

CARDINHAM & MILLPOOL COMMUNITY MAGAZINE



JUNE-JULY 2022



Ollie's bluebell walk

Thanks to Rachael & Adam Farley for the image (see page 30)

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- a Microsoft Word file is best.

Photos should be sent in
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We accept files and advertisements
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If typed or handwritten, please send
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We select articles based on local
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The opinions expressed in articles in this magazine are those of the authors, and are
not attributable to any member of the magazine production team.

FROM THE EDITOR

Dear everyone,

Welcome to this issue of the Cardinham & Millpool Community Magazine, and what a super-strong community we have!

We are celebrating, not only the wonderful success of Her Majesty's epic 70 years on the throne, but also our very own '*movers and shakers*' right here in our community! On pages (!) 15, 30 and 36 we find out how little 7 year old Ollie Farley has been fundraising, Tim Keat's fantastic vintage rally Road Run (with images!) and the success of Evie Matthews' visit to Buckingham Palace.

What achievements! Congratulations!

We also have several interesting, historical articles for you and we celebrate the life of dear May Tucker on pages 12-13.

Sending wishes to you all,

Lizzy, Polly, Gill, Simon, Marc and Julia

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ST. MEUBRED'S CHURCH UPDATE

Services for St Meubred's, Cardinham in June & July 2022

June 5th	9.30 am	Holy Communion
June 12th	4 pm	Cafe Church in Cardinham Parish Hall
June 19th	9.30 am	Holy Communion
June 26th	9.30 am	Morning Prayer
July 3rd	9.30 am	Holy Communion
July 10th	4 pm	Cafe Church in Cardinham Parish Hall
July 17th	9.30 am	Holy Communion
July 24th	9.30 am	Morning Prayer
July 31st	10 am	Joint Service at St Petroc's

BOOKS FOR SALE OR SWAP IN ST MEUBRED'S CHURCH

If you have books or DVDs you are happy to donate to our library for others to read or watch, please leave them on the bookshelf as you enter the church. Do help yourselves to either. There is also a table near the North Door where there is a selection of books for sale. Please put any cash in the wall safe beside the fonts.

Tea Party and Chat

Note June 5th there is a joint Tea Party to celebrate the Queen's Jubilee from 4pm, please bring a plate of food to contribute..
Tea party July 7th as usual from 2.30 pm.
Join us for a cuppa, cake and chat, everyone warmly welcome.



July 30th - Concert in St Meubred's Church, followed by light supper.

We are delighted to welcome Loveny Choir and Millpool Chorale. This will be an evening performance time to be confirmed. Look out for more details nearer the time.

Libby, Churchwarden



Dear Friends,

I recently spent a whole day walking round the Bodmin Way. This is a route which links all five churches in the Bodmin team and is just over 20 miles long – in fact a modified version of the Way has recently been run as the Bodmin marathon. We had a very different intention from racing, our aim was to walk the way as a pilgrimage.

One aspect of pilgrimage is visiting holy sites – such as people who go on pilgrimage to Lourdes or Jerusalem. This we did by visiting the churches along the route plus the holy wells and Celtic crosses. These are very visible reminders that people of faith – both Christian and pre-Christian – have lived here over many centuries.

Another theme of pilgrimage is companionship. There were three of us who walked the whole route but others joined us for different parts of the Way. I have found over many years of walking in various places that the act of walking together often creates opportunities for deep conversations. I was reminded of the story in Luke's gospel where two disciples were walking home after the first Easter weekend and Jesus himself drew near and went with them.

A third aspect is hospitality. It was lovely to be welcomed at each of our churches by friendly people who offered us a place to sit, food and drink, and words of encouragement. Many of our church family may not be able to do the walking but the offering of hospitality to those who were walking is a real gift gratefully received. So as we journey through life may we be inspired by those who have gone before us, be companions to one another along the way and enjoy both giving and receiving hospitality.

Every blessing, John Hereward



TALES FROM PINSLA GARDEN

GARDENS IN CARDINHAM OPENING FOR CHARITY

Do you like visiting gardens?

