

CARDINHAM & MILLPOOL COMMUNITY MAGAZINE

OCTOBER - NOVEMBER 2022



Winning design by **JOWAN WHITEHEAD**, age 6, Squirrel Class at Cardinham School, thanks to Robin & Louella Hanbury-Tenison for selecting!

ISSUE 100

Single Issue Price £1.25

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- a Microsoft Word file is best.

Photos should be sent in uncompressed **jpeg** format.

We accept files and advertisements as high res **PDFs** (preferred).

If typed or handwritten, please send it to one of the Editors.

We select articles based on local interest and reserve the right to edit for clarity and length.

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Advertising Rates & Sizes

Advertising is free for all local community and charity events.

All commercial advertising and events will be charged: 1/4 - £24pa. 1/3 page - £36pa.
1/2 page - £60pa. Whole page - £120pa.

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Contact Julia on 821216

The opinions expressed in articles in this magazine are those of the authors, and are not attributable to any member of the magazine production team.

FROM THE EDITOR

This has been a time of goodbyes. We, as a nation, have lost a real treasure in the sad passing of Queen Elizabeth II. She was a steadfast icon to so many and will be hugely missed. God save the King.

We are so grateful to Gill Long who has been an integral part of this Magazine for many years, unfortunately she can no longer help and we will miss her input and wisdom. We are therefore looking for another member to join our editorial team to help with sourcing articles & proof-reading.

If this interests you please get in touch with us.

We are marking our 100th printed issue in this edition. Thanks to the talented Cardinham School pupils who took time to design the front cover - well done Jowan Whitehead - aged 6! for the fabulous Paddington Bear and corgi who truly summed up the last few weeks. Thanks to Robin and Louella for judging the competition too.

Sending best wishes to you all,

Lizzy, Polly, Simon, Marc and Julia

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ST. MEUBRED'S CHURCH UPDATE

Services for St Meubred's, Cardinham in October/November 2022

Oct 2nd	10.am	Animal Welfare and Blessing Service
Oct 9th	4 pm	Cafe Church and opportunity to discuss the Way Ahead for St Meubred's in Cardinham Parish Hall
Oct 16th	3 pm	Harvest Festival In Millpool Methodist Church preceded by lunch
Oct 30th	10 am	Morning Prayer
Nov 6th	9.30 am	Holy Communion
Nov 13th	10.55am	Service of Remembrance at the War Memorial followed by refreshments
Nov 20th	9.30 am	Holy Communion
Nov 27th	9.30 am	Morning Prayer
Nov 27th	10 am	Advent Sunday Team Service at St Petroc's, Bodmin

BOOKS FOR SALE OR SWAP IN ST MEUBRED'S CHURCH

If you have books or DVDs you are happy to donate to our library for others to read or watch, please leave them on the bookshelf as you enter the church. Do help yourselves to either. There is also a table near the North Door where there is a selection of books for sale. Please put any cash in the wall safe beside the font.

Tea Party and Chat

**6th October & 3rd November
from 2.30 pm.**

Join us for a cuppa, cake and chat,
everyone warmly welcome.



Christmas Carol Service with Millpool Methodist Church

Save the date!

Saturday 17th December at 6 pm in St Meubred's Church followed by seasonal light refreshments.

Libby, Churchwarden



Dear Friends,

We are witnessing a change of eras.

The era of Queen Elizabeth II has come to an end and the era of King Charles III has started. This transition has dominated the news since the death of the Queen. Whilst commentators are unanimous about the era that has passed, speaking of the Queen in glowing terms, there is much uncertainty about the era to come. What will life with Charles as King be like?

In the scriptures there are of course many such transitions – some of them smooth and peaceful as we hope our current one will be – others less so. The prophet Isaiah lived through one transition. He writes: “*In the year that king Uzziah died I saw the Lord*”. He goes on to describe an extraordinary vision of the glory of the Lord. Earthly monarchs may come and go but there is One who reigns for ever, more majestic than any earthly monarch, whose kingdom is from everlasting to everlasting. Whatever the new era may bring we can be sure of the steadfast love of our King in heaven.

Last Sunday one of our set readings said this: “*I urge then first of all, that requests, prayers, intercessions and thanksgivings be made for everyone – for kings and all those in authority...*”

May we commit ourselves to pray for King Charles, the royal family and all in authority as together we embark on this new era.

Every blessing, John Hereward



*[photo credit Hello! magazine,
Sept 2022]*



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Subs. to the magazine are £4pa, plus any donation you would like to make. **Subs run from January - January.**

Please pay your distributor as usual, or if you prefer, by Bank Transfer.

The magazine bank account details to use are:

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Cardinham Bell-Ringers mark passing of the Queen

To mark the passing of Her Majesty The Queen, the bell ringers of St Meubred's rang a singular muffled bell for 30 minutes at 12 noon the day after the announcement of her death, and again on the day of the funeral. They will be ringing a non-muffled ring on the day of the coronation of King Charles III in celebration.



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Debra Best
01208
821554

Julie Best
01208
821227

www.cardinhamparishhall.weebly.com
cardinhamhall@btinternet.com

Village Greens

vilaverde@btinternet.com

Gosh, September already which to me means evenings closing in and autumn.

In the woods the trees have been dropping their leaves early to survive the drought and those of you with gardens or smallholdings will be coping with the seasonal gluts. There are umpteen French and runner beans to deal with, the blueberries and autumn raspberries need regular picking, the sweet corn is now ripe, and there are all those free blackberries which are now very sweet and need picking. The rhubarb is still going strong and I am running out of freezer space and Kilner jars.

Alison Crowe would like to know if there is anyone interested in teasel heads for floral displays / Christmas wreaths etc? She needs to cut them soon and would like to find good homes for them. She will also be potting up some if anyone might like the plants. The original came from Great Dixter in Sussex – she was gifted it by the head gardener some years back, so they couldn't have a better pedigree.

Contact me if you are interested and I will pass your details on.

