

CARDINHAM & MILLPOOL COMMUNITY MAGAZINE

AUGUST - SEPTEMBER 2022



Haymaking in New Park by the Church, photo by Matthew Barwood

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Please send your contributions to
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- a Microsoft Word file is best.

Photos should be sent in
uncompressed **jpeg** format.

We accept files and advertisements
as high res **PDFs** (preferred).

If typed or handwritten, please send
it to one of the Editors.

We select articles based on local
interest and reserve the right to edit
for clarity and length.

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The opinions expressed in articles in this magazine are those of the authors, and are
not attributable to any member of the magazine production team.

FROM THE EDITOR

Welcome to the AUGUST / SEPTEMBER Issue of the Magazine. Schools out, summer has begun (and the mizzle returned). At least we did have blissful weather for a little while, and the hay was mostly harvested whilst the sun shone (see our wonderful cover and page 35).

In this Issue we have an extra special pull-out centre spread featuring the **Cardinhan 44th Annual Flower & Vegetable Show** - yes! It's back! Which onions will be the best? Who's chutney ticks all the boxes? The Show will be held on Saturday 3rd Sept. Hope to see you all there.

Have a super Summer everyone!

Sending wishes to you all,

Lizzy, Polly, Gill, Simon, Marc and Julia

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ST. MEUBRED'S CHURCH UPDATE

Services for St Meubred's, Cardinham in August & September 2022

August 7th	9.30am	Holy Communion
August 14th	4.00 pm	Cafe Church in Cardinham Parish Hall
August 21st	9.30 am	Holy Communion
August 28th	9.30 am	Morning Prayer
September 4th	9.30 am	Holy Communion
September 11th	4.00 pm	Cafe Church in Cardinham Parish Hall
September 18th	9.30 am	Holy Communion
September 25th	9.30 am	Morning Prayer
October 2nd	10.00 am	Animal Welfare & Pet's Blessing Service

Note The date and time of Harvest Festival has yet to be decided look out for notices.

BOOKS FOR SALE OR SWAP IN ST MEUBRED'S CHURCH

If you have books or DVDs you are happy to donate to our library for others to read or watch, please leave them on the bookshelf as you enter the church. Do help yourselves to either. There is also a table near the North Door where there is a selection of books for sale. Please put any cash in the wall safe beside the font.

TABLE TOP SALE

August 13th, 10 - 12 in Cardinham Parish Hall, with coffee and cake.
To book a table please contact Loveday on 01208 821350

Tea Party and Chat

August 4th and September 1st
from 2.30 pm.

Join us for a cuppa, cake and chat,
everyone warmly welcome.



Libby, Churchwarden



Dear Friends,

This dry and hot weather reminded me of the well-known phrase about making hay while the sun shines. I can see that many of my neighbours have been doing just that – or haylage. Many of Jesus' parables and sayings drew on local contemporary farming practices.

Perhaps one of the most memorable ones is the parable of the sower. Jesus pictures a man sowing seed – imagine a bag of seed over the shoulder and handful being scattered – a far cry from today's computerised, GPS controlled machinery model. Some falls on the path and is trampled on, some falls on rocky soil, quickly sprouts then withers, some gets choked by weeds and some falls on fertile soil where it flourishes and bears fruit.

Jesus is not trying to teach his hearers about agriculture but a spiritual lesson about how we respond to God's word. When Jesus explains the parable to the disciples He makes this clear. The seed is the word of God. The seed that fell on the path are like people who hear God's word but it goes in one ear and out the other, not taking root. That which falls on stony ground is like people who hear God's word and respond initially but when testing times come they fall away. Similarly with those choked by weeds – the word of God is choked out by the troubles and cares of this world. The final, fruitful group are those who hear and respond to God's word, allowing it to flourish and be fruitful.

May we be in that fruitful group.

Every blessing, John Hereward





Our final entry this academic year is dedicated to our Year 6 group

Now that you've finished Year 6,

Your adventure has truly begun.

Your primary schooling has prepared you

For the race life has you run.

We praise you for your efforts,

And send good wishes, too.

We wish for you a future filled with happiness,

And hope your fondest dreams come true.

We wish for you a joy-filled transition from Cardinham School

to the wide world of accomplishment and success.

We wish for you new, stimulating friendships,

while you also cherish old friends,

who provide continuity and comfort.

We wish for you a smooth path

on your journey to your chosen destination,

and as much delight in your off-road adventures too.

Congratulations, Year 6!

May the world embrace you, excite you,

and strengthen you in everything you do.

Adapted from a poem by Joanna Fuchs



WINNER!

Ollie Farley & Binky won the **Best Thelwell** class at the Dartmoor Hunt Supporters Show at Ivybridge with mum Rachael making sure they looked their best. Thanks to Sam & Matthew at Glebe House for loaning Binky for the day!

Well done Ollie!





The Works,
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Subs. to the magazine are £4pa, plus any donation you would like to make. **Subs run from January - January.**

Please pay your distributor as usual, or if you prefer, by Bank Transfer.