On Sunday July 3rd, four Cardinham gardens are opening for the *National Garden Scheme*, a charity that donates all proceeds to nursing and health including *Macmillan Cancer Support, Marie Curie, Hospice UK, and Parkinson's UK*.

The open gardens are **Madderhay**, below the church, with its soft palette of flowers and scented roses clambering over arches, overlooking rolling countryside; **Haygrove Cottage**, Millpool, at 200m has spectacular views across the valley. It is an informal cottage garden, encouraging wildlife with pond, meadow, vegetables, and flowers; **The Beeches**, opposite the tennis court, is a small rural idyll being adapted for easier maintenance, with shrubs, colourful containers, roses & climbers; and **Pinsla Garden**, between Cardinham and Fletchers Bridge, with colourful naturalistic planting, stone circle and vegetable garden in peaceful woodland. Parking and gardens map at Parish Hall. There will be home-made teas in the Parish Hall from 2 to 5pm.

For more info visit:

<https://ngs.org.uk/view-garden/43645>

Happy Gardening from Claire & Mark at Pinsla Garden

ST. MEUBRED'S PLANT SALE

Plant Sale with Coffee & Cakes in Aid of St Meubred's Church on 21st May in Cardinham Parish Hall



Such a pleasant time together with Cardinham community. Thank you to all who came - a wonderful total of **£459** was raised for the upkeep of the church.

Well done everyone! Ed.



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Please pay your distributor as usual, or if you prefer, by Bank Transfer.

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- Travelling from Cardinham & Millpool to Bodmin on Mondays & Thursdays.
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Here is a photo of
St Meubred's mini Easter Garden
Thanks Lizzy for the photo!
What a gorgeous scene!



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Village Greens

IMPORTANT DATES. On Thursday 2nd June, being the Jubilee holiday, we will not be open, so please order everything you need for two weeks. We will be open for shopping on 9th June and I will aim to send out the list on the 1st, so hopefully you can get it completed early before all the festivities. Also the café will not open on the 2nd but will be there on 9th June.

We really appreciate your continuing support, but a few more customers would ease the stress of keeping everything viable, so if you can introduce a new regular customer we'll think of a way to reward you!

Here be a Gruffalo!

Half a mile from home there's a magical area. A very special place. It was known to our grandchildren, when young, as a place where a **Gruffalo** lived. In fact, there are still one or two such creatures around there. You may see them if you're very quiet.



This place only exists because of our maritime climate. High rainfall, high humidity. It occupies a unique place in the country. So special are these areas that they occupy barely 1% of the country. So what am I talking about?

Mention the words 'tropical rainforest' and the Amazon springs to mind. Now how about the words 'temperate rainforest'? What do those words mean?

Such woodland is best described as a habitat of, usually, old oak, ash and hazel trees with other amazingly rich biodiverse habitats. However these areas, over the centuries, have suffered... supplying timber, charcoal making, clearance and change of use but, where they have been undisturbed, they, not only have a rich abundance of trees but also a diverse selection of **epiphytes**. These are organisms that grow on host plants (trees for example) and receive their nutrients from the rain and air. Subjects like various mosses, liverworts, lichens and algae. These all revel in the damp, dank rainforests. Such an area can host dozens and dozens of various epiphytes. They don't rely on their hosts for any nourishment.

Some experts feel that the temperate rainforests are just as threatened, if not more so than the tropical forests. Obviously 'ash dieback' is a big factor nowadays, likewise, grazing by animals particularly deer, and invasive shrubby species taking over like rhododendron ponticum. This wretched non-native plant can quickly overcome the woodland and has a severe impact on the sites' biodiversity.

The site near home is such a rich abundant area. Oaks, hazel, willows and granite rocks, looking like soft green cushions, all covered in a rich deep layer of mosses. As I say... a magical place and where, in certain circumstances, the odd **Gruffalo** can be spotted, and all within walking distance from home!

Richard Sutton

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A large background photograph of several people in a Pilates studio, lying on their backs with their legs raised and bent. A person's hands are visible in the foreground, holding a white resistance band. The background is slightly blurred.

