

CARDINHAM & MILLPOOL COMMUNITY MAGAZINE

AUGUST – SEPTEMBER 2023



This is Chris Brown making hay in the village with a 1962 Massey Ferguson 35 and his hay turner being used for its 44th year and still going strong!

by Matthew Barwood

CONTACTS

Editorial Team

Lizzy Smart: 821101

lizzysmart@gmail.com

Peter Claridge

monnsoon90@yahoo.co.uk

Treasurer & Advertising

Simon Smart: 821101

simonseansmart@gmail.com

Distribution

Julia Maynard: 821216

juliamaynard1949@gmail.com

Design, Print & Production

Polly & Marc Airey: 590095

cmcmag@outlook.com

CONTRIBUTIONS

Please send your contributions to

cmcmag@outlook.com

- a Microsoft Word file is best.

Photos should be sent in
uncompressed **jpeg** format.

We accept files and advertisements
as high res **PDFs** (preferred).

If typed or handwritten, please send
it to one of the Editors.

We select articles based on local
interest and reserve the right to edit
for clarity and length.

Copy Date for October/November 2023 Issue

Typed/Handwritten: MONDAY 18TH SEPT 2023

Deadline by Email: THURSDAY 21ST SEPT 2023

Advertising Rates & Sizes

Advertising is free for all local community and charity events.

All commercial advertising and events will be charged: 1/4 - £24pa. 1/3 page - £36pa.

1/2 page - £60pa. Whole page - £120pa.

Single entry Commercial Announcements are also accepted from £6 to £25 (whole page)

Photographs & Scanning

Please email an original JPG with no compression or reduction, PDF or TIFF to
cmcmag@outlook.com

Special photographs, drawings, illustrations, etc can be scanned.

Please contact cmcmag@outlook.com

For required format & any queries please contact **cmcmag@outlook.com**

Need an extra copy?

Subscriptions £5pa (postage £11pa)

Single Issue £1.25 Contact Julia on 821216

The opinions expressed in articles in this magazine are those of the authors, and are not attributable to any member of the magazine production team.

FROM THE EDITOR

Hi everyone, and welcome to the **August / September** edition of the Cardinham & Millpool Magazine! How on earth have we got to this time of year already?! We're certain time is speeding up! Next thing we know it'll be jingle bells and decorating trees (don't want to say the C word!)

In this magazine we have lots going on, plus we have the Cardinham Flower and Vegetable Show programme as the centre spread - hope to see you all there on 2nd Sept! You have plenty of time to get your entries ready.

We welcome Mo on page 31, the new Revd from Millpool - Hi Mo!

On pages 20-21 Lizzy shares with us her Cornish Roots - we would love to hear your stories - please do get in touch.

Cardinham Parish Council are seeking a small area of land for local children to play on - see page 12 for more info.

Happy summer holidays!

Lizzy, Polly, Simon, Marc, Peter and Julia

Index of Advertisers			
Advertiser	Page	Advertiser	Page
Accounting Support	22	Health & Wellbeing	9
Age UK	5	Local Event Information	Back
Architectural Design	24	Locksmith & Home Security	7
Art Material Supplies	7	Logs for sale	9
Cleaning Services	26	Pest Control	27
Chimney Sweep Services	23, 27	Picture Framing	7
Coffee Shop	7	Pilates	9
Events	29	Printing & Design	27
Electrical Contractors	5	Plumbing & Heating Services	26
Flying Lessons	24	Renewable Energy	22
Garden Machinery	23	Visitor Attraction	29
Garden & Ground Maintenance Services	23	What's On	30
Garage, MOT & Repairs	25		
Hall Hire	7		

ST. MEUBRED'S CHURCH UPDATE

Services for St Meubred's, Cardinham in August and September

August 6th	9.30 am	Holy Communion
August 13th	11 am	Joint Service with Millpool Methodist Church in Millpool Chapel
August 20th	9.30 am	Holy Communion
August 27th	9.30 am	Morning Prayer
September 3rd	9.30 am	Holy Communion
September 10th	11 am	Joint Service with Millpool Methodist in Cardinham Parish Hall
September 17th	9.30 am	Holy Communion
September 24th	9.30 am	Morning Prayer
October 1st	9.30 am	Holy Communion

Books for sale or swap in St Meubred's Church. If you have books or DVDs you are happy to donate to our library for others to read or watch, please leave them on the bookshelf as you enter the church. Do help yourselves to either.

Plant sale: thank you for all your support, we have raised about £630!
We will be using some of this to replace the bench outside the church.

Tea Party & Chat

August 3rd and September 7th
from 2.30 pm.

Join us for a cuppa, cake and chat,
everyone warmly welcome.





BODMIN TEAM MINISTRY

www.bodminteam.church

Dear Friends,

I love this time of year when we start to harvest some of the produce we have carefully nurtured over the past few months. There is nothing quite like fruit and vegetables freshly picked from the garden. It's interesting how some years certain things thrive abundantly while others struggle. Often this is down to adverse weather conditions. When I was vicar of Wadebridge I had an allotment and my fellow growers would often ask me to have a word with "***Him up there***" about the weather.

As with so many things in life, a successful harvest is often a combination of divine providence and human endeavour. As the well-known harvest hymn puts it "***We plough the fields and scatter....but it is fed and watered by God's almighty hand.***"



Just as a combination of hard work and divine providence are needed for our physical fruitfulness, so in the spiritual life we need to both work hard and rely on God's grace. If we do then we can hope to see the fruit of the Spirit developing in our lives: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control.

May our harvest this summer be bountiful and our hearts full of gratitude.

Blessings, John Hereward

We were deeply saddened to hear that Kay Robinson, a Cardinham resident for many years, passed away on Thursday 27th July, she will be sorely missed. May she Rest In Peace. We send our thoughts and prayers to her family and friends at this time.

For more info please contact Lizzy Smart on 01208 821101



HEDGEHOG CLASS have been learning about the summer, how to keep safe in the sun and about holidays now and in the past. We've also taken animals that live by the coast and in the woods and compared these habitats to the jungle. The highlight of the term has been our trip to Polzeath beach which was a fantastic day out with lots of beach crafts and exploring.



SQUIRREL CLASS have been enjoying learning how to play the Buzz instrument this term with Miss Brock and they were very excited to showcase their musical talents for their family and friends in their first music concert. We were fortunate to be able to spend the day at *The Hugs Foundation* in Bodmin as our last class trip for the school year. We enjoyed meeting all the wonderful animals that they are caring for and we learnt about their habitats through lots of fun and engaging activities.