The magazine bank account details to use are:

Sort Code: 30-97-28 Account No.: 02314833

Account Name: Cardinham and Millpool Community Magazine

Please add your name/address as reference

Don't forget postage, if applicable, £6pa

Thank you for paying promptly



- Travelling from Cardinham & Millpool to Bodmin on Mondays & Thursdays.
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Andrew & Jacqueline Scholes would like to ask you to raise a glass to celebrate the lives of **Pamela & Peter Scholes** who both sadly passed away recently.

We are so privileged and lucky to have had such wonderful parents and amazing Grandparents to our children. We have shared so many wonderful memories, their love will forever be in our hearts. We're so proud to call you our Mum & Dad.

The Magazine and community will raise a glass to Pamela and Peter. Thinking of you all.

Village Greens

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email vilaverde@btinternet.com
Box collection is every Thursday
15.00 – 16.00 hrs in Mount.

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Chairman

Secretary & Bookings

Debra Best

01208

821554

Julie Best

01208

821227

www.cardinhamparishhall.weebly.com

cardinhamhall@btinternet.com

Village Greens

vilaverde@btinternet.com

I expect by the time you read this the 'heat wave' may be receding. However, it does come as a welcome relief when the weather is the main topic of conversation rather than politics.

Everyone is having supply issues at present and our dairyman can no longer source organic milk. There is still milk in glass bottles to save using plastic, but it is not organic. Some items have disappeared from our list as they are either too expensive or not available. However the local beef and chicken we get is still an excellent buy, so stock up for the month. I am also told there will be some lamb available shortly.

ADVANCE NOTICE

Due to an event involving our volunteers we would like to bring collection forward to **11.00 – 12.00 just on the 11th August**. If this is not convenient for you please do let me know as alternative arrangements can be made.

**Email orders to vilaverde@btinternet.com
by SATURDAY, 6PM for orders to collect THURSDAY 3-4PM**



*On Friday 5th August
Jo & Pete Claridge
will celebrate their
Golden Wedding
Anniversary (50yrs).
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recently returned from
Canada and the Calgary
Stampede! Yee ha!*

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Cardinham Sports Club

www.cardinhamsporths.org
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Anyone for tennis?

The court can be booked on a pay-and-play basis, £15 for one hour, or £20 for a two-hour session. All welcome, locals and holiday-makers.

Or why not become a member, and enjoy free use of the court? Full details on website.

Rusty rackets

Not played in years? Contact us and we'll arrange a time where you can try your hand with other rusty racketeers. Balls and rackets available.

Just £5 per person, or free for members.

Croquet afternoon

Come to our friendly croquet tournament at St Neot Cricket Club field on **Sunday 11 September, 2 pm start**. Open to members and non-members. It's £3 a head for adults (children free) from which we'll make a donation to the cricket club. Bring your own drinks, and something to eat (and share?). For latest details and directions, see posters or website.

More info and membership forms: contact Les 821591 or Chris 821409, or go to www.cardinhamsporths.org or Facebook @cardinhamsporths



Cardinham Helpline lunches have restarted in the Parish Hall and are open to anyone who lives in the parish. A reminder that we have a break in August so the next lunch will be at **12.45 on Thursday 15th September** and then on the third Thursday of each month.

The Helpline contact numbers are listed on the 'Useful Phone Numbers' on page 13 in the Magazine.

Our lift service continues and does not take a summer break!
Malcolm Maynard, Helpline Treasurer



Cardinham Parish Hall Events

FILM NIGHTS

10TH SEPTEMBER
1ST OCTOBER

Due to the licence restrictions we are unable to advertise the film title. Members receive an email with film details.

Please contact us for more info:
www.cardinhamparishhall.weebly.com



POP UP PUB NIGHT

with BBQ - 20th August

29th October

26th November

Come and have a fun social evening. 7-10.30pm



QUIZ EVENING

with Pasty and Bar - 15th October



BIRTH ANNOUNCEMENT

To Merlin and Lizzie Hanbury-Tenison of Cabilla Manor, a daughter, Carenza Carmody born on 21st July. A sister for Loveday. Wonderful news and many congratulations!

CARDINHAM PARISH COUNCIL

Cardinham Parish Council organised a free BBQ and Beacon for parishioners to celebrate Queen Elizabeth's Platinum Jubilee.

We were very lucky with the weather the Beacon was lit at 9.45pm and as it was such a clear night we were able to see several other beacons in the distance.

Thanks go to Steve Best for building such an impressive Beacon and to everyone who helped. Here are some photos from the Beacon and Jubilee Afternoon Tea held at the Parish Hall. Thanks also to John Hereward, Jenny Cruse, Lizzy Smart, Rachael Farley-Claridge and Jenny Saunter for the images below:

Julie Best



USEFUL PHONE NUMBERS

(preceded by 01208 unless otherwise stated)