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Facebook - @cardinhamSports

Lovely weather for tennis?

Come and play. The court can be booked on a pay-and-play basis, £15 for one hour, or £20 for a two-hour session. All welcome, locals and holiday-makers. Or why not become a member, and get free use of the court? It's just £15 a year for a junior, £55 adult, £90 couple, or £105 family. Full details on website.

Round Robin Tennis – Saturday 16 July, from 1pm

Open to all, a free event – a continuing doubles game where we rotate players one at a time. A great chance to meet up again with old friends and to make new ones. No charge payable. Bring your own refreshments, picnic chairs, etc.

More info and membership forms: contact Les 821591 or Chris 821409



CARDINHAM HELPLINE



We have been fortunate to secure grant funding from two sources. The Cally Barrett Wind Turbine Fund has given us a grant to cover all our insurance and hall hire costs for this year, which amounts to a total of almost £600. A further £100 has been donated from money raised by the Charity Marathon organised by Bodmin Way. The Helpline is very grateful to these organisations for our funds are seriously depleted following the events of the last two years.

The Helpline lunches are back under way at the Parish Hall on the third Thursday of each month at 12.45. The lunches are open to anyone in the parish and for £6.00 you will get a substantial main course followed by a choice of sweets plus tea or coffee. Contact Julia on 01208 821216 if you are interested.

Malcolm Maynard, Helpline Treasurer

CARDINHAM PARISH COUNCIL

Responsible Dog Ownership

There have been quite a few instances of dog fouling around the village, where dog owners are not picking up after their dogs. This has been happening on the moors as well. Please act responsibly, be considerate of others and clean up after your dog. Thank you.

Footpaths & Bridleway Issues

Please can parishioners flag up any footpath or bridleway issues if they need clearing or new signs ordered after the storms etc.

There is an interactive map on Cornwall Council's website which is good for reporting issues. <https://map.cornwall.gov.uk/website/ccmap/>

Cardinham Parish Hall

We gratefully received another grant from Callybarrett Wind turbine. This money will cover the costs of the paint for the hall, new internal and entrance doors and a new fridge for the small kitchen in the extension.

Apart from a few minor remaining jobs the extension is nearly complete and we will be ready to accept bookings for the new meeting room. Julie

Please join us in Celebrating
THE QUEEN'S PLATINUM JUBILEE

**FREE BBQ AND BEACON
2ND JUNE 2022
8.30PM TILL LATE**

Celebrations for the Queen's Platinum Jubilee will be taking place all around the country and further afield on 2nd June 2022.

Here in Cardinham we will be holding a free BBQ and Beacon for residents of Cardinham Parish on the evening of 2nd June starting at 8.30pm, with the official Beacon Lighting Ceremony taking place at 9.45pm.

Please come and join us in celebrating this momentous occasion.
This event will be held at Foredowns, Cardinham.

Soft drinks will be available to purchase.
All are welcome. We hope to see you there!

Contacts :

*Cllr Julie Best 01208 821227 Miss Jo Wilson (Clerk) 07811 851987
cardinhamclerk@cardinhamparish.net*



MAY TUCKER

9th May 1929 – 3rd March 2022

Extracts from the eulogy given by John Keast



How do I condense May's life into a few minutes? It would take hours, if not days, to recount the highs and lows of May's life through the whole length of which we will always remember her smile and cheery nature. As Dave said "**Nan will have a better chance of getting into heaven than most people**".

Let us start with 9th May 1929 when Annie May Jory was born to Fred and Florrie over in Shop Cottage only 100 yards away. Later along came John and Henry, by which time Shop Cottage was quite a house full – May, John, Henry, Fred and Florrie and Grandad Jory and Gran Jory. May always reminded me of Gran Jory whom as a child I remember as such a caring lady who always had time for everyone.

