.

Richard Sutton





The Lilies in Memory of Loved Ones who had died ready to be arranged last Easter in St Meubred's Church



Some of the many lilies bought by parishioners which were put in St Meubred's last Easter in Memory of Loved Ones who had died
Photos by Lizzy Smart

Sue & Bernie also kindly opened their garden at Deviock Farm for the National Garden Scheme raising money for charity on Sunday 5th May - I arrived just as the sun came out after a downpour - the garden winds gentle downhill & around through bluebell woods, up by a tranquil pond with stately Gunnera & back up to the farmhouse surrounded by pretty formal flower beds. Thanks to all for providing such a yummy array of cakes & a much needed cuppa.

Lizzy Smart



Team '**Chapel Quiz It**' won Cardinham Tennis Club's Fun Quiz Night on Saturday 20th April in the Parish Hall. Thanks to Malcom Maynard The Wonderful Quiz Master & his very able wife Julia for keeping score & everyone else involved.

Lizzy Smart



TEAM NAME	R1	R2	R3	R4	R5	R6	R7	Total
Devon Jesters	6	6	8	9	9	9	11	66
Chapel Quiz It	2	2	7	26	0	6	10	64
Red Army Tennis Team	3	3	10	26	35	10	13	113
Blue Quakers	1	1	11	17	6	28	14	54
Red White Blue	4	4	2	29	9	38	10	117
The Circus	9	9	8	12	27	6	11	67
Firs	5	5	6	19	25	8	13	49
Cataract	3	3	7	10	17	8	24	53
Millennium	8	8	5	13	31	9	15	69



CARDYNHAM CHURCH

At St Meubred's we have been having work done on the interior plaster, first at the back and now in the chancel. You might think that the church has always had white lime-washed walls inside, but the church interior hasn't always been plain and austere. The first church here, the church that St Meubred knew, would have been small, stone and rectangular. Was the inside plastered and lime-washed? Who knows, but with small windows, white walls would have lightened the church. We have a Norman font so logically there was a Norman church to go with it. Across the country, church wall paintings have been found from the 11th century. In medieval churches the inside walls were covered in painting, warning and instructing mainly illiterate parishioners. Only simple materials were needed to make a dramatic display. Red and yellow ochre taken from the earth together with black and white produced a wide range of colour.

In Cornwall, wall paintings from the 15th century survive at Breage, St Just in Penwith, Poundstock and Linkinhorne. The first three include Christ surrounded by tools of everyday life, warning everyone not to break the Sabbath. At Breage there's also a St Christopher and St Corentin. Linkinhorne has the best painting in Cornwall showing a haloed Christ surrounded by seven small scenes showing works of mercy. I wonder what was on the walls of St Meubred's church? Was the shrine which we know once stood there covered in scenes from St Meubred's life?

In 1550, under Edward VI, a new law required all images destroyed. Wall paintings were whitewashed with the unintended effect of preserving them. The paintings on our walls they would have been hidden under layers of lime wash. But walls didn't always stay plain. At Launcells, a painting of Abraham sacrificing Isaac dates from the 17th century. The Ten Commandments and other passages of scripture were often painted on the walls. More people could read but the church still wanted to teach them. By Victorian times many churches were in disrepair. For the first time since the Reformation there was a fashion for all things medieval. Victorian restorers tried to return churches to their medieval glory and again the inside walls were often painted. Unfortunately in their repairs they also destroyed medieval paintings when they hacked off layers of plaster. Our church escaped heavy Victorian restoration. By the middle of the 19th century the chancel had wooden wainscoting hiding the medieval stone seats. On a postcard of the church interior from the early 1900's the wainscoting has gone and the east wall has painted decoration, panels either side of the east window with the Ten Commandments and banners hanging on the walls. All of that has now gone. Do you prefer the plain simple interior you see now or would you prefer a medieval style riot of colour?