Police NON emergency		National 101
Blisland Inn, Blisland		850739
Cardinham Bellringers (Captain)	Peter Tucker	821382
Cardinham Hall Bookings	Julie Best	821227
Cardinham School (Acting Head)	David Jones	821326
Cornish Guardian Correspondent	Lesley Martin	821200
Cornwall Councillor	Jenny Cruse cllr.jennifer.cruse@cornwall.gov.uk	07710 219465
Film Club	Debra Best 821554 Sonia Tucker 821382	Julie Best 821227 Nic Best 821459
Flowers for St. Meubred's	Libby Pidcock	821303
Friends of St. Meubred's	Loveday Sutton	821350
Gardening Club	Loveday Sutton	821350
Helpline	Gill Long/ Jenny Saunter	821745 / 821217
London Inn, St Neot		01579 326728
Methodist Circuit Office	office@bpwcircuit.org.uk	895157
Millpool Chapel	Shirley Doran	813685
Millpool Coffee Morning	Julia Maynard	821216
Millpool Institute/Snooker Club	John McDonald	821448
Mother & Toddler Group	Crissie Butler	07540 181416
Parish Council Chair	Julie Best www.cardinhamparish.net	821227
Parish Council Clerk	Jo Wilson	01841 520796
Bodmin Team Ministry, Team Rector	Paul Holley	07470 192378
Sports Club	Les Spong	821591
St. Meubred's Focal Minister	Revd John Hereward	79078
St. Meubred's PCC Secretary	Rosemary Rowe	821225
St. Meubred's Reader	Ann Kerridge	76714
St Neot Brownies	Karen Cunningham	01579 321581
St Neot Scout Group	Nick Hinchcliff	01579 320776
Warleggan Young Farmers	Laura Colwill lauragco@hotmail.co.uk	07913 330078

Please send corrections or additional numbers you would like to see to lizzysmart@gmail.com Tel 821101

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MOUNT & WARLEGGAN EVENTS

CARN TO COVE

At long last Carn to Cove performances have returned to Village Halls.
The Hall Committee is pleased to present :-



'PAULUS - LOOKING FOR ME FRIEND'

JUBILEE HALL, MOUNT
FRIDAY 16TH SEPTEMBER 7.30pm



A funny and touching tribute to this much-loved and sorely-missed
national treasure, **Victoria Wood**.

Written and performed by BBC1's *All Together Now* star, Paulus, ('King of Cabaret', *The Stage*) this brand-new show sees him in a fresh light as a lifelong fan and devotee of the Queen of Comedy. Celebrate her unforgettable characters, songs and sketches and the power of friendships forged through laughter. From Mrs. Overall to Barry & Freda, everyone is there. The only thing that's missing is you.

'If you are a fan of Wood, or simply feel the need for some uplifting, live entertainment, then this is a must see (4 Stars)'

Musical Theatre Review.

See posters / website / facebook nearer the time for more information

PARISH LUNCH

28th SEPTEMBER 12.30pm
Please book with Gill 01208 821494
BEFORE 22nd September

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MILLPOOL METHODIST CHURCH NEWS

Since the last newsletter, we have joined in with the parish celebration of the **Queen's Jubilee**, held our first whist drive, welcomed our new minister, Mo, when she took her first service at Millpool and held a **Summer Fete** as well as continuing with our regular activities. **Chorale practice, Crafternoon** and **Coffee morning** will not take place in August but will resume in September.

A few days before our Fete, four baby hedgehogs (hoglets) were found in Millpool. They are now in the care of **Prickles and Paws** at Cubert where they will remain until they weigh in at 300gms! It was felt appropriate to send a donation to them from profit made at the fete.

Our **Crafternoons** are still proving popular with a variety of activities taking place. In September we are offering an opportunity, for anyone who is interested, to join in a **workshop making Christmas decorations**. So come along if you are interested. Bring scissors, thread etc. If you don't have any suitable fabric there will be some available.

Our **Harvest Festival** is on **Sunday 16th October**, starting with lunch at 1.00pm, followed by a service at 3.00pm, led by Rod Harrison. More details in the next Magazine.

The **Chorale** are hoping to put on a concert at the end of September. Watch the noticeboard for more details nearer the time.

Enjoy the rest of the summer!

Services for August:

- 7th** **Myra Williams**
- 14th** **Church Fellowship**
- 21st** **John Harrod**
- 28th** **Rod Harrison**



Millpool Summer Fete!

*Thanks to Shirley Doran
for the photos*



CARDINHAM 44th ANNUAL FLOWER & VEGETABLE SHOW



Organised by
The Cardinham & District Gardening Club

**2pm - 3.30pm
Saturday 3rd September 2022
in Cardinham Parish Hall**

**Homemade Cakes, Teas,
Raffle & Plant Stall**



Adults £1 Children Free

VEGETABLES & FRUIT

CLASS (note: one entry per competitor per class)

- 1 4 Potatoes, single variety
- 2 Longest Runner Bean
- 3 1 Squash, any variety
- 4 6 Shallots, white
- 5 3 Onions, white
- 6 3 Onions, red
- 7 4 Carrots
- 8 1 Lettuce, any variety with roots intact
- 9 3 Beetroots
- 10 6 Runner Beans
- 11 6 Tomatoes, salad
- 12 4 Stems of Mixed Herbs
- 13 6 Cherry or Plum Tomatoes
- 14 1 Cucumber
- 15 4 Courgettes
- 16 4 Vegetables, assorted
- 17 4 Sticks of Rhubarb
- 18 4 Cooking Apples
- 19 4 Dessert Apples
- 20 12 Soft Fruit / Berries