**Email orders to vilaverde@btinternet.com
by SATURDAY, 6PM for orders to collect THURSDAY 3-4PM**



Penny Dreadful Halloween Experience at Lanhydrock

15 - 31 October 2022

11am - 4pm

Some Penny Dreadful characters have come to life in the Lanhydrock nursery. Dare you seek out the haunted treasure and escape the ghostly curse?

Meet pirates, highwaymen and witches, make your own Penny Dreadful in a print workshop and take on the ghost hunter cycle trail at Lanhydrock this Halloween.



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XL Log Nets (pictured) approx 30 logs per net - £7

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Cardinham Sports Club

www.cardinhamsporths.org

Facebook - @cardinhamsporths

Anyone for tennis?

The court is free for members to use, but can also be booked by non-members on a pay-and-play basis, £15 for one hour, or £20 for a two-hour session. All welcome, locals and holiday-makers.

Rusty rackets

Not played in years? Contact us and we'll arrange a time where you can try your hand with other rusty racketeers. Balls and rackets available.

Just £5 per person, or free for members.

Skittles Evening

Saturday 8 October, 7 pm, Jubilee Hall, Mount – A light-hearted event, £3 a head (children free), open to all. Bring your own drinks and snacks. We can form teams on arrival. Any profits will go to club funds.

Pre-Christmas bowling & meal at Trethorne

Saturday 26 November, 7pm – must be pre-booked – a meal at 7 pm, followed by two rounds of bowling. Open to all members and their families / friends.

More info and membership forms: contact Les 821591 or Chris 821409, or go to www.cardinhamsporths.org or Facebook @cardinhamsporths

CARDINHAM HELPLINE



We are so sad to have lost one of our Volunteers and regular lunch attendees, **Sarah Holmes**, who will be very much missed by us as well as in the wider community. We send our deepest sympathy to Ann and Rachel at this time.

**Our lunch dates are October 20th and November 17th.
The Christmas Lunch on December 15th will be at the later time of 1pm.**

Jenny Saunter, one of our co-ordinators, is setting up a WhatsApp group of volunteers. For those who have access this should make contacting you speedier. For those not on this system telephone contact will remain as usual.

We look forward to meeting with you.

All good wishes, Rosemary



Cardinham Parish Hall Events

FILM NIGHTS

1ST OCTOBER
12TH NOVEMBER

7.30pm
Cheesy chips, tea, coffee etc available

Email cardinhamhall@btinternet.com
for details



POP UP PUB NIGHT

29th October 7.30PM

26th November 7.30PM

Food available on both evenings
please see posters & notice boards



PASTY & QUIZ

Saturday 15th October 7pm

Teams of six or less. Entrance fee tba.



Please book 01208 821227. Licensed Bar available.

Tribute to HM Queen Elizabeth II

It is with deep sadness that we learn of the passing of
HM Queen Elizabeth II.

The dedication that Her Majesty has shown over 70 years and we thank
her for her un-resounding service and loyalty she has given to our
Country and beyond. She was remarkable, much loved and respected.
We, as a Parish and the whole country, were grateful that we had the
opportunity to celebrate our Queen's Platinum Anniversary only a few
months ago in June.

We convey our deepest sympathies and condolences to the Royal Family
on their, and the nations great loss.

Councillor Julie Best, Cardinham Parish Council [Written on 8th September 2022.]

CARDINHAM PARISH COUNCIL

Responsibility for Managing and Maintaining Roadside Hedges



If you have a hedge on your property which is next to a public road or right of way then you have a legal obligation to maintain that hedge so that

- users can access the highway and footpaths and
- that their safety is not compromised.

This applies whether you are a landowner/farmer, business owner or owner of a residential property where a hedge abuts a public highway.

Cornwall Council has produced a leaflet that explains how best to look after and maintain your hedges and how best to fulfil your legal obligations.

The link to the leaflet is <https://www.cornwall.gov.uk/media/u4aophcp/cornish-highway-hedge-leaflet.pdf>

The main points to note are listed below but please read the leaflet for further details on your obligations.:

- your responsibility relates to any hedge that directly abuts a public highway
- If highway hedge growth has become a problem Cornwall Council can serve notice on the owner / occupier requiring the work to be completed in a specified time period. If it is not done Cornwall Council can have the work done and recover the costs from you.
- Contractors working for Cornwall Council must clear surface growth; side growth remains the responsibility of the landowner.
- Hedge trimming should be undertaken annually in winter months December to February.
- Summer trimming should only be done once in June /July on
 1. All roads- where visibility is impeded ie at junctions/ passing places/blind bends
 2. Two Lane roads – to minimum width of 5.5m/ to maintain the free flow of traffic
 3. Single Lane roads – to minimum width of 2.75 m / to maintain the free flow of traffic.
 4. Where there is a verge, trim to maintain visibility
 5. A margin of 1.5m should be maintained for pedestrian use where necessary.
- Height – if trees canopy over the highway they must be cut to a suitable height for usage over the highway. This varies from 2.1m over footpaths to 2.5m over bridleways and to 5.2m over roads. It is best done during December to February. Advice can be obtained from Cornwall Council - Environment Planning and Economy.

Happy Birthday Margaret Bate!

Who celebrated her 80th
on the 18th September
Hope we look as fabulous
as you do at your age.

Lots of love from all the family
xxx



COST OF LIVING - ENERGY SAVING TIPS

from Barbara Bullion

Change my bed linen every ten days and not weekly, thereby saving on use of electricity used by washing machine.

Try not to use the tumble drier which gobbles up electricity.

Not leave electrical appliances on standby as by doing so can cost up to £30 per year.

Not use the vacuum cleaner so often.

Switch off all unnecessary lights and switch to LED bulbs which do not use as much electricity.

Try not to use the electric cooker but use the Aga instead albeit might be slower. Also have heard slow cookers and air fryers can help with energy usage.

Wear warm sweaters in the house and if bitterly cold wear a woolly hat in the house.

Limit running dishwasher unless have cooked a roast or am entertaining.

Keep the woodburner going night and day.

[Thanks for your tips Barbara, if you have any energy saving tips we would love to hear from you!]

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MOUNT & WARLEGGAN EVENTS

LONDON INN QUIZ

Raising funds for Mount Chapel on Monday 28th November

Test your brains in a great locations
book your table via The London Inn.