FOX CLASS had an exhilarating and unforgettable experience during their visit to the *Eden Project*. The day was filled with wonder and excitement as they explored the breathtaking biomes and lush gardens. The students were captivated by the diverse array of plant species from around the world, fostering a deeper appreciation for nature's wonders.



Wow! This term in DEER CLASS has been exceptionally busy! We've been working hard on our acting skills, learning our lines and making sure we're projecting our voices so that we were ready for our spectacular production of *'Time Lord, the Musical'*. We have learnt all about stage hands and how demanding the job is. As well as this, all of Deer Class have been attending weekly swimming lessons at The Dragon Centre in

Bodmin. They have improved their swimming strokes and have learnt about water safety and how to rescue people. Also, the year 6 pupils received their KS2 SATs results - we're exceptionally proud of the progress that they have made this year - and to celebrate, we went on a fantastic leavers treat trip to *Adrenalin Quarry*.

SUBSCRIPTION PAYMENTS

Subs. to the magazine are **£5pa**, plus any donation you would like to make. **Subs run from January - January.**

Please pay your distributor as usual, or if you prefer, by Bank Transfer.

The magazine bank account details to use are:

Sort Code: 30-97-28 Account No.: 02314833

Account Name: Cardinham and Millpool Community Magazine

Please add your name/address as reference

Don't forget postage, if applicable, £11pa

Thank you for paying promptly



The Works,
South Penquite,
Blisland, Bodmin,
PL30 4LH



**Domestic, Commercial
& Industrial Installation**



Contact Ben or Ron
for free estimates and friendly advice on
01208 851962 or 07887 561037



**Dial
-a-
Ride**



- Travelling from Cardinham & Millpool to Bodmin on Mondays & Thursdays.
- £5 return.
- Pick up from 8.15am, return lunchtime.
- Eligibility: mobility difficulties/over 55.
- Wheelchair access.
- To Wadebridge on first Thursday of the month - £6 return.

- Shopping trips.
- Visiting friends.
- GP appointments etc.

**For more information
and to book call:
01872 266886**



CARDINHAM HELPLINE



The Helpline has been awarded a grant by the **Cally Barrett Wind Turbine Community Fund** which will cover our annual insurance and the hire of the Parish Hall for our lunches. We would like to thank them for helping to ensure that our finances will be secure so we can continue to be of service to the community.

Two of our volunteers have recently successfully completed their Level 2 Food Safety and Hygiene Certificate. If any other volunteers feel they need to do this qualification the Helpline will cover the cost.

Contact Malcolm on **01208 821216** if you are interested.

We would like to take this opportunity of thanking all our volunteers who have been able to help in any way.

Our lunches continue on the third Thursday of each month at 12.45 in the Parish Hall although please note that we do take a break in August.

Regards, Malcolm



June Tucker's belated 90th Birthday on her 91st in Cardinham Village Hall, what a fabulous celebration! *Happy Birthday June, from us all ! (Thanks Lizzy for the photo)*



MOUNT & WARLEGGAN EVENTS

WARLEGGAN HISTORY GROUP

WEDNESDAY 27th SEPTEMBER -
7.30 pm

"Fireside Tales" - an evening of
Story-Telling of "Our Own Dad's
Army",

"The Butcher's Block" and "The
Shops of Mount"

Extracts from the 2008 DVD

STABLE ART

BESPOKE PICTURE FRAMERS
QUALITY ART SUPPLIES

BODMIN CORNWALL



www.stableartbodmin.co.uk

*Stable Art at the Chapel
&*

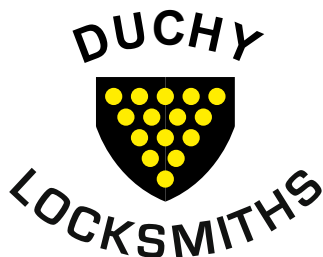
Coby's Coffee Shop

*Bespoke Picture Framers, Art supplies,
Art & Craft Workshops*

*The Chapel, Fletchersbridge,
Bodmin PL30 4AN*

www.stableart.co.uk

01208 72518 or 07738 008707



- MOBILE LOCKSMITH
- DOMESTIC, COMMERCIAL & AUTO
- INSURANCE RATED LOCKS
- ON SITE KEY CUTTING
- UPVC MECHANISMS, PATIO, GARAGE, DIGITAL, KEYSAFES
- REMOTE & CHIPPED KEYS SUPPLIED
- FREE ESTIMATES
- PROPERTY SECURITY & MANAGEMENT

www.duchylocks.co.uk

Tel: 0800 97 888 37

Mob: 07966 654267

Cardinham Parish Hall

Available for Hire



Cardinham Parish Hall
Church Road
Cardinham
Bodmin
Cornwall
PL30 4BN



Chairman Secretary & Bookings

Debra Best
01208
821554

Julie Best
01208
821227

www.cardinhamparishhall.weebly.com
cardinhamhall@btinternet.com

Village Greens



Village Greens is a not-for-profit group run by volunteers, serving the community for over 10 years.

Our objective is to provide a cost effective alternative for those who are concerned about what they eat, where it comes from and how it is packaged. Our food products are either organic or local or fair trade. We can provide meat that is organic and/or local. Our dairy supplier can supply milk in glass bottles and most of the dairy products are Cornish. We also stock cleaning materials which are environmentally friendly. To help you reduce single-use plastic many of the products come in 5 litre containers. We also buy food items in bulk and bag them in smaller quantities to help keep prices down.

If you are interested, just email vilaverde@btinternet.com and I can send you the current weekly shopping list. Our collection day is Thursday between 3 - 4.

Lynda Small

CARDINHAM SCHOOL AND NURSERY

WE HAVE NURSERY SPACES!



- TEACHER LED care and education for 3 year olds and up
- Up to 30 hours FREE funding
- Open 8am to 5pm
- Friendly and nurturing staff
- Incredible outdoor space



CALL: 01208 821326

EMAIL: CARDINHAM@TPACADEMYTRUST.ORG

Dry Seasoned Hardwood Logs

Locally and sustainably sourced firewood available in a range of quantities.

XL Log Nets (pictured) approx 30 logs per net - £7

Pickup Truck Load £80 –inc. Delivery within 5 miles of Cardinham.

Larger amounts available.

Kindling also available.

Discount applies for bigger orders.