FLOWERS & PLANTS



CLASS (note: one entry per competitor per class)

- 21 5 assorted Seed Heads (can include grasses) in a vase
- 22 3 Dahlias, own choice
- 23 Single Rose
- 24 1 Hydrangea Head
- 25 5 Stems of Annuals
- 26 5 Stems of assorted Herbaceous Perennials
- 27 Vase of assorted Foliage
- 28 Stem of Fuchsia
- 29 A Specimen Bloom
- 30 Container of Cacti and/or Succulents



FLORAL ART OPEN

CLASS 31 Arrangement in a Commemorative Mug

Overall width not exceeding 30cm/12". Any height.

NB Competitors must bring exhibits to the Hall complete.

Lack of space makes it impossible to allow entries to be constructed in the Hall.

YOUNG PEOPLE'S COMPETITIONS

CLASS 32 Decorated Cardboard Crown

For competitors aged 9 and under, who have not yet reached their 10th birthday by the day of the show. Minimal parental help please!

CLASS 33 Vegetable Animal

For competitors aged 15 and under, who have not yet reached their 16th birthday by the day of the show. Minimal parental help please!

OPEN FUN CLASS

CLASS 34 Painted Pebbles

For competitors of all ages!

PHOTOGRAPHY COMPETITION

CLASS 35 Theme of Photograph : Jubilee

Maximum size 7" x 5" (18 x 13cm). For competitors of all ages!

A Maximum of 2 unmounted photographs per competitor per class)

COOKERY COMPETITION

CLASS 36 Men Baking Only - Victoria Sponge

Recipe provided at <https://cardinghamgardenclub.wordpress.com/flower-show/>

CLASS 36A Ladies Baking Only - Coconut & Cherry Cake

Recipe provided at <https://cardinghamgardenclub.wordpress.com/flower-show/>

CLASS 37 Jar of Homemade Jam

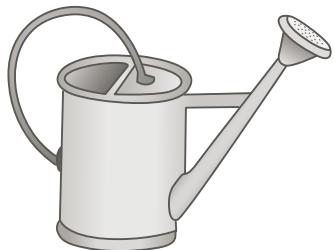
CLASS 38 Jar of Homemade Chutney

CLASS 39 Jar of Homemade Jelly

CLASS 40 4 Fairy Cakes, decorated

For competitors aged 15 and under, who have not yet reached their 16th birthday by the day of the show. Minimal parental help please!

SHOW RULES



1. No Entry Fees
2. Entries must be brought to the Hall between 9.30am - 11.30am on the morning of the Show.
3. No competitor may make more than one entry per class, except for class 35 (Photography).
4. Cardboard plates will be provided and must be used in the vegetable classes.
5. Vases and containers must be provided by competitors in the flower classes.
6. Entries will be on show from 2pm - 3.30pm. Please remove all entries by 4pm. Prize giving is at 3.15pm.
7. The Gardening Club will not be responsible for any loss or damage.
8. The judges' decision are final.
9. Entries in classes 1 - 27 must have been grown by the exhibitor.
10. Entries in class 30 must have been owned by the exhibitor for at least 9 months.
11. The Hall will be closed between 11.30am - 2pm whilst judging is in progress.

PRIZE CARDS, POINTS & CUPS

Points will be awarded as follows: 5 for 1st, 3 for 2nd and 1 for 3rd.
Cups will be awarded to be held for 1 year, as follows:

PEARN Cup	Most points in Vegetable Classes 1 - 20
BRADLEY SNOW Cup	Best Vegetable & Fruit Exhibit Classes 1 - 20
SNOW Cup	Best entry 4 Assorted Vegetables Class 16
KESTELL Cup	Most points Flowers & Plants Classes 21 - 30
HUTCHISON Cup	Best Floral Art Exhibit Class 31
SHEILA WORDEN Cup	Best Men Only Baking Class 36
SLEEP Cup	Most points won by a Gardening Club member
WALTER BROWN Cup	Best entry in aged 9 & under Young Class 32
MARGARET BATE Cup	Best entry in 15 & under Young People Class 33
WI Cup	Best entry in the Fun Class 34

All entries in the Children's classes 32, 33 & 40 will be awarded a £1 prize.

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Taken from 'Dr. What's the Alternative?' by Doctor Hillary Jones