MOUNT TREE LIGHTING & VALLEY VOICES

Christmas Carols on Friday 2nd December

Come along and join the villagers in lighting the Christmas tree
followed by a carol concert with mince pies and hot drinks.

WARLEGGAN HISTORY GROUP

Wednesday 26th October—

7.30pm Passmore Edwards Legacy”

With Dean Evans

John Passmore Edwards was a Victorian philanthropist and life-long champion of the working classes. He established a foundation which funded libraries and educational institutions in London, Cornwall and elsewhere. More than 70 major buildings were established as a result of his bequests. All welcome £2 / head

In addition to our History Group here at Warleggan,

ST NEOT HISTORIANS have many interesting talks and visits.

They meet the first Monday of each month usually in the room above
The Club or the Sunday School. At 7.30pm.

Monday 3rd October

1980's Film Night

(Mary Bellringer's Digitised Cine Films of Village Life
Presentation by Barbara Timms

7th November

“Vicars of St Neot—the Good, the Bad and the Afflicted”

Presentation by Chris Timms

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News from Millpool Methodist Church

By the time you read this we will have held our annual *MacMillan coffee morning*. Hopefully, we will once again be able to pass on a good donation to this very worthwhile cause.

The Chorale are singing at Millpool twice during October. On the 2nd there is a joint concert with another local ladies group, **Fusion**, with Cornish yarns told by Roger James. John Keast will be our Chairman. This starts at 3.30 pm and ends with refreshments. Two weeks later, on the 16th, the Chorale will be singing at our **Harvest Festival**.

We are having our usual **Harvest Lunch** at 1.00pm. *Please book with Julia on 01208 821216 by Sunday 9th*. The **Service** at 3.00pm will be led by Rod Harrison, followed by light refreshments. Donations for the Food Bank, before, or on the day, will be gratefully received.

Our **Autumn Church Council Meeting** is on Wednesday November 2nd at 7.30pm.

There will be no service at Millpool on November 13th as we will be attending the **Remembrance Day Service** at Cardinham War Memorial.

Services for October:

- 2nd Mr Gardiner
- 9th Mrs Bailey
- 16th Mr Harrison
- 23rd Church Fellowship
- 30th Rev Lawson-Wills

Services for November:

- 6th Church Fellowship
- 13th Cardinham War Memorial
- 20th Rev Harrod
- 27th Mr Tilling



**MILLPOOL CHORALE
IN CONCERT
WITH GUESTS
FUSION and ROGER JAMES
CHAIR: MR JOHN KEAST
SUNDAY, 2ND OCTOBER
3.30 PM
AT MILLPOOL METHODIST CHURCH
FOLLOWED BY LIGHT REFRESHMENTS
COLLECTION FOR CHURCH FUNDS.
ALL WELCOME.**



**MILLPOOL
HARVEST CELEBRATIONS
SUNDAY, 16TH OCTOBER 2022
HARVEST LUNCH
1 PM**

**HARVEST FESTIVAL
3 PM
WITH MR ROD HARRISON**

(Donations of food gratefully accepted for Bodmin Food Bank)

EVERYONE WELCOME

CARDINHAM & MILLPOOL COMMUNITY MAGAZINE COVER COMPETITION

To celebrate our 100th printed issue we asked Cardinham School pupils to design our front cover. We were inundated with colourful designs. Their designs had to include '100', and if possible Queen Elizabeth II, the new King Charles III, corgis, Cardinham, flags, bunting.. anything really! Robin and Louella Hanbury-Tenison very kindly chose the winning design (thank goodness as the competition was tough!). Jowan Whitehead was the winner - see the front cover, and the following were highly commended. Thanks to all who entered.



100 100
100 100
100 100
100 100
100 100

Floss Harrison

Aged 9, Deer Class

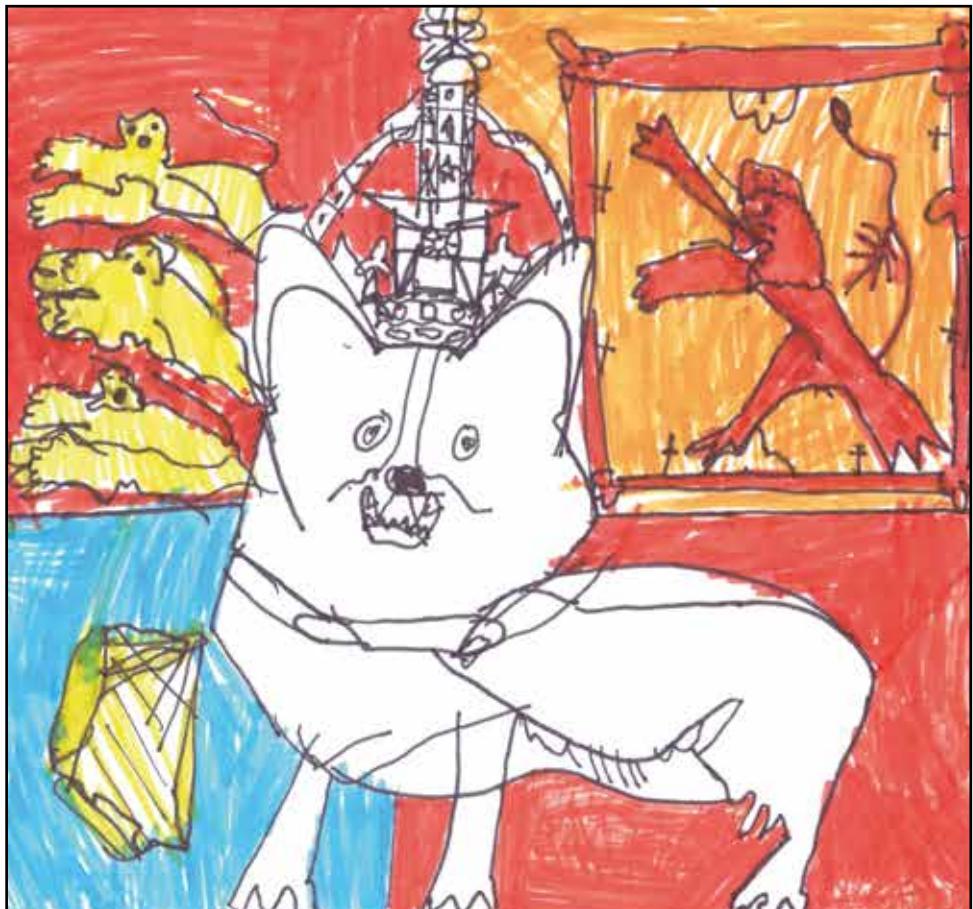
100 100 100
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Alicia Szilagyi