Call 07971 772150 for more information.

Delivery Available.



LIZ COURT
MILPOOL
PILATES

MOVE BETTER • LIVE YOUR BEST LIFE

DOESN'T MATTER WHAT AGE, WHAT SIZE,
WHAT GENDER, WHAT FITNESS LEVEL,
HOW BROKEN YOU FEEL,
THIS IS A CLASS FOR YOU...

MIXED ABILITY, EXPERIENCED TEACHING,
A BESPOKE SESSION WITHIN A CLASS SETTING

WEDNESDAY 10.30-11.30AM

LIMITED PLACES AVAILABLE

BOOK NOW!
07526 899 781

LIZZIECOURT@HOTMAIL.CO.UK

Oh, and we have fun too!

Cardinham Sports Club

www.cardinhamports.org Facebook - @cardinhamports

More players on court

We're delighted to welcome so many **new members** to our tennis club, as well as those non-members who hire the court through our 'pay-and-play' option. The weather hasn't been kind to us most Tuesday evenings so far, but we will continue with our **Tuesday club nights**, where members of any ability can just drop in anytime from 6pm and play with whoever is there. Phone or check our website for latest info.

Remember, all children attending **Cardinham School** enjoy **free daytime access** to the court, not only for activities organised by the school, but also outside of school. Must be supervised by a responsible adult at all times.

Upcoming events

Sunday 10 September, 2PM **Croquet afternoon**, St Neot Cricket Club field, open to all, members and non-members, no experience necessary. Phone or check the website for latest information.

For more info contact Les 821591 or Chris 821409



We would like to thank all those who supported and attended the Open Gardens on July 9th at Lower Treslea, The Beeches and Pinsla.

The money raised for the NGS was £1,305 and plants and bric-a-brac stall raised a further £185, which has been donated to the local MND branch at Liskeard.

A huge thankyou to all who helped and supported us.

Nigel, Lorraine, Rosemary, Claire and Mark

Cardinham Parish Hall Events

FILM NIGHT

16TH SEPTEMBER

Film evenings will start again on Saturday 16th September and every 3rd Saturday in the month. Film Club members will receive emails with details of the film being shown



If you would like to become a member of the film nights and receive the monthly email (regarding the film title and time etc) please email cardinhamhall@btinternet.com

POP UP PUB NIGHTS

1st Saturday of every month -

2ND SEPTEMBER
7TH OCTOBER
4TH NOVEMBER
2ND DECEMBER



SATURDAY 21ST OCTOBER - QUIZ

(more details in the next newsletter)

Please go to our Facebook page for the latest info for our events.
<https://www.facebook.com/cardinhamparishhall>

THANK YOU

Colin & Julie Best would like to thank everyone who came to celebrate their 70th birthdays, thanks to family members for cooking, decorating the hall and thank you for all the lovely flowers, presents and donations for Kidney Research UK. *Happy birthday Colin and Julie!*

CARDINHAM PARISH COUNCIL

For security and insurance reasons, the **school playing field can no longer open** after school hours and during weekends / school holidays. This means that the children will no longer be able to use the field for play out of school hours.

The Parish Council is therefore asking if any landowners in the area **have a small area of land** within / close to Cardinham that they would be willing to donate to the Parish Council to be set aside as a grassy area for the parish children to play on. This would need to be fenced off, with the grassy area to be maintained and insured in future by the Parish Council.

If anyone is able to help with this request please contact
the Chair of the Parish Council, Cllr Julie Best by phone: **07790 661372**
or by email: **bestja20@gmail.com**



Enforcement Information *from Jenny Cruse*

Last month **Blisland Parish Council** invited a Senior Enforcement Officer to talk to Parish Councillors about how the Enforcement department work. The officer gave a very human and informative explanation on a subject that is somewhat contentious and certainly of concern to many residents. Any member of the public can and does report what they consider to be an enforcement issue. However, this cannot be discussed in public until a final notice has been served. It is always a good idea to firstly check that this action is not permitted development you can find that information at <https://interactive.planningportal.co.uk/> or that a planning application has already been made. You can check this on the Council planning simple search website just click 'maps' then select 'all time' on the funnel and then zoom in to the area and all the planning applications will come up. Once reported there is a flow chart of action, and requests can be made to see what stage the enforcement action is at. If the action is considered to cause a high level of harm, then it tends to be dealt with more expediently. Of course, 'harm' can be a subjective matter and some decisions are not always what one would expect or desire. I currently have over twenty actions in my ward which have been reported by members of the public, and it is fair to say that the Enforcement service is massively stretched and struggling to keep up. It is intended to allocate more funds to the service in next years' budget.

News from MILLPOOL METHODIST CHURCH

Our kitchen is finished! We were successful in obtaining a grant from the **Cally Barrett Wind Turbine Community Fund** for a cooker hood and kitchen equipment for which we are very grateful.

After a recent service with Rev Mo, we all squeezed in the kitchen for a short dedication, remembering the help we had received from **Howdens, Cally Barrett Community Fund** and the late **Bill Pope**, whose generosity enabled us to purchase our lovely cooker. John was thanked for the many days of free labour he had put in on our behalf and presented with gift tokens as a thank you from us all.

We were delighted to welcome back **Rev Peter Whatton** to preach at Millpool after an absence of almost five years. It was a lovely service, at times emotional, as he told us of his own journey of faith and it was good to hear his strong singing voice from the pulpit. Once everyone had a chance to speak to Peter we sat down to a lovely buffet lunch organised by Shirley.

We were also pleased to welcome our **Superintendent Minister Rev Nichola Jones** to our lunch. Although she officially starts work on the 1st August we were the fourth church she had visited that day. There is **a welcome service for Nichola** at Wadebridge Town Hall on Sunday September 3rd at 4.00 pm.

The **Chorale** have our final engagement at the end of July in Cardinham Parish Hall before we have our usual break in August. Then **Harvest Festival** season will be upon us.

Following the service on August 6th, John and Shirley are hosting a **barbecue** at their home in Wadebridge. More information from Shirley on 01208 813685.

Enjoy the rest of the summer.