May and her friends had a wonderful time playing up on the moors. In particular with Thelma Gay and her brother Brian and Henry Jory they made "houses" among the furze bushes and furnished the houses with old china. May recalled how one day they had a tremendous row and fell out. Thelma and Brian walked down the road back to Mount with all their china on one side of the road and Henry and May walked on the other side with their china. But it was all over the next day and they were friends again. It was a time when you could play rounders, hopscotch and skip in the road in Mount without getting run over. In recalling her childhood May used to say "**We did not have anything and had to make do with nothing. But it was lovely**".

Fred in running the carpentry business really wanted a boy as an eldest child, so when May left school at 14 she was having to help her father in the carpenter's shop and tend the petrol pumps. During the War she sorted out petrol coupons and would cycle to Bodmin to collect the coupons in between sawing timber on the big rack bench down in the workshop and going down to the woods at Panters Bridge with my father cutting down timber.

May also helped my Grandfather – Bill Webster – with the post round. May would take her bicycle and do the whole round to Warleggan and the outlying farms for the princely sum of 5 shillings. May really loved this work, you can imagine her stopping and talking with everybody she met, numerous cups of tea. She would also be carrying supplies around, flour, sugar, cigarettes, etc. May used to say she "**was like a donkey loaded down with provisions**".

Out around the farms on the moors, through Torhouse, where the gander would chase her, down through Whitewalls, Carburrow and Treveddoo and on through the Mine. One day she was going down towards the Mine and heard the shouts “*Fire, fire!*” meaning they were about to do some blasting. May hid behind a furze bush with rocks and stones falling around her. Eventually when everything quietened down, May emerged and the men working in the Mine were both surprised and annoyed to see May stumbling down around the Mine pit.

In 1952 May Jory married Ernest Tucker (Ernie) here at Mount Chapel in what she described as the **“The most important event in my life”**.

Julie was born in 1953 followed by Peter in 1955 and soon after Ernie and May bought the 55 acres of land at Tredale where they built the bungalow which has been May’s home for the rest of her life. Along came Phil in 1957 and Chris in 1960 to complete the family.

May and Ernie worked very hard at Tredale one of May’s many sayings to people was **“Be happy and content. We did not have money but we were content”**.

Tragedy struck the family in March 1975 when Ernie died suddenly. May carried on with the farm with the help of Peter who gave up his job and came home to work with her.

For the last almost 50 years May has been the anchor for the family, she has always been there to give them sage advice and encouragement and in return they have always given back that love and affection that kept May smiling.

May was always a great lover of people and animals. As a youngster home at Shop Cottage she had a tame fox which unfortunately Fred had to put down because he became somewhat aggressive and she also had a pet jackdaw, which used to sit on Julie’s pram.

Mount Chapel and her faith have always been a major part of her life. She was baptised here, married here and now we are at her final service. Rarely missing a Sunday service her faith brought her strength and also strength and encouragement to those who worshipped with her.

May was a very determined lady who would not give up and when asked how she was she would always say **“I’m alright”**. Even when she had a heart attack and in the ambulance she told the para-medics she was ***alright***. Over the years she had numerous health issues including breast cancer, but was always ***alright***.

May, you have given so much to so many during your life, simply saying thank you does not seem enough; we thank you for being that lovely May we all knew and wish you peace reunited with Ernie.

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MOUNT & WARLEGGAN EVENTS

THURSDAY JUNE 2nd

HER MAJESTY'S PLATINUM JUBILEE

HOG ROAST, JOHNNIE COWLING, GARKER STREET BAND

ALL PARISHIONERS & PARISH FRIENDS WELCOME

CHURCH FIELD, WARLEGGAN

4.00 pm SERVICE OF THANKSGIVING, ST BARTHOLOMEW'S CHURCH

5.00 pm Hog Roast 5.30 pm Garker Street Band

6.30 pm Johnnie Cowling BRING YOUR OWN DRINKS



WARLEGGAN HISTORY GROUP

6th JUNE —VISIT TO QUETHIOCK Meet 6.pm St Neot Car Park

GOOD WORK OLLIE!

7 yr old Ollie Farley raised over **£110** during the Easter holiday walking and pony riding **26 miles** in aid of *SandsUk*.