Aged 8, Fox Class





100 100 100
100 100

Samuel Temple
Aged 10, Deer Class

100 100 100
100 100 100

In Memory of Her Majesty The Queen

My friend Rosemary Penn and myself are planting an oak tree each in remembrance of Her Majesty The Queen.

I like to plant trees when family members and close friends die and the Queen has been there throughout our lifetime so we feel appropriate to plant a tree for her.

Barbara Bullion



USEFUL PHONE NUMBERS

(preceded by 01208 unless otherwise stated)

Police NON emergency		National 101
Blisland Inn, Blisland		850739
Cardinham Bellringers (Captain)	Peter Tucker	821382
Cardinham Hall Bookings	Julie Best	821227
Cardinham School (Acting Head)	David Jones	821326
Cornish Guardian Correspondent	Lesley Martin	821200
Cornwall Councillor	Jenny Cruse cllr.jennifer.cruse@cornwall.gov.uk	07710 219465
Film Club	Debra Best 821554 Sonia Tucker 821382	Julie Best 821227 Nic Best 821459
Flowers for St. Meubred's	Libby Pidcock	821303
Friends of St. Meubred's	Loveday Sutton	821350
Gardening Club	Loveday Sutton	821350
Helpline	Gill Long/ Jenny Saunter	821745 / 821217
London Inn, St Neot		01579 326728
Methodist Circuit Office	office@bpwcircuit.org.uk	895157
Millpool Chapel	Shirley Doran	813685
Millpool Coffee Morning	Julia Maynard	821216
Millpool Institute/Snooker Club	John McDonald	821448
Mother & Toddler Group	Crissie Butler	07540 181416
Parish Council Chair	Julie Best www.cardinhamparish.net	821227
Parish Council Clerk	Jo Wilson	01841 520796
Bodmin Team Ministry,Team Rector	Paul Holley	07470 192378
Sports Club	Les Spong	821591
St. Meubred's Focal Minister	Revd John Hereward	79078
St. Meubred's PCC Secretary	Rosemary Rowe	821225
St. Meubred's Reader	Ann Kerridge	76714
St Neot Brownies	Karen Cunningham	01579 321581
St Neot Scout Group	Nick Hinchcliff	01579 320776
Warleggan Young Farmers	Laura Colwill lauragco@hotmail.co.uk	07913 330078

Please send corrections or additional numbers you would like to see to lizzysmart@gmail.com Tel 821101

In Memory of Her Majesty The Queen

Robin and Louella Hanbury-Tenison share their encounters with our much-loved dear Queen:

Everyone is keen to share their stories of meeting the Queen! Those of us have who been lucky enough to meet her have been touched and saddened by her death. Here are our lucky encounters!

Robin went to a small lunch party with the Queen and Prince Philip at Buckingham Palace in 1965 after an expedition. There were 4 guests: Henry Cooper, the boxer and Sir Christopher Cockerell, who invented the hovercraft. The big hovercraft expeditions were the result, thanks to Prince Philip. The 4th guest was an actor.

Robin and Marika went to an incredible State Banquet in about 1975 for President Suharto of Indonesia and stayed on afterwards for an intimate hour alone with the Queen and Prince Philip, who described what a hilarious time they had had processing through London in separate carriages with Suharto and his wife respectively. They had to keep pointing out things to distract them from all the protestors.

Robin and I stayed the night at Windsor Castle and had 8 Royals and 22 guests at dinner in 1988. I sat on a sofa after dinner with the Queen on one side and the Queen Mother on my other side for over half an hour having a wonderful talk. I was aware others might have wanted to have time with them but knew it was not for me to get up first!

We were invited to take our three boys to the Christmas Party in the Royal Mews in 1992 and went back to the Crown Equerry's house afterwards with the Queen for drinks. There were only 12 of us there, 3 of them the boys, and the Queen chatted and told stories to them and was really lovely. Father Christmas gave them presents and when Merlin (8) opened his and thanked her profusely (it was a really good car and quite expensive) she said 'Don't thank me Merlin, you have to thank Father Christmas', to which he replied 'Yes, but you paid for it!'.

All our encounters with them were magical and obviously very special. The only downside was being woken up at Windsor Castle at 7.00 a.m. with the Royal Piper playing the bagpipes outside our room as he paced up and down the terrace of the Castle!

She will be much missed and the solemnity and dignity of the proceedings since the shock news of her death has been appropriate and very emotional. Charles and Camilla will be perfect in their new roles and we are proud to say:

God Save The King

Magdalene Centre of Wellbeing

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Taken from 'Dr. What's the Alternative?' by Doctor Hillary Jones

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Help out with a nibbled nut hunt!

As you may be aware, small mammals are an especial concern of mine. They are of concern as they play an important part in food chains and are a good indicator of animal and plant diversity in an ecosystem. A drop in their population can have a ripple effect within food chains and have dire effects to other wildlife populations.

Of all the mammals my favourite has to be the **Hazel Dormice**, which in the UK is a protected species. They are now very rare and vulnerable to extinction, which has caused them to become a priority species in the *UK Biodiversity Action Plan*, as well as being protected under the *Wildlife and Countryside Act 1981*. In 2017 it was stated that the population had plummeted by 72% within the last 25 years.



Hazel dormice are not actually mice; this tiny little nocturnal mammal is more closely related to squirrels and beavers! The word 'dormouse' originates from the world '*dormeus*' which translates to 'sleepy one' – aptly named as they sleep for the majority of the year. They are arboreal mammals, which means they spend a lot of their time in trees and are highly acrobatic.