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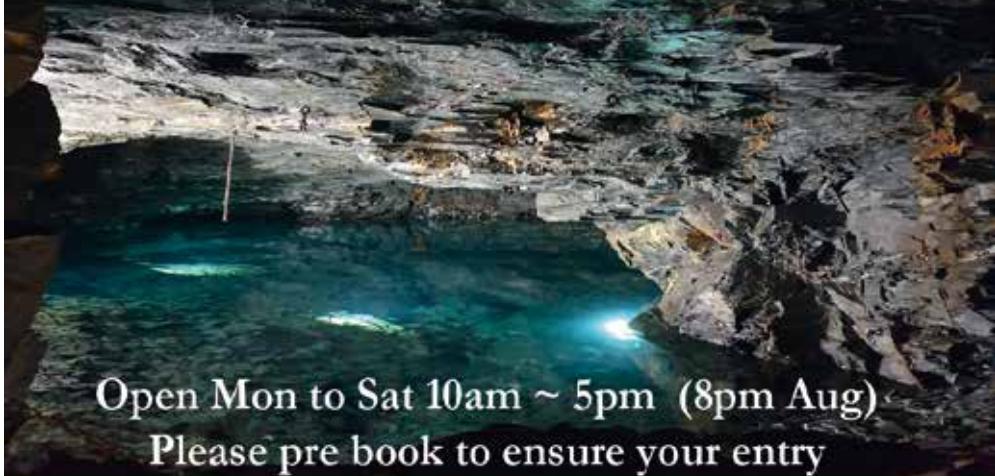


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CHARTERED PRACTICE

VIP VISIT TO ST MEUBREDS

St Meubreds Church had a surprise visit from Melinda Simmons, the **British Ambassador to Ukraine** back in April - unannounced, but she left the following message in the visitors book.

Janet Hereward

7/4/22 Thank you for letting me visit
your church for a few minutes of calm and
reflection

Melinda Simmons

British Ambassador to Ukraine

LBJ's [Little brown jobs]

In the birding world the term LBJ's is used to refer to all the little brown jobs, i.e. all the small brownish sparrows, finches, warblers, etc. It is also used for butterflies. There are quite a few brown butterflies, which like the birds deserve a closer look as they are not as plain and boring as they may initially appear. In this article I am featuring three that are worth looking out for and can be seen into autumn.

Speckled Wood *Pararge aegeria*

This smart brown butterfly can be seen from March to October. It prefers shady places in woodlands but can be seen along hedgerows and in gardens. The adult butterflies that we see live for barely a week. The females will lay single eggs on the underside of a wide variety of grass leaves and up to three generations will hatch in a year so there are always some on the wing. The Speckled Wood is unusual in that it can overwinter either as a caterpillar [larval stage] or a pupa [chrysalis].



Food Plants. The caterpillars which are bright green with faint dark green and yellow stripes, feed on a wide variety of grasses such as False Broom, Cock's-foot, Yorkshire fog and Couch and it needs a supply of these long grasses all year for successive generations to prosper and maintain the population. The hatched caterpillar will live and feed on the food plant, and can overwinter in the plant's base, so long grass should not be cut too short in the autumn. The butterfly will feed on aphid honeydew in the tree canopy and on flowers and berries in autumn.

Speckled Woods are common butterflies in Cornwall, although they may suffer periodic fluctuations, usually due to poor weather. Wing Span Range (male to female): 47-50mm

Wall *Lasiommata megera* (photo on following page)

Another 'brown job' is the Wall butterfly which is declining in numbers and is now a high conservation priority. As can be seen from the adjoining photograph it is a very handsome insect with distinctively placed spots and linear markings. The Wall favours short, open grassland, where turf is broken or stony. It is also found on dunes and other coastal habitats, as well as disused quarries, derelict land, farm tracks, railway embankments and cuttings, gardens and field edges. As its name suggests it can be seen basking in the sun on Cornish stone walls and the Cornish system of footpath, bridleways and farm tracks provides a favourable habitat as long as they are not trimmed. The first adults emerge in May and the females lay single eggs on the food plants, these produce a second generation which is on the wing in August to September.

Food Plants. The main food plants for the caterpillars are Cock's-foot, Wavy Hair Grass [found just on Bodmin Moor], Common Bent, Yorkshire Fog, False Broom and Annual Meadow grass. These grasses are not found in 'improved' grassland which is why keeping the grass long by hedges and on verges and wild areas is so important. Adults feed primarily on Common Fleabane, Daisy, hawkweeds, knapweeds, Ragged-Robin, ragworts, thistles and Yarrow. Wing Span Range (male to female): 44 - 46mm

And this one is just for Cardinham parish.

Small Pearl Bordered Fritillary *Boloria selene*

At one time a colony of the similar and rare Pearl Bordered Fritillary was found in Cardinham [flight period April and May] but none have been sighted since 2014. However there is a small colony of the equally beautiful Small Pearl Bordered Fritillary in Cardinham parish at Bunny's Hill.

Food plants. This butterfly favours grassland, especially damp grassy heath with bracken and scrub. Damp conditions encourage the Marsh Violet to grow and the Common Dog-violet which is the larval food plant. The species is double brooded with the first brood being seen on the wing in May and June with a second brood appearing late July to early September.

Wing Span Range (male to female): 41-44mm



Small Pearl Bordered Fritillary

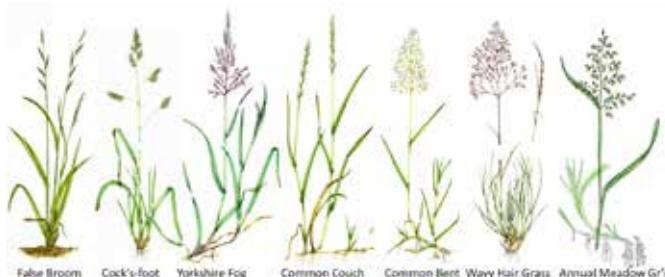


Wall Butterfly

Destruction of habitat is the primary cause of the loss of colonies, whether by agricultural 'improvement' and fragmentation, overgrazing, growth of scrub or changes to woodland.