Ann Kerridge



Cornwall Councillor Jenny Cruse



The Cardinham **Annual Parish Meeting** held on 15th May was very well attended and we were treated to a brilliant talk about the **Dark Skies** and a defib refresh, it was a very interesting evening and thank you to all those that attended. I gave my Cornwall Council report and at the end I was asked about the **congestion caused by the new build SEND school** opposite the crematorium. This is not actually in my ward, but I will contact Cllr Frost with the concerns and visit the site to ensure the Traffic Management Plan is being adhered to and see if we can make some improvements to ameliorate the situation. I am aware of the congestion around the Crematorium, and it is always good to take photos and pass them on to me so they can be used as evidence in a future traffic plan for the area.

At last, we seem to have winter behind. Sunshine and getting outdoors is a huge tonic and certainly good for wellbeing. Keeping fit and healthy is something that I think is so important. We have an aging population, and the increased risk of falling is something that is very real, so I was delighted to hear of **FREE** classes, funded by our Public Health team that are now being offered to over 65s to prevent falls. Latest figures show there were 2,395 over 65s fall related admissions to hospital in Cornwall in one year. Classes will be offered in Bodmin and the venue is being sourced now.

The programme delivery model consists of 4 options:

Face to Face instructor led delivery in community hubs and venues in 12 towns in Cornwall including Bodmin

Livestreamed delivery via Zoom in community hubs and venues. Taught by qualified instructors on screen and supported by volunteers/staff in the room.

Livestreamed delivery via Zoom into individual's homes.

Pre-recorded 25-week programme to follow at a time convenient to the individual or group setting.

iCareiMove are working closely with Cornwall Council's Digital Inclusion project and the **Digital Together** project to support participants with accessing loan devices (tablets or laptops), accessing digital skills training to learn how to use Zoom and other skills, plus support on existing devices, such as advising which cable will connect their tablet to their television so that the class can be followed on larger screen or signal boosters to help with livestreaming in areas of poor connectivity. You can find more about the programme by calling Cornwall Council on **08000 541118** and speak to Nikki or Pat.

Mid-April we welcomed the **Secretary of State for Education** to Bodmin to visit the **STEM centre at Callywith College** Bodmin. 70% of careers can now be accessed via Apprenticeship which in some cases leads to equivalent A level and Degree status, this is good news for our young people as it gives access to a wide variety of careers without necessarily moving away to University.

I wish all my residents a joyful and safe summer. **Jenny.**

Email: cllr.jennifer.cruse@cornwall.gov.uk Mobile: 07710 219465

REGULAR EVENTS

DATE	WHEN	EVENT	WHERE
Monday	7.30pm	Warleggan Young Farmers' Club	JHM
Monday	7.15pm	Millpool Chorale Practice	CRM
Tuesday	11.45-12.45pm	Pilates Mixed Ability Class	JHM
Tue (1st in month)	2.30pm	Book Club (821208)	CRM
Tue (except 3rd)	7.30pm	Bell Ringing	St. Meubred's
Tue (3rd in month)	7.30pm	Parish Council Meeting	CPH
Tue (last in month)	10.30am	Millpool Coffee Morning & Book Swap	CRM
Wed (except 3rd)	7.30pm	Bell Ringing	St. Meubred's
Wed (2nd in month)	2.30-4.30pm	Crafternoon	CRM
Wed (4th in month)	7.30pm	Warleggan History Group	JHM
Thur (1st in month)	2.30-4pm	Tea Party & Chat	CPH
Thur (3rd in month)	12.45pm	Helpline Lunch	CPH
Thur (last in month)	All day	Pensioners 10% Discount	Trago
Fri (term time only)	9.15-11.15am	Little Fawns Toddler Group	CPH
Sat (1st in month)	7.30-10.30pm	Pop Up Pub Night	CPH
Sat (last every month)	9am-3pm	Farmers Market , Mount Folly	Bodmin
Sun (1st in month)	10.45am-12	KIDZ CLUB	CRM
Sun	10.30am	Table Tennis (821409)	JHM

CRM = THE COMMUNITY ROOM, MILLPOOL METHODIST CHURCH

CPH = CARDINHAM PARISH HALL, JHM = JUBILEE HALL MOUNT

PLEASE NOTE: PLEASE CHECK IF YOU PLAN TO ATTEND ANY OF THEM.

Please check village notice boards, emails and organisers for details.

If you have an event you would like us to publicise send details to cmcmag@outlook.com