As a family with our Labradors and Binky (owned by Sam & Matthew) we joined the **My Marathon My Way** and aimed to visit National Trust sites and Cardinham Woods averaging 2-4 miles on each outing. Collectively the charity has raised over £41k during the 2022 challenge which is pretty awesome.

It was a great way to track our routes around Saltram, Trellissick, Lanhydrock and Cardinham, thankfully the weather was kind with ice creams and picnics kept us going plus Easter egg trails!

Rachael, Adam & Ollie Farley



NEWS FROM MILLPOOL METHODIST CHURCH

First of all, a sincere thank you to the **Cally Barrett Wind Turbine Committee** for awarding us a grant. This will enable us to have blinds in the Community Room and new crockery.

As well as continuing with our regular activities we have held our first two **Crafternoons** which have proved successful. In April we were joined by six children who worked with clay under Caroline's supervision. A keen cross stitcher staying with relatives in the Parish, having seen our advert, joined us for the May session. Do feel free to join us at any of our activities listed on the back cover of this magazine.

We are pleased to be joining with the Parish Hall Committee and St Meubred's Church for the **Jubilee Tea Party** on the afternoon of 5th June.

By the time you read this we will have had our first **Whist Drive**. The next event planned is a **Summer Fete** on Saturday 9th July. (See details below)

The Chorale are busy rehearsing for the **Loveny Choir Concert** at St Meubred's Church on Saturday 30th July.

Finally, sincere thanks are due to Caroline Bailey, who stepped in as Lay Pastor after Sally Long left. We have enjoyed her thoughtful services and her cheerful and caring demeanour. We wish her well as she moves to another part of the circuit. The good news is she intends to continue with the Chorale.

On the 5th June we welcome Rev Mo Lawson-Wills who will take over as pastor of Millpool, Lanivet and Bodmin.

Services for June and July:

5 th June	Church Fellowship	3 rd July	Mr Rod Harrison
12 th June	Revd Gwen Wills	10 th July	Mrs Nicola Houghton
19 th June	Revd John Harrod	17 th July	Mr John Tilling
26 th June	Revd Mo Lawson-Wills	24 th July	Church Fellowship
31 st July at 4 pm Circuit Service at Bodmin Methodist Church			

MILLPOOL METHODIST CHURCH

Summer Fete

SATURDAY, 9TH JULY FROM 3 PM

STALLS, GAMES & AFTERNOON CREAM TEAS

PLEASE COME ALONG AND JOIN THE FUN!!



Hedgehog Class

We have been out enjoying the sunshine at Woodside and learning about physical & man-made features that are around us. We are looking forward to investigating how we can use natural, man-made materials to build animal homes during our outdoor sessions. We have been learning the story of '**The Sheep and the Goat**' and we really enjoyed our visit from some lambs, goats and Mr Cockerel. The animals enjoyed themselves and we loved taking it in turns to bottle feed the lamb. In Year 1, we have been exploring how the artist **Andy Goldsworthy** uses natural materials to create masterpieces which focus on patterns and symmetry. We are all busy creating our wonderful entries for the **Royal Cornwall Show** and preparing for the **Platinum Jubilee**.



Squirrel Class

Started off the Summer term by creatively working in groups to design and make their own dragons! This helped to introduce the new class text called '**Kassim and the greedy dragon!**'. The dragons are now living in Squirrel class and get up to all sorts of mischief when the children have gone home! We have had a visit from Amy who works at the **Cornwall RSPCA centre**. She spoke to us about how we can help animals and the fantastic work that the RSPCA does to support lots of different animals. We will be holding a cake sale to raise funds for the centre during our **Platinum Jubilee** celebrations. As we head towards the end of another half term, Squirrel Class have a class trip to **Wheal Martyn**, to learn about the China clay industry and will be involved in a rocks and soils workshop that will support learning in our current science topic of '**Rocks and soils**'.