Services for August:	
August 6th	Church Fellowship
August 13th	Rev Harrod
August 20th	Church Fellowship
August 27th	Mrs Williams

Cardinham & District Gardening Club

Gardening Club Report - 18th July 2023



Members were met by Jay Gates, the Airfield Manager, at **Bodmin Airfield** on Monday 19th June. A lovely, sunny, if blustery evening, but just right for a visit to the wildflower meadows. Jay is a very keen and knowledgeable naturalist and was able to give us a fascinating walk through the meadows, describing flora as he went and pointing out the very many unusual and abundant species established there. Jay explained that Bodmin Airfield has been recognised as having the largest traditional hay meadow in the whole of the South West. Ian

Bonallick, the Botanical Recorder for Cornwall, identified over 150 species of wild flowers, grasses and ferns, including over 3000 orchids of three different species. What a real treat to walk through *Southern Marsh Orchids*, *Yellow Rattle* and *Eye Bright* amongst many others, and all just on our doorstep!



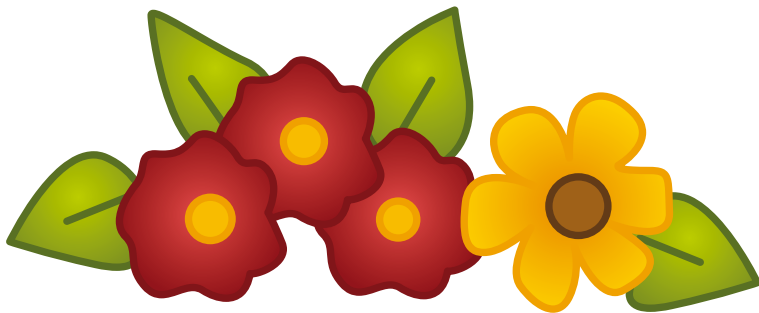
We meet next for our Social on July 21st when this year we are very kindly hosted at **Tregrehan Garden** by Tom Hudson, and Richard, head gardener will give us a short tour of the walled garden. A rare opportunity to visit this garden full of exotic plants and learn more about them and their acquisition.

The **Annual Flower & Vegetable Show** is on Saturday 2nd September, please see the programme included on the following page in this magazine and visit our website: <https://cardinhamgardenclub.wordpress.com/> for more details including recipes for the baking classes. We look forward to seeing you there with your exhibits or as a spectator!

Happy gardening!

Libby

CARDINHAM 45th ANNUAL FLOWER & VEGETABLE SHOW

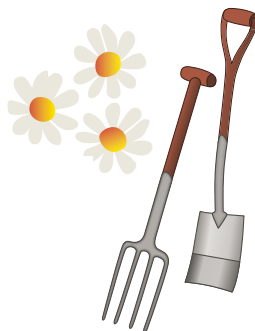


Organised by
The Cardinham & District Gardening Club

2pm - 3.30pm
Saturday 2nd September 2023

**Homemade Cakes, Teas,
Raffle & Plant Stall**

Adults £1 Children Free



VEGETABLES & FRUIT

CLASS (note: one entry per competitor per class)

- 1 4 Potatoes, single variety
- 2 Longest Runner Bean
- 3 1 Squash, any variety
- 4 6 Shallots, white
- 5 3 Onions, white
- 6 3 Onions, red
- 7 4 Carrots
- 8 1 Lettuce, any variety, with roots intact
- 9 3 Beetroots
- 10 6 Runner Beans
- 11 6 Tomatoes, salad
- 12 4 Stems of Mixed Herbs
- 13 6 Cherry or Plum Tomatoes
- 14 1 Cucumber
- 15 4 Courgettes
- 16 4 Vegetables, assorted
- 17 4 Sticks of Rhubarb
- 18 4 Cooking Apples
- 19 4 Dessert Apples
- 20 12 Soft Fruit / Berries



FLOWERS & PLANTS

CLASS (note: one entry per competitor per class)

- 21 5 assorted Seed Heads (can include grasses) in a vase
- 22 3 Dahlias, own choice
- 23 Single Rose
- 24 1 Hydrangea Head
- 25 5 Stems of Annuals
- 26 5 Stems of assorted Herbaceous Perennials
- 27 Vase of assorted Foliage
- 28 Stem of Fuchsia
- 29 A specimen Bloom
- 30 Container of Cacti and/or Succulents



FLORAL ART OPEN



CLASS 31 Dish of Floating Flowers

Overall width not exceeding 30cm/12" wide

NB Competitors must bring exhibits to the Hall complete.

Lack of space makes it impossible to allow entries to be constructed in the Hall.

YOUNG PEOPLE'S COMPETITIONS

CLASS 32 Decorated Wooden Spoon

For competitors aged 9 and under, who have not yet reached their 10th birthday by the day of the Show. Minimal parental help please!

CLASS 33 MINI SCARECROW - not exceeding 40cm

For competitors aged 15 and under, who have not yet reached their 16th birthday by the day of the Show. Minimal parental help please!

OPEN FUN CLASS

CLASS 34 Bug Hotel

For competitors of all ages!



THE SARAH HOLMES CUP

CLASS 35 A Celebration of Cosmos

5 Stems of Cosmos displayed in a vase

COOKERY COMPETITION

CLASS 36 Men Baking Only - 6 Melting Moments

CLASS 36A Ladies Baking Only - Courgette Cake

CLASS 37 Jar of Homemade Jam

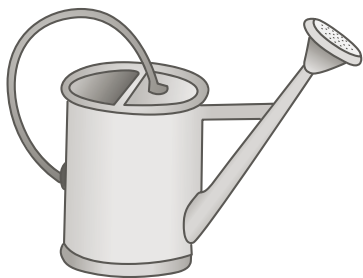
CLASS 38 Jar of Homemade Chutney

CLASS 39 Jar of Homemade Jelly

CLASS 40 4 Fork Biscuits

For competitors aged 15 and under, who have not yet reached their 16th birthday by the day of the Show. Minimal parental help please!

To follow recipes for classes 36, 36A and 40 - please see website
<https://www.cardinhamgardenclub.wordpress.com/flower-show>



SHOW RULES

1. No Entry Fees
2. Entries must be brought to the Hall between 9.30am - 11.30am on the morning of the Show.
3. No competitor may make more than one entry per class.
4. Cardboard plates will be provided and

must be used in the vegetable classes.

5. Vases and containers must be provided by competitors in the flower classes.

6. Entries will be on show from 2pm - 3.30pm. Please remove all entries by 4pm. Prize giving is at 3.15pm.

7. The Gardening Club will not be responsible for any loss or damage.

8. The judges' decision are final.

9. Entries in classes 1 - 30 & 35 must have been grown by the exhibitor.

10. Entries in class 30 must have been owned by the exhibitor for at least 9 months.

11. The Hall will be closed between 11.30am - 2pm whilst judging is in progress.

PRIZE CARDS, POINTS & CUPS

Points will be awarded as follows: 5 for 1st, 3 for 2nd and 1 for 3rd.