If you do see any of these butterflies about I would love to know when and where.

Half of Britain's butterfly species are now on the Red List which means they are threatened with extinction. The main causes are climate change and loss of habitats. The beautiful butterflies we see have a very short life span and will nectar on a wide variety of plants. It is the caterpillar that has a longer life and is more specific about what it will eat, but because they are seldom seen they are not thought about, but without a healthy population of caterpillars there will not be any butterflies. A myriad of caterpillars require grass as their foodplant, those mentioned above as well as Small Skipper, Small Heath, Ringlet, Meadow Brown, Gatekeeper, Marbled White, Grayling and Small Copper. As wild flower meadows become a rarity hedges, verges and gardens become more important as corridors of survival for some species. Short mown grass means barren and boring. Long is beautiful and shows you care about the environment.



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CARDINHAM & DISTRICT GARDENING CLUB

Cardinham Gardening Club Report July 2022

This fabulous weather is a mixed blessing for gardeners. Yes, we want sunshine and warmth to ripen and swell fruit and flowers, but we also need moisture, which as I write is in short supply! It has made for lovely garden visits though. The first in June to **Endsleigh Hotel Gardens** at Milton Abbot, a beautiful house built by the Duke of Bedford two centuries ago, and has 100 acres of gardens designed by Humphry Repton. His brief was to make the gardens reflect the Duchess's home in Argyll. Gosh! What can be achieved if one has the cash! Both are a delight and the tour led by the Head Gardener was informative and entertaining. All completed by tea in the parterre.



In July we went to two gardens in Dobwalls: **Dove Cottage** and **9 Higman's Close**, both in the *NGS* booklet and open in August and September too. Both reflect the plant passions of their owners and are gems to visit. So much unusual and interesting design ideas and plants; from Sue's huge succulent collection to Becky's beautiful colour themed areas and clever ideas with mirrors and water features.

Our next major event is the **Cardinham Flower & Vegetable Show** on 3rd September in Cardinham Parish Hall, see the schedule in the central section of this magazine.

It is also available at the website:

<https://cardinhamgardenclub.wordpress.com/flower-show/>

If you would like to enter either the Men and/or Ladies Cookery Classes please visit our website to follow the standard recipe provided.

We are looking forward to receiving lots of entries after two bleak years! See you then!

In the meantime, enjoy your gardens! *Libby*

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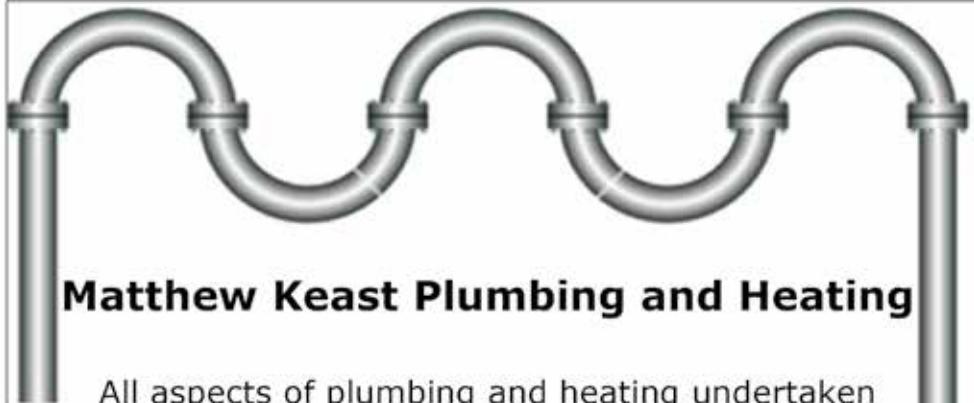
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WHAT'S ON - AUGUST & SEPTEMBER

Boardmasters 10-14 August

With huge headliners including Kings of Leon , De La Soul and George Ezra, the annual Cornish coast festival overlooking Watergate bay and Newquay is a fabulous event. Tickets are still available for 1 day entry at time of press.

<https://www.boardmasters.com/tickets>

Giant Slip & Slide Nr Polzeath / Port Isaac this summer

Fun for all the family with beautiful sea views. The slide is 360ft long with a 3m high launch ramp, they provide inflatable hoops, rings and super fast bodyboards for you to enjoy. Book online.

<https://www.giantslipandslide.co.uk/Index>

Go Wild with Beano at Eden Project 23 July - 4 September

Join us for an action-packed summer programme and help Dennis and friends save Eden from the dreaded CO - Zilla! Loaded with mischief, mayhem and crazy comic fun, an epic adventure awaits at Eden this summer. All visits to Eden must be pre-booked in advance.

<https://www.edenproject.com/visit/whats-on/go-wild-with-beano-at-eden>

Geekfest at Heartlands 6 & 7 August

Our family friendly day time event includes cosplay, live performances, movie props, photo op's, access to lots of traders with everything from board games to unique collectables and lots more!