Fox & Deer Class

In Fox and Deer class this term, we have been putting our sewing skills into practise and designing and creating cuddly toys. In history, we have been investigating **Early Islamic Civilisation**. Focusing on the city of Baghdad and its rise and fall. In music, we have started practising songs for our KS2 performance in July. We will be performing '**Holes**' by Louis Sachar. In geography, we will be studying the local farming industry. Therefore, if anyone who works within the industry would like to come and discuss their knowledge and experience they would be warmly welcomed.

Until further notice the gate at the Woodside site will be locked in the evening, overnight and at weekends due to the excessive amount of dog mess on our school field. We politely remind you that it is a private school field, and we have a strict no dog policy. Our children use the field daily and the current level of dog mess could pose a health risk.

The stile from the playing field is for our private use and provides a safe walking route for our pupils to get to the church, village hall or woods. We thank you for your understanding.

USEFUL PHONE NUMBERS

(preceded by 01208 unless otherwise stated)

Police NON emergency		National 101
Blisland Inn, Blisland		850739
Cardinham Bellringers (Captain)	Peter Tucker	821382
Cardinham Hall Bookings	Julie Best	821227
Cardinham School (Acting Head)	David Jones	821326
Cornish Guardian Correspondent	Lesley Martin	821200
Cornwall Councillor	Jenny Cruse cllr.jennifer.cruse@cornwall.gov.uk	07710 219465
Film Club	Debra Best 821554 Sonia Tucker 821382	Julie Best 821227 Nic Best 821459
Flowers for St. Meubred's	Libby Pidcock	821303
Friends of St. Meubred's	Loveday Sutton	821350
Gardening Club	Loveday Sutton	821350
Helpline	Gill Long/Jenny Saunter	821745 / 821217
London Inn, St Neot		01579 326728
Methodist Circuit Office	office@bpwcircuit.org.uk	895157
Millpool Methodist Church	Shirley Doran	813685
Millpool Coffee Morning	Julia Maynard	821216
Millpool Institute/Snooker Club	John McDonald	821448
Mother & Toddler Group	Crissie Butler	07540 181416
Parish Council Chair	Julie Best www.cardinhamparish.net	821227
Parish Council Clerk	Jo Wilson	01841 520796
Bodmin Team Ministry, Team Rector	Paul Holley	07470 192378
Sports Club	Les Spong	821591
St. Meubred's Focal Minister	Revd John Hereward	79078
St. Meubred's PCC Secretary	Rosemary Rowe	821225
St. Meubred's Reader	Ann Kerridge	76714
St Neot Brownies	Karen Cunningham	01579 321581
St Neot Scout Group	Nick Hinchcliff	01579 320776
Warleggan Young Farmers	Laura Colwill lauragco@hotmail.co.uk	07913 330078

Please send corrections or additional numbers you would like to see to lizzysmart@gmail.com Tel 821101



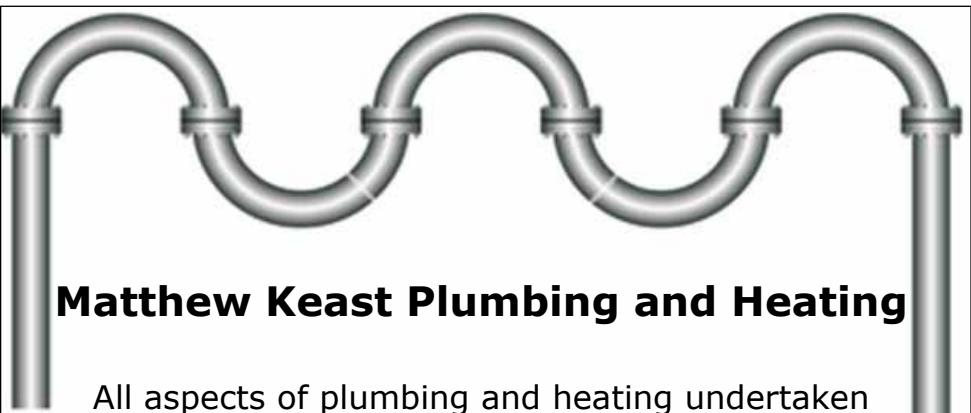
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CARDINHAM & DISTRICT GARDENING CLUB