Cups will be awarded to be held for 1 year, as follows:

PEARN Cup

BRADLEY SNOW Cup

SNOW Cup

KESTELL Cup

HUTCHISON Cup

SHEILA WORDEN Cup

SLEEP Cup

WALTER BROWN Cup

MARGARET BATE Cup

WI Cup

SARAH HOLMES Cup

Most points in Vegetable Classes 1 - 20

Best Vegetable & Fruit Exhibit in Classes 1 - 20

Best entry 4 Assorted Vegetables Class 16

Most points Flowers & Plants Classes 21 - 30

Best Floral Art Exhibit Class 31

Best Men Only Baking Class 36

Most points won by a Gardening Club member

Best entry in Aged 9 and Under Class 32

Best entry in 15 & Under Young People Class 33

Best entry in Fun Class 34

Best entry in Class 35

All entries in the Children's Classes 32, 33 & 40 will be awarded a £1 prize.

USEFUL PHONE NUMBERS

(preceded by 01208 unless otherwise stated)

Police NON emergency		National 101
Blisland Inn, Blisland		850739
Cardinham Bellringers (Captain)	Peter Tucker	821382
Cardinham Hall Bookings	Julie Best	821227
Cardinham School (Head)	David Jones head@cardinham.tpacademytrust.org	821326
Cornwall Councillor	Jenny Cruse cllr.jennifer.cruse@cornwall.gov.uk	07710 219465
Film Club	Debra Best 821554 Sonia Tucker 821382	Julie Best 821227 Nic Best 821459
Flowers for St. Meubred's	Libby Pidcock	821303
Friends of St. Meubred's	Loveday Sutton	821350
Gardening Club	Loveday Sutton	821350
Helpline	Gill Long / Jenny Saunter	821745 /07854 545467
London Inn, St Neot		01579 326728
Methodist Circuit Office	office@bpwcircuit.org.uk	895157
Millpool Chapel	Shirley Doran	813685
Millpool Coffee Morning	Julia Maynard	821216
Millpool Institute/Snooker Club	John McDonald	821448
Mother & Toddler Group	Crissie Butler	07540 181416
Parish Council Chair	Julie Best cardinhamclerk@gmail.com	821227
Parish Council Clerk	Jo Wilson	01841 520796
Bodmin Team Ministry, Team Rector	Paul Holley	07470 192378
Sports Club	Les Spong	821591
St. Meubred's Focal Minister	Revd John Hereward	79078
St. Meubred's PCC Secretary	Rosemary Rowe	821225
St. Meubred's Reader	Ann Kerridge	76714
St Neot Brownies	Karen Cunningham	01579 321581
St Neot Scout Group	Nick Hinchcliff	01579 320776
Warleggan Young Farmers	Laura Colwill lauragco@hotmail.co.uk	07913 330078

Please send corrections or additional numbers you would like to see to lizzysmart@gmail.com Tel 821101

MY CORNISH ROOTS by Lizzy Smart



Whilst moving recently I found a box of family memorabilia with two newspaper cuttings about my great grandfather Thomas Oates who originally hailed from Gwennap in Cornwall.

My mother Ruth told me that her father Harold Oates had said that Thomas, plus herdsman, had trekked all the way from Cornwall to London with a herd of cows. Apparently, Queen Victoria gave Thomas grazing rights on the Royal Parks around London. But I hadn't heard the following as written by John Hunt in this newspaper article:

RATIONING RUINED OLDEST LOCAL FIRM

One of the oldest firms in Wimbledon put up their shutters for the last time on Saturday. After 89 years in Wimbledon High Street, Thomas Oates, the butchers, closed down.

"It won't seem the same without the old shop there," said 70 year old Mr William Russell who began work with the firm in 1898.

Although the old family business has shrunk, it will still be kept alive. Kenneth Oates (aged 27) will become a Smithfield Market salesman and his mother, Mrs Emma Oates will continue to manage the firm's delicatessen in the High Street.

If the firm had carried on it would have seen the end of meat rationing on July 5th. Said Mrs Oates: "Meat rationing was our ruination. All the big families we catered for were down to 10d or 1s 2d a week for their meat."

The firm started in 1865 when Thomas Oates came from Cornwall. He intended to market meat produced by his brothers in that county. The business opened in a small shop next door to the present premises. A branch in the Broadway was later obtained. This was closed in 1922. Two other shops in London were opened and later closed.

Mr Russell was manager of the High Street shop until 1951 and recalls the early days of the firm. Thomas Oates rented grazing land at Peek's Estate, which stretched from Dairy Walk to Wimbledon Parkside where he kept 200 Welsh sheep. "We would go down and get some of them in the pound. Then we would drive them up here to the slaughter house behind the shop," said Mr Russell.

Wimbledon Motor Works (This was owned by one of Thomas's brothers) has now taken over the land where the Oates's slaughter house stood. There used to be stables there also. "We used to have five delivery carts and take the meat to all the large houses," recalls Mr Russell. "Then we had a two-horse van for Smithfield Market."

But Thomas Oates did not let the grass grow under his feet. He was probably the first man to enter Smithfield Market with a motor van. Mr Russell went there with him and remembers how the crowds stared.

Mr Russell's duties in the shop would be interrupted by a call to go down to Wimbledon Railway Station. Sheep would arrive from Guildford Market and the men drove them through the streets to the slaughter house.

The local people who were well-off would have two meals a day, states Mr Russell, and large amounts of meat would be eaten at lunchtime parties. "There was a great variety of meat in those days, but what has happened to the Scotch beef and English lamb now?" he asks.

Mr Thomas Oates died in 1922 and Mr Harold Oates carried on until his death in 1949."

My parents and my three eldest siblings lived two flights above the Wimbledon Village High Street butchers (pictured) until 1959 which didn't cease trading as reported in this article. I remember as a youngster with my siblings helping ourselves to freshly minced meat - what would Health & Safety have to say about this now I wonder?!

Have any of our readers found interesting articles in their family papers or can relate tales they've been told about life in the past locally?
Please email them to me at lizzysmart@gmail.com or post to me:
Lizzy Smart, Medlar Tree Cottage, Cardinham, PL30 4DL.