They'll be a dinosaur area for those who love Jurassic Park, Drone Racing and VR experiences from our sponsor Player Ready Virtual Reality . For those who like gaming Falmouth University Games Academy will be providing consoles and you can have a go at creating your very own gaming world. Try to survive Raccon City with InGame's immersive, Resident Evil experience and make sure to try your hand at archery, axe throwing and LARPing!

<https://www.heartlandscornwall.com/geekfest-2022/>

Last Night of the Proms, Southwest Philharmonia & Chorus, Plymouth

10 September

Now in its third concert season, and renown for their sell out Proms Performances, the South West Philharmonia & Chorus are back, under the baton of Maestro Marcus Alleyne, for one night only, so come and join us, wave your flags, shout, scream and cheer and enjoy everything there is to love about the Last night of The Proms. Whilst supporting our nominated charity Children's Hospice South West.

<https://www.eventbrite.co.uk/o/south-west-philharmonia-amp-chorus-15480921156>

Cornwall Folk Festival, Wadebridge Fri 26 Aug – Mon 29 Aug

This popular event returns to full strength with music in Wadebridge Town Hall, the Betjeman Centre and on the streets over the Bank Holiday Weekend.

On the main indoor stages will be 12 top folk acts, the Far Stage hosts over 25 hours of music from Cornwall, the Westcountry and beyond and more than 40 bands, shanty singers, choirs and dance troupes will bring free live music and dance to the town centre.

<https://www.eventbrite.co.uk/o/south-west-philharmonia-amp-chorus-15480921156>

INSCRIBED STONES AT WELLTOWN

With thanks to Karen Dickin

Sitting high on top of the hedge beside the crossroad just north of Welltown, sit two ancient, inscribed stones. These scheduled monuments are early Christian memorial stones c.AD 400-1100 and quite rare, two of only 37 surviving in Cornwall.

The first stone of rough granite is about 1.5m high and in addition to four modern drilled holes it bears an inscription in two lines of capital letters which reads '**VAILATHI FILI VROCHANI**' (*Vailithus son of Vrochanus* or variation thereof). The stone was moved to its current location from Welltown where it was discovered beside an outbuilding.

The second stone measures approximately 1.7m high with the inscription '**ORATE PRO EP iScopus Titus**' (this may refer to a bishop Titus) It was moved to the crossroads from Tawna Lane where it was being used as a gatepost. Both stones were first recorded by Langdon in 1906 and relocated to their current locations in 1932.



459



458

Over the decades, although periodically cut back, vegetation has grown on the hedge. In June this year there was an urgent need for some clearance work to enable Historic England to undertake some photogrammetry on the stones. This is a recording technique of taking multiple images of an object which is then stitched together using computer software to create a 3D image and uncover fine geometric details.



Photograph of the stones circa 1930

**Landowner Andrew Hammond
hard at work with chainsaw.**

Photograph: Ann Preston Jones



The stones revealed after clearance

Photo: Ann Preston Jones

'Haymaking'

The following is an extract from the poem by **Edward Thomas** of the same name, which is perfectly suited to our front cover and the photographs supplied by **Matthew Barwood** of Glebe Farm, featuring **Chris Brown** hay turning in the old Massey Ferguson tractors.

*... Only the scent of woodbine and hay new-mown
Travelled the road. In the field sloping down,
Park-like, to where its willows showed the brook,
Haymakers rested. The tosser lay forsook
Out in the sun; and the long waggon stood
Without its team, it seemed it never would
Move from the shadow of that single yew.
The team, as still, until their task was due,
Beside the labourers enjoyed the shade
That three squat oaks mid-field together made
Upon a circle of grass and weed uncut,
And on the hollow, once a chalk-pit, but
Now brimmed with nut and elder-flower so clean...*



CARDYNHAM CHURCH

I recently went to a talk at Lanivet Church about their wonderful churchyard crosses. I didn't expect to learn more about Cardynham's treasures at the same time. The speakers have produced a book, held by Cornwall Library service - 'Ancient and High Crosses of Cornwall'. From it, I learnt that both Lanivet and Cardinham are of countywide significance, with our collections of crosses and early monuments. Cardinham has "*one of the most impressive of Cornish crosses.*" "*The presence of such a prestigious monument at Cardinham is unexplained although the place name, documentary and monumental evidence point to this as a site of both ecclesiastical and secular significance.*" "*It implies the presence in the area of an early landowning ecclesiastic community whose lands must have been lost before the Norman Conquest or alternatively a secular patron who was a predecessor of the powerful Norman earls of Cardinham.*"

The book has illustrations that show how Cardynham's ancient treasure, the wonderful Cardinham cross, was found by the Victorians embedded in the chancel wall in 1858, removed in 1872 and set up in its present position in 1878. At the top of the south side of the Cardynham cross is an inscription, thought to be a name. The top of the inscription is missing. What is left is supposed to read [A]R[A]H+. Have a look at the cross, can you see any of the inscription? Could it be the name of the powerful church patron from before the Norman conquest?