With the steep decline in dormice it is essential that places where dormice are present are located, so that the dormice can be protected and habitats improved to encourage their further distribution in the countryside.

Dormice are normally active at night, so it's unusual to come across one by chance. Luckily, dormice open hazelnuts in a very specific way to get at the kernel within; so by looking at hazelnuts dropped under hazel trees or shrubs we can tell if there have been dormice around, chomping their way through these nuts. They will eat hard brown nuts but do prefer green ones as these are easier to access.

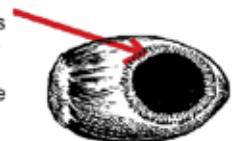
A nut hunt is very simple and a great way to spend some time outside on an autumnal or wintery day. It can be a fun family activity too. As you'll be looking for hazelnuts, it's important to find hazel trees or shrubs in woodland or hedgerows. Hazelnuts are most likely to be under these or in scrubby areas that contain hazel. Please remember to always ask the landowners permission and do not stray off public footpaths.

If you find any nuts with circular holes in them, make an accurate recording of exactly where the nut was. Once you've completed your search, take the hazelnuts home and use a magnifying glass to identify who has been nibbling them. Dormice aren't the only animal that love hazelnuts. Mice and voles make a similar shaped hole when they gnaw a hazelnut, but it's possible to tell the difference (see illustration). If you think you have a dormice nibbled nut, please contact me, you may have found an important new location for the species.

Dormouse chewed hazelnuts have a smooth inner rim with tooth marks at an angle to the hole on the nut surface and look a little like a clog.



Woodmouse chewed hazelnuts have tooth marks both on the inner rim of the nut and on the surface around the edge of the hole



Vole chewed hazelnuts have toothmarks across the inner rim of the nut but don't leave any marks on the surface around the edge of the hole.



As squirrels and birds are larger than small rodents they simply crack a hazelnut open, shattering the shell.



Dormouse have been found in Warleggan, on private land adjacent to a footpath which has been surveyed with the owner's permission. They have also been found on Bunny's Hill. Dormice are monitored in the Cornwall Wildlife Trusts Cabilla Woods reserve. Here there are 100 nest boxes which are part of a national monitoring scheme. As a protected species, disturbing or disrupting the habitats of dormice is classed as an unlawful act. However for monitoring and research purposes it is possible to train for a dormouse handling licence and the photograph accompanying this article is of a semi-torpid dormouse found this summer by myself and another trained handler. Although dormice have been monitored this year, numerically it has not been a great year, so we really do need to find other locations, where, hopefully dormice are prospering.

So please help, whether it is in your garden, when you take the dog for a walk or if you go out specifically to hunt for nibbled nuts, look out for hazelnuts. There must be more dormice out there and we cannot let such a cute mammal become extinct on our watch!

Lynda Small

broadaoakview@btinternet.com



Cardingham & District Gardening Club

Gardening Club Report

More dry weather but our gardens seem to be coming through OK, I know many people are now planting their gardens with the drier summers in mind. Quite a challenge! However Sue and Bernie's garden was lovely when we held our social evening there in July. We enjoyed a guided walk around the 2 acre garden to see the herbaceous and shrub planting, productive vegetable plot and polytunnel, woodland and pondside walks as well as the recently renovated waterwheel pit. So much variety and care in the planting and planning of the various features. Thanks to them both for generously hosting the evening.

In spite of drought and late spring, our **Annual Flower & Vegetable Show** was a great success, with more entries than we expected giving the judges quite a task!. Our thanks to everyone who took part and to the committee who worked hard to make it go so smoothly. I have listed the Cup winners below:

The Pearn Cup
Bradley Snow Cup
Snow Cup
Kestell Cup
Hutchinson Cup
Walter Brown Cup
Margaret Bate Cup
WI Cup
Sheila Worden Cup
Sleep Cup

Mike Armstrong
Mike Armstrong
Mike Armstrong
Sue Muir
Caroline Blake
Jessica Boyd
Emily Boyd
Nicola Lyne
John Silver
Sue Muir



Our next meeting is on Saturday 15th October, when we visit National Trust **Cothele**, please contact Loveday on lovedaysutton@gmail.com if you would like to join us. The November meeting will be in the Parish Hall at 7.30 pm, when Juliet Rose, from the **Eden Project** will talk about the work of the project including the Wildflower Centre, nature conservation, health and well-being among other topics.

For more details the Gardening Club go to our website at <https://cardinghamgardenclub.wordpress.com/>

We look forward to seeing you at a meeting soon.
Happy gardening! Libby
(Thanks to Lizzy for the photos!)



Bonfire Night Quiz

1. What was Guy Fawkes' real first name?
2. Which King did Guy Fawkes attempt to kill with his Gunpowder Plot?
3. What year did the Gunpowder Plot take place?
4. Which 'P' is the technical term for making and displaying fireworks?
5. Although Guy Fawkes is the most well-known member of the Gunpowder Plot, who was the leader?
6. How many barrels of gunpowder were placed in the cellars under the Houses of Parliament?
7. What religion were the Gunpowder Plot members?
8. What was Guy Fawkes' role in the Gunpowder Plot?
9. Which famous English actor who is a descendant of the leader of the plot starred as him in the BBC drama Gunpowder?
10. Complete the phrase: "Remember, remember..."
11. What was the last name of the brothers Robert and Thomas who were prominent members of the Gunpowder Plot?
12. King James had a medal created picturing a snake hiding amongst flowers to commemorate the discovery of the plot. In which Shakespeare play does the line "look like the innocent flower, but be the serpent under it" make reference to this?
13. How was Guy Fawkes sentenced to be executed?
14. Which gingerbread cake, traditionally made with oatmeal and black treacle, is associated with Guy Fawkes Night?
15. What sort of pet does Albus Dumbledore name Fawkes in the Harry Potter books?
16. Fireworks were originally invented in which country?
17. In which English city was Guy Fawkes born?
18. What fake name was used by Guy/Guido Fawkes when he was caught?
19. For which country did Guy Fawkes fight for in the Eighty Years' War?
20. Who had a hit single in 1989 with "We Didn't Start The Fire"?
21. What girl's name is given to the firework that spins round and round when fixed to something solid?
22. Name three different fireworks.
23. Before adults light bonfires, which small animals should they check for?
24. What is the name for the fear of loud sounds like those caused by fireworks?
25. What speed can fireworks reach?