Penpoll Accounts



Specialising in small businesses for a friendly, professional & efficient service

Self Assessments, Sole Traders, Lettings or Partnerships,

Vat Returns MTD compliant, Year End Accounts, Bookkeeping,

Payroll & CIS Services.

Fully Qualified and Licensed Member of the AAT

Accreditations FMAAT, MATT

Working with Quickbooks software if desired

www.penpollaccounts.co.uk

Carole on 01208 821846



PENINSULA



Renewable Energy

It Pays To Go Green...

It's never been a better time to invest in green energy,
and the best bit is that you get paid for it too!



**CONTACT
US NOW FOR
FREE ADVICE**

on the Feed in Tariff,
Renewable Heat Incentive
& all your sustainable
energy needs

We supply, install and advise on:

- Solar PV
- Wind Turbines
- Heat Pumps
- Solar Thermal

Tel: **01208 851962** or email: contact@penenergy.co.uk www.penenergy.co.uk



**ANDREW OATES
GARDEN MACHINERY**

**SERVICE
& REPAIRS**



New machinery on request
All leading brands
Prompt service.
Competitive rates
25 years experience
Collection & delivery
service available



**01208 821527
07791930935**

**Ground
Maintenance
Services**

**Hedging & Fencing
Stone Walling
Hedge Laying
Tree Pruning**

**Decking & Patios
Ground Clearance**

Contact:

Greg
07887 877103
01208 821687



Dave
07779 096331
01208 821318

**MARK FITCH
CHIMNEY
SWEEP**

- * BRUSH & VACUUM
- * CLEAN, RELIABLE SERVICE
- * COVERING ALL S.E. CORNWALL
- * DISCOUNT FOR MULTIPLE CHIMNEYS
- * COWLS & GUARDS FITTED
- * STOVES SERVICED



*Call
Mark on:*

**01579 350762
07773 462643**





APS
ARCHITECTURAL
DESIGN

A bespoke Architectural Design service
from inception to completion

For a free consultation
call 01208 821126
www.apsarchitecturaldesign.co.uk



www.bodminairfield.com
Want to Fly an Aeroplane?

Treat yourself to a trial lesson
Gift vouchers also available for the Perfect Gift!



Obtain your Private Pilot License
and other ratings.

Call us for more details

Cornwall Flying Club Ltd. 01208 821419



DARCROFT GARAGE & MOT CENTRE

FOUR WINDS ~ BODMIN ~ PL30 4HH

Class 4 & 7 MOTs



Cars & Camper Vans

Light Commercial

Horse Boxes & Trailers

All Repairs Undertaken

Servicing

Diagnostics

Welding

Local Breakdown Recovery

Friendly Efficient Local Service & Advice

Tel: 01208 821238

ANDREA'S CLEANING SERVICES

RESIDENTIAL:

ONE OFF, REGULAR AND END OF TENANCY CLEANS

FULL HOUSEKEEPING SERVICE:

INCLUDING BED CHANGE, LAUNDRY, IRONING,
DISH WASHING, RECEIVING AND
MANAGING DELIVERIES

HOLIDAY LETS AND AIRBNB:

INCLUDING MANAGED LETTING
(KEY HOLDING), ONE OFF AND REGULAR CLEANS

CRB CHECKED

REFERENCES AVAILABLE



CONTACT ANDREA MALLATRATT TO DISCUSS YOUR REQUIREMENTS
07737 419273 OR 01579 321709
ANDREAMALLATRATT28@GMAIL.COM



Matthew Keast Plumbing and Heating

All aspects of plumbing and heating undertaken
Gas, LPG
Central Heating, Bathrooms, Servicing, Certification
New Builds, Renovations
Tel: 01208 821364
Mob: 07957 727183



R. MEARS & Sons

CHIMNEY SWEEP

Vac & Brush

Cowl Fitting Service

CCTV investigation work carried out

01840 261 221 • 07737 533392



HETAS®
Registered

www.sweepcornwall.com

*Covering Cornwall & West
Devon*

N0711/30134



Controlling in your area

Ants
Cockroaches
Fleas
Flies
Moths
Moles
Rabbits
Rodents
Wasp/Hornets



North Cornwall Pest Solutions

24hr call out
Fully insured
07770677029

finnmore2000@aol.co.uk

Prompt, Discreet, Friendly Service

BPCA Level 2 in Pest Management



Did you know this magazine has been designed and printed in Cardinham?
WE CAN HELP YOU WITH YOUR PRINTING NEEDS!

**Clubs, Groups, Schools & Societies | Salons, Stores & Legal
Hotels, Pubs, Holiday Lets & Restaurants | Attractions & Businesses
Wedding & Personal Stationery**

CORNISH PRINTWORKS

Passionate about Print



Booklets, Flyers, Banners,
Invitations, Menus, Invoices,
Leaflets, Calendars, Vouchers,
Journals, Posters, Greeting Cards,
Business Cards, Brochures
Photocopying and Binding
we can help you!

01208 590095 cornishprintworks.co.uk hello@cornishprintworks.co.uk

WHAT'S ON - AUGUST & SEPTEMBER

BOARDMASTERS FESTIVAL 9 - 13 AUGUST

Get ready to experience Cornwall like never before at the famous Boardmasters Festival. Held in Newquay, Boardmasters is Cornwall's surf and music festival which attracts thousands every year! Florence + The Machine, Liam Gallagher, Example, and many more! <https://boardmasters.com/>

FOWEY ROYAL REGATTA 13 - 19 AUGUST

At this popular event you can expect live music, boat races, children's entertainment, competitions, and the Giant Pasty Ceremony. As well as this, there is a traditional carnival procession, followed by an evening of awe-inspiring fireworks.