Our other great treasure is our inscribed pillar stone from 6th / 8th century. It is above the steps to the road with a later cross head on top. Macalister, in his book 'The Duchy of Cornwall' quoted Arthur Langdon: "*For many years this stone was found leaning against the outside wall of the churchyard at the SE corner with its narrow end resting in the roadway and its wider end against the wall. In November 1896, it was erected where it now stands.*" It has an inscription on the north side. Arthur Langdon, in 1896, read it as '*Rancori fili Mesgi*' - *Rancorus son of Mesgus*. It is in Latin, in two parallel lines running down the shaft. 'Ancient and High Crosses of Cornwall' writes that the inscription is in one line and only 3 letters are legible '*ORI*' with maybe an N before them. It is also probably in Latin, indicating the name of the person commemorated by the stone. Langdon's illustration of the inscription is here.

When I looked at the shaft I could only clearly see the line at the top, but thought I could make out two lines of text. Can anyone else do better?

These two monuments in our churchyard connect us to the deep past, to a time when Cardynham wasn't the quiet backwater it is today. In a stressful summer, come and enjoy the peace of this sacred space and perhaps try to figure out its mysteries.

Ann Kerridge

Cornwall Councillor Jenny Cruse



I hope you all enjoyed the Jubilee weekend. I really had a great time, and it was so good to see everyone making the most of being out and about and having fun. With such a variety of events from dancing at Withiel to attending the service and blessing of the tree at Blisland, and the splendid BBQ provided by Cardinham PC it was truly a memorable weekend. Our Sovereign has a special place in the hearts of her people, and it is so good to continue to see the lovely Jubilee flower displays created by the Garden Club all around the village.

Now the fine weather is with us and the long evenings are here there is more time to enjoy our beautiful county. However, I was very concerned to read a report from the *Cornwall Wildlife Trust* which showed there was a threefold increase in disturbance to coastal and marine wildlife. Disturbance causes anxiety and abandonment, which can lead to predation or starvation. I proposed a Motion to Full Council which detailed additional measures I feel we need to have in place to prevent this worrying and sad increase. Consideration for disturbance of all wildlife should be part of our way of dealing with wildlife encounters. If you see any incidence of concern such as nests being disturbed, cetaceans being harassed by boats, or kayak/SUPs or seals being displaced from their caves please contact *Operation Seabird* on 01825 765546 or 0345 201 2626. Operation Seabird is a national partnership between the Police and Maritime Marine Organisation, businesses, and the public to raise awareness of the sensitivities of our coastline and reduce pressure on our wildlife and their habitats.

The AONB Management Plan 22-27 has been adopted by Cabinet and will be an important consideration going forward in funding, and engagement with our community as well as holding weight in planning matters. The document is interactive and deals with each AONB separately. It is an excellent read and well worth looking at all 277 pages and represents a huge amount of research and work.

With fuel costs going through the roof, I am sure like all of us, are now thinking carefully about our car journeys and trying to link up jobs and visits together to reduce road miles. Car sharing is back as an option. Unfortunately, the demand has not come forward for a bus route to my ward villages so going forward please do let me know if you have any particular difficulties with transport and I can make some suggestions.

Wishing you all a very happy summer and let us hope this glorious weather continues, with of course some convenient nighttime rain.

Best wishes, Jenny

Email: cllr.jennifer.cruse@cornwall.gov.uk Mobile: 07710219465

REGULAR EVENTS

DATE	WHEN	WHAT	WHERE
Monday	7.30pm	Warleggan Young Farmers' Club	JHM
Monday	7.15pm	Millpool Chorale Practice	CRM
Tuesday	11.45-12.45pm	Pilates Mixed Ability Class	JHM
Tuesday	7pm	Table Tennis (821409)	JHM
Tue (1st in month)	2.30pm	Book Club (821208)	CRM
Tue (except 3rd)	7.30pm	Bell Ringing	St. Meubred's
Tue (3rd in month)	7.30pm	Parish Council Meeting	CPH
Tue (last in month)	10.30am	Millpool Coffee Morning & Book Swap	CRM
Wed (2nd in month)	2.30-4.30pm	Crafternoon	CRM
Wed (4th in month)	7.30pm	Warleggan History Group	JHM
Thur (1st in month)	2.30-4pm	Tea Party & Chat	CPH
Thur (3rd in month)	12.45pm	Helpline Lunch - Millpool Chapel	CPH
Sun (1st in month)	10.45am-12	KIDZ CLUB	CRM
Sun (2nd in month)	4pm	Café Church	CPH
Sunday	10.30am	Table Tennis (821409)	JHM

NEW!

The Farmers Saturday Market is starting again on the last Saturday in the month at Mount Folly in Bodmin. It would be great to support.

CRM = THE COMMUNITY ROOM, MILLPOOL METHODIST CHURCH

CPH = CARDINHAM PARISH HALL,

JHM = JUBILEE HALL MOUNT

PLEASE NOTE: PLEASE CHECK IF YOU PLAN TO ATTEND ANY OF THEM.

Please check village notice boards, emails and organisers for details.

If you have an event you would like us to publicise send details to cmcma@outlook.com