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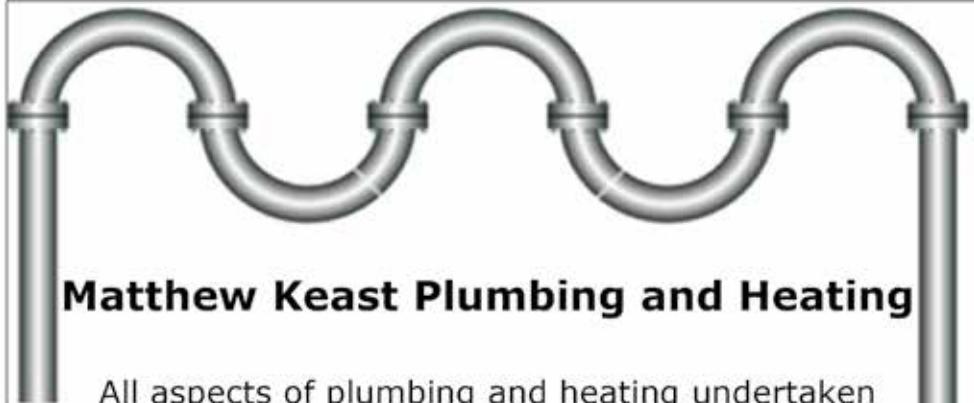
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WHAT'S ON - OCTOBER & NOVEMBER



Tango Calor - A Night in Buenos Aires 8 October

Camel Studio, Bodmin. Tango Calor is one of the most exciting tango bands performing in the UK. Expect an evening of songs and wonderful stories presented to you by sensational Latin vocalist Indira Roman, Mirek Salmon, one of the few masters of the bandoneon based in the UK, and wonderful Dutch jazz pianist Daan Temmink. <https://www.carntocove.co.uk/>

Junior Jailers Tour 30 November

Bodmin Jail, Bodmin. Junior Jailers runs every Saturday 10.30 - 12.00 and has been created for brave 7+ yr olds. Calling all Junior Jailers, Bodmin Jail invites you and the family to step back in time with the grimy Georgians and villainous Victorians on our brand new Junior Jailers Guided Tour.

<https://www.bodminjail.org/whats-on/guided-tours/junior-jailers-tour/>

Shivery Timbers 24 - 28 October

National Maritime Museum. Ghost ships gliding on the foggy seas, a whale with a greedy appetite for pesky pirates and a menacing skeleton crew who lure unsuspecting sailors aboard their ship with ...sausage sandwiches?! This October half term take to the spooky high seas for eerie songs and ghostly shadow puppet stories in the Museum's Main Hall.

<https://nmmc.co.uk/2022/01/silhouettes-shadows-2022/>

Autumn at Wheal Martyn Now - 3 November

The Cornish version of Halloween was Allantide which included the giving of Allan apples as tokens of good luck. This October half term, enjoy a range of exciting harvest activities such as apple printing, corn dolly making, clay play and bug house painting at Wheal Martyn!

<https://www.wheal-martyn.com/Event/harvest-fun-26-oct/>

Lights off Halloween Lantern Trail 22 - 30 October

All the lights are off this Halloween during the October half term holiday as we've transformed the museum into a spooky Lantern trail! Are you brave enough to wander through the dark corridors and listen to the spooky stories along the way? What will you find waiting just around the corner?

Creepy crafts for all ages and ghoulish games for the very brave!

Fancy dress is highly recommended and a special prize for the best Halloween costume will be announced for all those who wish to take part.

<https://www.shipwreckcharlestown.co.uk/events/lights-off-lantern-trail/>

Fireworks at Lappa Valley 28 - 29 October

The historic 18th century engine house is brought alive with a dazzling display of rockets, fountains, candles and more on two dates this year, Friday 28th and Saturday 29th October. As for pre show entertainment, from when the first train of visitors arrives, The Engine Shed featuring the indoor soft play area will be open for children to let off steam and the Woodland Railway will be available to ride prior to the firework show starting at around 7.30pm

<https://www.lappavalley.co.uk/events/lappas-steam-gala-extravaganza-and-fireworks-night/>

WHAT'S ON - OCTOBER & NOVEMBER



Spooktacular Creepy Halloween Half Term 22 - 30 October

Looking for kids Halloween fun in Cornwall? Paradise Park's Spooktacular Creepy Halloween Half-Term is the perfect place to bring the kids for a fun-filled spooky adventure and wonderful wildlife!

<https://paradisepark.org.uk/events-and-news/events-throughout-the-year/>

Tamar Lakes Halloween Trail 22 - 30 October

For some family fun this October half term, come and walk our spooky Halloween trail. Find all nine spooky clues along the trail, each with a letter and seasonal themed clue to help you solve the anagram.

<https://www.swlakestrust.org.uk/Event/tamar-lakes-halloween-trail/>

The Lobster Lollop 19 November

The Lobster Lollop organised by Purple Gecko Events is a no pressure trail run in support of the National Lobster Hatchery! Take part in a timed run out & back along the famous Camel Trail, starting & finishing in Padstow! 2.5k, 5k, 10k & 10 Mile distances to choose from, with Canicross categories in the 5k, 10k & 10 mile. No cut off times, every runner will receive a medal and we will have awards for the top finishers in each distance! This is a family event with something for everyone!

<https://www.nationallobsterhatchery.co.uk/whats-on/>

Callington Honey Fair 5 October

Callington Honey Fair is one of the largest street fairs in Cornwall, with hundreds of people visiting the town to enjoy the one day event. The modern-day fair is held annually on the first Wednesday in October and each year has a unique theme. That same theme is used for the Shop Window Competition and the Children's Art Competition, which attracts entries from eleven primary schools in the region.