<https://foweyregatta.co.uk/>

CORNWALL FOLK FESTIVAL 24 - 28 AUGUST

Get ready to celebrate all things folk at Cornwall's Folk Festival in Wadebridge. Watch the town come alive with music as your favourite folk acts take to the stage across various venues. There's also instrument workshops, street performers, and entertainment for the children to enjoy! Secure your tickets to this year's event where you can see the Fable (Cardinham resident!), Gigspanner Big Band, Teyr, and Sarah McQuaid, to name a few! <https://cornwallfolkfestival.com/wp/>

LITTLE ORCHARD CIDER AND MUSIC FESTIVAL 8 - 10 SEPT

Head down to Healey's Cider Farm and grab a glass ready to celebrate the 10th Little Orchard Cider & Music Festival. Look forward to three days of live music, activities including hoe downs, and battle of the sea shanties. Along with delicious food and bubbling hot tubs to sink to after a day of dancing. The line-up for this year's event doesn't disappoint, with Willie and The Bandits, Emerald, Tankus The Henge, and Ocean Colour Scene already announced! <https://www.cornwallciderfestival.co.uk/>

ROCKPOOL RAMBLE 4 AUGUST

Hannaford Beach, meet below the coastguard station, Looe. Join us during National Marine Week to explore the rocky shore! Delve into gullies, crevices & rockpools to uncover some of the amazing critters that live in our waters! Learn about starfish, crabs, fish, anemones and lots more at this educational event that is guaranteed to satisfy the whole family. <https://cornwall365.com/events/rockpool-ramble-9/>

KNIGHTS' TOURNAMENT AT PENDENNIS CASTLE 8 - 10 AUG

Go back in time and get close to the action, as medieval knights compete in the ultimate test of strength and skill. Arrows will fly, swords will clash and the winner will be decided in the Grand Melee finale. Set against the backdrop of a seaside castle, this family day out is one for the history books. Four rival knights don their armour and battle for glory, as spectators cheer their champion and merry music fills the air. <http://www.english-heritage.org.uk/pendennis>

FAMILY FUN DAY IN TRURO CATHEDRAL 16 AUGUST

This fun-filled free family day in the cathedral includes games, crafts, a bouncy castle, a cake stall and the promise of lots of noisy fun! The day is organised by the local Mothers' Union. Refreshments will be available in the Common Grounds Café. <http://www.trurocathedral.org.uk/>

FUN ON THE FOLLY

is back this August with performance, dance and entertainment every Saturday in Bodmin over the summer holidays. Its completely free and there will be benches and covered areas if wet.

Here is the line up

5 Aug	Flea Circus - shows at 11 am and 2 pm
12 Aug	Off the Wall Ariel performance 11 am, 12.30 pm, 2 pm
19 Aug	Ed Rowe - Cornish Caretakers 11 am and 2 pm
26 Aug	Bodmin Market with fun activities
2 Sept	Battling Butlers performance

intoBodmin
presents

**FUN
ON THE
FOLLY**

FREE

LIVE MUSIC & PERFORMANCE

**BODMIN
TOWN CENTRE**

**EVERY SATURDAY
IN AUGUST**

WWW.INTOBODMIN.CO.UK

FOLLOW US TO STAY UP TO DATE.....

BEATING THE BOUNDS

Is this the last time Cardinham & Millpool did 'Beating The Bounds'?


Please send in photos of any before or since 2006.

We would be interested to know when & why did this first happen?

Please contact the editorial team with any info: cmcmag@outlook.com

Many thanks!

Beating the Bounds
Saturday 13th & Sunday 14th May 2006




The Beaters and Walkers ready to go

28 Walkers:

Morley Allen	Colin Dyer	Gary Rogers
John Bate	Robert Dyer	Sue Rogers
Colin Best	Sarah Dyer	Andy Searle
Steve Best	Michael Frost	Shirley Searle
Nicola Best	Ben Hall	Greg Tucker
Tom Best	Jayne Harris	Jack Tucker
Jenny Bricknell	Becky Hoskin	Peter Tucker
Martin Bricknell	Tim Keat	Sonia Tucker
Peter Crier	Lucy Pool	Tamsyn Tucker
	Chris Rogers	


Supporters:
Julie Best, Jenny Hoskin, Sue Crier, Debra Best, Midge Frost, Edna Ellis, Ella Bate & Ronald Bate. Thanks to the Councillor's wives for providing the refreshments, the ladies who served the tea on Sunday, and to John Bate for the ladders and transport.

Thanks also to Ella Bate and Ronald Bate, for their encouragement and support by driving in their car and meeting with the walkers throughout two days!



Julie throws lucky pennies for the children

Cardinham & Millpool
Community Magazine



Beating the Bounds: May 13th/14th 2006

Issue Two
June/July 2006

Painting by local artist
Ana Jackson

"This is a painting of
bluebells on the road
between Cardinham
School and the turn
towards the Airfield."

Thanks for sharing Ana!



DO YOU ENJOY POETRY? Fancy meeting up?

This may not come to anything but I am a great lover of poetry and I am thinking how enjoyable it would be to join others of like minds who live in the village to read and listen to each others favourite poetry and then discuss the piece. Nothing serious, just a way to enjoy the written word.

To begin with, we would meet once a month here at Cross Park, there would be no subscription or entry fee.

If there is interest, we would look to use the village hall in the future.

Teas and coffees would be provided free of charge.

Interested? Please call me, Barbara Bullion, on 01208 821222

Hello from Rev'd Mo!

I am delighted to have begun my full-time position as Methodist Minister in this area.

I have already been 'in situ' for a year in a part time capacity as Methodist Minister for the Millpool and Bodmin area but will now thankfully have more time to dedicate to the role. I am married to Robin and we have (almost) 2 year old twins, Arthur and Florence, who keep us on our toes! Prior to taking on my full-time Minister role, I worked as a Probation Officer managing high risk offenders both in custody and the community. I've also got a background in the homelessness sector including hopelessness prevention and working with people with complex needs.

I have read with excitement the last few magazines and am impressed with what's going on in the area – I am particularly keen to get involved with the **Pop-Up Pub Nights!** If you see me there, please come over and say 'Hi'. It would be lovely to get to know as many local people as possible.

There's plenty going on in **Millpool Methodist Church** which everyone is most welcome to get involved with. We have loads of fun – there's **Kidz Club** on the first Sunday of each month, **Book Club** on the first Tuesday of the month, **Coffee, Cake & Chat** on the last Tuesday of the month, and our craft sessions '**Crafternoon**' on the second Wednesday of the month. Just turn up – it's very relaxed and everybody is friendly!

If coming to Church is your sort thing (or you think it could be) then of course we'd love to see you at one of our **Sunday Services**. We meet each Sunday at 11am. There's a different person leading it each week so we tend to get a mixture of styles, ideas, beliefs etc. So, if you don't like it one week, you may the next! We are so happy to have anybody with us who wants to belong to a community of friendly people who try to do what we can to be kind and to make the world a better place. We encourage questions and we don't pretend we have all the answers! Millpool Methodist welcomes all, is LGBTQ+ supportive, and celebrates diversity and inclusion.



Rev'd Mo Lawson-Wills

CARDYNHAM CHURCH

We are delighted that, thanks to the help of the **Cally Barrett Wind Turbine Community Fund** we have been able to provide disabled access to the cemetery.



Long before there was a church at Cardinham, there was a graveyard, surrounded by a bank and ditch, probably on the site of St Meubred's grave. The shaft of the stone cross overlooking the steps to the graveyard is the earliest object on site. It is a tall granite inscribed memorial stone and was found against the south east corner of the churchyard wall and was erected here in 1896.

It is said to have been inscribed in Latin '**Ranocori fili Mesgi**': in English '**Ranocorus son of Mesgus**'. See if you can make it out. The inscribed side faces away from the steps, I can't! There are about 40 of these inscribed stones with Latin and/or Ogham (an alphabet used to write the early Irish language from 4th - 6th centuries AD). inscriptions. It is a sign of a very early Christian site. You can see a legible example in Lanivet church.

Since that time, the graveyard surrounding the church has been the last resting place for Cardinham residents until it was closed in 1909. The cemetery down the road, with the new disabled access, was consecrated in 1899. We know from our Visitors Book how often people make a special visit to find the graves of their ancestors. Look around at the grave stones and see the names of so many local families.

Important people tended to be buried inside churches. The oldest we know of is **Thomas Awmarle** whose brass we had copied so everyone can see it. Rectors had the right to be buried in the Chancel, so he is likely to be one of many. In the Lady Chapel is the splendid memorial to the Glyn family. It is likely that this was their memorial chapel and that generations of Glyns are buried there.

Every parish had a cemetery. The right to bury the dead and to baptise were the key privileges of a parish church from medieval times. All churchyards by law were required to be "**decently enclosed with a wall, hedge or ditch**" so the boundaries were clear and animals couldn't stray in. The rector could graze his animals there, they didn't have lawnmowers so animals kept the grass down. He could also use any trees for fuel. There were often public paths. It was a social meeting place so other church laws prohibited "**dances and dishonest games**" and even wrestling. Worse things happened, at least 33 cases of bloodshed were reported in Cornwall and Devon to the bishop of Exeter between 1421 and 1454! With burials the ground level rose. In our case there are over 1000 years of burials. No wonder they needed a new cemetery in 1899!

Ann Kerridge

Cornwall Councillor Jenny Cruse



There are special days and one such one was the **Armed Forces Day** in Falmouth. It was an amazing event and one we in Cornwall should be immensely proud of. The march-by in the morning was just stunning and how those marching managed to stay so on form having arrived at 8am and finally marching at 11am in scorching heat I just don't know. It was good to see so many youngsters in the Services, and I did shed a tear as the Veterans marched past, we owe them so much and all our Armed Services on whom we so depend. The arial display with the Red Arrows, Typhoon and Spitfire was awesome and to finish a splendid concert and fireworks. We have a great deal to be proud of.

This month I volunteered to do some mock interviews with students from **Callywith College** aiming to gain places as apprentices in local firms. It was the first time I had been to the Callywith site, and what an amazing place it is. I am sure the students and staff appreciate the great atmosphere and architecture - it surely must help their positivity. The students I interviewed were all well prepared, articulate and focused on their futures.

As a member of the **Health and Adult Social Care Scrutiny Committee** I have been following the proposed improvements for Health Care at **Bodmin Hospital**. The CT, MRI and ultrasound scanner has already helped clear the local (Covid) backlog and there are plans to offer an **Urgent Treatment Centre** and make Bodmin a health hub for North Cornwall, all of which is only good news for us here in Bodmin. The Integrated Care system is bringing a holistic approach to health care in Cornwall, is now embarking on hearing from a wide range of public engagement as well as online consultation, you can have your say at <https://letstalk.cornwall.gov.uk/integratedcarestrategy>

I joined the **Safer Bodmin Anti-Social Behaviour Pop Up event** on 7th July at Mount Folly. All the main agencies were there to talk about this subject, and we intend to continue this monthly. Before the meeting I enjoyed a bacon butty at the **St Petroc's breakfast club** and a good chat with residents. What an amazing facility and huge thanks to the great band of volunteers and the amazing work they are doing to help those in need.

Last year I brought a Motion to full Council for the **protection of Marine and Coastal wildlife**. I am very pleased that the Government has recognised the problems created by disturbance to wildlife and the new Marine and Coastal wildlife code is fully adopted, details here <https://www.gov.uk/government/publications/marine-and-coastal-wildlife-code>.

I wish all my residents a very enjoyable and restful summer, we are so lucky to live in such a beautiful part of the UK

Jenny

Email: cllr.jennifer.cruse@cornwall.gov.uk Mobile: 07710219465

REGULAR EVENTS

DATE	WHEN	WHAT	WHERE
Monday	7.30pm	Warleggan Young Farmers' Club	JHM
Monday	7.15pm	Millpool Chorale Practice	CRM
Tuesday	11.45-12.45pm	Pilates Mixed Ability Class	JHM
Tue (1st in month)	2.30pm	Book Club (821208)	CRM
Tue (except 3rd)	7.30pm	Bell Ringing	St. Meubred's
Tue (3rd in month)	7.30pm	Parish Council Meeting	CPH
Tue (last in month)	10.30am	Millpool Coffee Morning & Book Swap	CRM
Wed (2nd in month)	2.30-4.30pm	Crafternoon	CRM
Wed (4th in month)	7.30pm	Warleggan History Group	JHM
Thur (1st in month)	2.30-4pm	Tea Party & Chat	CPH
Thur (3rd in month)	12.45pm	Helpline Lunch	CPH
Fri (term time only)	9.15-11.15am	Little Fawns Toddler Group	CPH
Sat (1st in month)	7.30-10.30pm	Pop Up Pub Night	CPH
Sat (last every month)	9am-3pm	Farmers Market , Mount Folly	Bodmin
Sun (1st in month)	10.45am-12	KIDZ CLUB	CRM
Sun (2nd in month)	4pm	Café Church	CPH
Sun	10.30am	Table Tennis (821409)	JHM

CRM = THE COMMUNITY ROOM, MILLPOOL METHODIST CHURCH

CPH = CARDINHAM PARISH HALL,

JHM = JUBILEE HALL MOUNT

PLEASE NOTE: PLEASE CHECK IF YOU PLAN TO ATTEND ANY OF THEM.

Please check village notice boards, emails and organisers for details.

If you have an event you would like us to publicise send details to cmcmag@outlook.com