<https://www.callingtonlions.org.uk/honeyfair/>

Tate St Ives: Ad Minoliti Now - 30 October

Experience Ad Minoliti's colourful and geometric paintings.

Artist Ad Minoliti draws on the rich legacy of geometric abstraction in Latin America and presents alternative universes influenced by feminist and queer thought. The exhibition will also feature Minoliti's ongoing project The Feminist School of Painting, transforming part of the gallery space into an active classroom.

<https://www.tate.org.uk/whats-on/tate-st-ives/ad-minoliti>

Autumn Family Fun at Stithians Lake 28 October

Come and join South West Lakes' Environment Rangers at Stithians Lake on Friday 28 October for a family activity day, including autumnal crafts, cooking some sumptuous treats around the campfire and maybe even some spooky twists.

There are two sessions to choose from, 10am-12.30pm and 1.30pm-4pm.

Adults £2 and children over 5 £3. Under 5s go free and all ages welcome. Booking is essential, all attendees must book tickets.

<https://www.swlakestrust.org.uk/stithians>



ALLANTIDE: THE CORNISH HALLOWEEN AND IT'S TRADITIONS

Allantide is a Cornish festival signifying the end of summer (equivalent to Halloween). It is traditionally celebrated on the night of the 31st October and the following day. Also known as *Allan Night* or *Allan Day* it gets its name from the little known Celtic Saint, St Allen or Arlan.

In Cornish, Allantide is “*Kalan Gwav*”, meaning first day of winter, centres around juicy red apples. People gave big, shiny (highly polished) red apples to friends and family to bring good luck. Local Allan apple markets were commonly held before the big day.

Older girls would place an Allan apple under their pillow believing that they might see in their dreams the person they might marry in the future.

A traditional Cornish jack-o'-lantern was not made from a pumpkin but instead one of the many locals turnips.

Records show a game played to celebrate Allantide was made by joining two planks of wood together in a cross shape. The cross was then hung from the ceiling with a candle fixed to each point. Allan apples were then hung under the wooden cross. The aim of the game was to catch the apples in your mouth without getting covered in hot wax! Not sure many would play that these days.

Walnuts were often thrown into the hot fire as a way of trying to predict if your partner was being true. Some people attempted to see what their husband's future occupation would be by carrying out a ritual involving pouring molten lead into cold water and interpreting the resulting shape.

As most Halloween traditions seem to come from America now, it is good to have a few local ones to observe as well.

So, don't forget to put a glossy red Allan apple under your pillow for luck on the 31st October, and eat it up in the morning. #Allantide.

Article supplied from:

<https://www.coombefarmcottages.co.uk/allantide-the-cornish-halloween-and-its-traditions/>





News from Bodmin Airfield

WEDNESDAY 12TH OCTOBER AT 7PM - POLLY VACHER - FAMOUS WORLD-ROUNDER & LIFE AFTER FLYING



It is now 21 years since Polly Vacher was the first lady to fly solo around the world in a light aircraft via Australia. Polly went on to be the first woman to fly solo over the North Pole in a single engine aircraft and the first woman to fly solo in Antarctica in a single engine aircraft. **The Wings Around the World** challenge had a longest leg of 15 hours of flying across the Pacific! The voyage to the Ice was the most difficult one as Polly flew over the North Pole and Antarctica. *"Flying there is no joke. I'd done lots of survival training to prepare, from camping alone in the Alps to a week in the Lake District with two ex-marine commandos who gave me a hell of a time. I even learned to shoot in case I'd have to land on the ice and would meet a polar bear. Luckily, I never needed this training. The scariest moment was when my engine quit after I'd passed the North Pole. I got it going again, but I spent the rest of the trip thinking, 'Please don't fail!'"*

Then came the **Wings Around Britain** flights when the main challenge was landing at six or seven airfields a day and at each airfield there was a reception and Polly gave a disabled person a ride. Polly's flying life came to an end after losing sight in her right eye after surgery went wrong. Whilst she was lying in hospital, feeling very sorry for herself, a card from the vicar of a church in North Wales arrived. This gave her the idea for the Donkathon. Travelling 200 miles to St Melangell with her two donkeys, Wizard and Muffin, while raising money for multiple sclerosis, which her nephew had been diagnosed with. It was a light bulb moment. From then on, she has only looked forward, not backwards. Know that if for some reason you have to stop flying, it's not the end of the world.

When asked if there are any similarities between planning the Donkathon and a RTW-flight?

"Loads! This journey will take a month and requires lots of training. Helped by amazing volunteers, we need to organise places to spend the night and plan the route carefully so it doesn't include steep hills or busy roads. In its own way, I'd say organising the Donkathon is as challenging as a RTW-flight!"

Please contact the Club if you wish to attend. 01752 406660 pete@aeronca.co.uk

CARDYNHAM CHURCH

St Meubred's church

In these articles, I hope you have learnt something new about our wonderful ancient church building. You may value our church as the oldest building in the parish, as a place of worship and tranquillity, or as an organisation which contributes to this community, maybe all three! Many of you, beyond our small church community, already support us, at events and with your practical help. We simply couldn't continue without you. Which is why on **Sunday October 9th at 4pm** in the Parish Hall, we'd love you to come and tell us what you think we are doing well and what we might do better. If you can't make it on 9th please email me at quarryann@aol.com with your thoughts. What do you think is the best thing about St Meubred's? Is there anything you'd like to change? How would you like to help?

The oldest building in the parish

St Meubred's has been a place of worship for over 14 hundred years. Visitors come from all over the world and appreciate its beauty. The brass of Thomas Awmarle in our church is unique and one of the oldest in Cornwall. For many years it lay hidden to protect it. We, with other Anglican churches in and around Bodmin, are part of *The Bodmin Way* social enterprise. By working together, we want to be stronger and to survive. Through a funding bid, we were able to have a replica made, which we can share. We also have printed a new church pamphlet, describing our treasures, including the brass and the Cardinham Cross. We would love to install disabled access and toilet facilities but haven't yet got the resources to do this.

A place of worship and tranquillity

It was a shock to us all when the church was compulsorily closed during lockdown. We are delighted to resume normal services. Our regular monthly pattern is 9.30 Holy Communion on the 1st and 3rd Sundays, 4pm cafe church at the Parish Hall on 2nd Sunday, 9.30am Morning Prayer on 4th. We hold a Parish Service of Remembrance and Carol Service. When Cardinham School were unable to hold their Christingle Service during lockdown we gave the children Christingle bags. We welcome the school for their Harvest festival and Christingle services this year.

The Future

St Meubred's has been a place of worship for over 14 hundred years. This is because generation after generation of Cardinham people have cared for this church. We hope it will be there for hundreds of years to come. We, as a congregation, are committed to helping and caring for people in Cardinham. It is why we helped set up the Helpline. But there aren't many of us. We work really hard to raise money for the things we do. We are totally dependent on our own efforts. This is why we want to know if you support us and whether there are things you'd like us to do differently.

Ann Kerridge

Cornwall Councillor Jenny Cruse



This is a most sad and sorrowful time; the passing of our dear Queen has surely left a hole in our hearts. Her lifetime of dedication and wisdom has been the bedrock of our country and has been felt right across the world. Our Queen will be sorely missed by so many. As she would want, we now rally round to support Charles III as he begins his reign. God save the King.

Such is this the time of new beginnings as we also have our new Prime Minister in place. Liz Truss faces a multitude of problems, but I believe she will act decisively. It is my belief that we should all be responsible for our own lives and work to improve the society we live in. One of my favourite sayings from John Kennedy 'ask not what your country can do for you, but what you can do for your country' We are thankful for all the volunteers in our community who do so much for the improvement of peoples' lives.

What particularly concerns me is the situation with the Ambulance service. Stories of lengthy delays and patients waiting for hours to be taken to hospital is very upsetting. *'Acute hospital and ambulance services in Cornwall are being directly and severely impacted by the current significant shortfall in social care capacity in the Duchy. Over the last two years the number of acute hospital beds occupied by patients who are waiting for social care or other community support [before they can be discharged] has almost doubled ... and this has resulted in over 100 of RCHT acute hospital beds now [being] unavailable for our emergency patients.'* I spent 3 weeks in Derriford and saw this only too clearly. Patients unable to be discharged as there are not enough care workers, care homes, and convalescent hospitals. It is a fact that many older people come to Cornwall to retire, not thinking they are moving away from their family. It is not always possible for children to look after their parents when they have jobs and their own children to look after particularly if they are miles away. With an aging population this problem is not going away. We have 4,000 under 18s in Cornwall receiving income support of some kind, surely this army of helpers could be encouraged to do the right thing and become a Care Worker? The news that yet another Care Home in Bodmin is closing is bound to make this situation worse. We need to pay our Care workers more and promote this as a much needed and respected career. When a Care Worker earns less than a supermarket worker something must be wrong. I have previously reported to Officers the lack of support given to the Voluntary Care sector, and there is help now available as a toolkit. We need more small 'convalescent hospitals' where patients who need care and support but don't need ICU can be aided to recovery. We created the Nightingale hospitals, surely, we can be nimble enough to create a solution for this emergency. In the meantime, I would urge you all to familiarise with the nearest Defibrillator, attend a course if available, and make sure you know the initial call procedure, and if possible, attend a First Aid Course. And as always go carefully.

Best wishes, Jenny

Email: cllr.jennifer.cruse@cornwall.gov.uk Mobile: 07710219465

REGULAR EVENTS

DATE	WHEN	WHAT	WHERE
Monday	7.30pm	Warleggan Young Farmers' Club	JHM
Monday	7.15pm	Millpool Chorale Practice	CRM
Tuesday	11.45-12.45pm	Pilates Mixed Ability Class	JHM
Tuesday	7pm	Table Tennis (821409)	JHM
Tue (1st in month)	2.30pm	Book Club (821208)	CRM
Tue (except 3rd)	7.30pm	Bell Ringing	St. Meubred's
Tue (3rd in month)	7.30pm	Parish Council Meeting	CPH
Tue (last in month)	10.30am	Millpool Coffee Morning & Book Swap	CRM
Wed (2nd in month)	2.30-4.30pm	Crafternoon	CRM
Wed (4th in month)	7.30pm	Warleggan History Group	JHM
Thur (1st in month)	2.30-4pm	Tea Party & Chat	CPH
Thur (3rd in month)	12.45pm	Helpline Lunch	CPH
Sun (1st in month)	10.45am-12	KIDZ CLUB	CRM
Sun (2nd in month)	4pm	Café Church	CPH
Sunday	10.30am	Table Tennis (821409)	JHM

NEW!

The Farmers Saturday Market is starting again on the last Saturday in the month at Mount Folly in Bodmin. It would be great to support.

CRM = THE COMMUNITY ROOM, MILLPOOL METHODIST CHURCH

CPH = CARDINHAM PARISH HALL,

JHM = JUBILEE HALL MOUNT

PLEASE NOTE: PLEASE CHECK IF YOU PLAN TO ATTEND ANY OF THEM.

Please check village notice boards, emails and organisers for details.

If you have an event you would like us to publicise send details to cmcmag@outlook.com

Answers to Quiz on Page 28

1. Guido; 2. King James I; 3. 1605; 4. Pyrotechnics; 5. Robert Catesby; 6. 36;
7. Catholic; 8. To light the fuse; 9. Kit Harington (born Christopher Catesby Harington);
10. "...the fifth of November"; 11. Wintour (also spelt Winter); 12. Macbeth;
13. Hung, drawn and quartered (however, he jumped from a ladder while climbing to the gallows and broke his neck); 14. Parkin; 15. A phoenix; 16. China; 17. York;
18. John Johnson; 19. Spain (Catholic Spain against Protestant Dutch reformers in the Low Countries); 20. Bill Joel; 21. Catherine; 22. Catherine Wheel, sparklers, rockets, Roman candle etc; 23. Hedgehogs; 24. Phonophobia; 25. 150 miles per hour