Cardinham Gardening Club Report May 2022

Just one meeting to report this time as our next visit is after the deadline for the magazine

On April 23rd about forty of us went to **Bodmin Plant Centre and Nursery** where Mark Lawler gave an excellent talk and tour of the nursery. He explained their vision for the future and ways they are trying to be more sustainable and reduce the amount of power and peat they use. They will not be buying in any more peat-based compost, but still have a lot of stock to sell, so you will see peat-based compost there for a while yet but an increasing amount of peat free too. They are hoping to re-install the water wheel, well, a modern version, to produce some power. He also explained that the majority of plants they sell are produced there, so reducing transport costs and raising plants that are acclimatised to this environment. It was a most enjoyable and informative afternoon.

On June 15th we are going to **Hotel Endsleigh Gardens** in Milton Abbot. These romantic Grade I listed gardens extend to 100 acres set in the Tamar Valley. The garden and its beautiful Regency fishing lodge are a real treat to visit. We are looking forward to a guided tour. July 11th is scheduled for a local visit to two delightful gardens in Dobwalls, both open for the NGS and are wonderful examples of how much you can put in to a relatively modest garden!

July 25th is the date set for our social, details to be finalised. September 3rd sees the welcome return of our **Annual Flower & Vegetable Show**. Meantime we look forward to seeing you at one of our meetings soon.

For further details see our website at
<https://cardinhamgardenclub.wordpress.com/>
or any committee member.

Happy gardening *Libby*

*Photo shows our Espalier apple tree at
The Old School House, May 2022*

*Please see Page 24 for listings regarding Cornwall Wildlife Gardens. More info can be found at:
<https://www.visitcornwall.com/whats-on/traditional-cultural/cornwalls-wildlife-gardens>*



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CORNWALL WILDLIFE GARDENS

June 19th 11-4pm: Lethytep (Family Day), Penadlake, Lanreath, PL13 2PG

For the first time in Open Garden history, Cornwall Wildlife Trust invites families for an Open Garden Family Day special! Expect a day filled with family-friendly activities, with lots of nature-based fun for every member of the family. Sorry, no dogs allowed.

July 3rd 2-5pm: Boswiddle Farm, Ladock, TR2 4NU

A plantsman's garden in the 'cottage style' with several garden 'rooms' containing an interesting and varied selection of trees, shrubs and perennials. In addition to a sunny terrace, it also has a beautiful circular walk from the garden taking in meadows, woodland and streamside. Well behaved dogs on leads allowed.

July 15th 5-8pm: Meadowside, Trevarth, Redruth, TR16 6AE

Evening opening with The Garker Street Band which is a part instrumental part singing group. A 5-acre wildlife garden with a large vegetable garden, wild-flower meadow, 3 large productive poly tunnels, an orchard, fruit cage, walled garden and a south facing gravel garden planted to attract pollinators. Since last opening in 2018, there have been some impressive changes. This includes the planting of one of the fields with an orchard of nut and unusual varieties of fruit trees and bushes, and a small arboretum of unusual flowering to attract pollinators all year round. Well behaved dogs on leads allowed.

Hedgehogs & other small animals

As we all know, hedgehogs are in dire trouble with their numbers plummeting to such an extent that they could become extinct within a generation.

In the 1950s it was estimated there were 36.5 million hedgehogs in Britain, but this was based on limited data and was probably an overestimate. A more recent estimate in 1995, of 1,550,000 is more reliable. There is now evidence that numbers have been declining further since then.

Now that they are emerging from hibernation, the first clue to identifying whether you have hedgehogs in your garden is their poo. It is quite distinctive, usually black and shiny, it is roughly sausage shaped with one end being tapered. It can be 2 to 5 cm long. If you wish to look closely you can sometimes identify parts of insects such as beetles.

Hedgehogs emerging from hibernation need to put on weight before breeding. You could put out hedgehog food, but this has to be in such a position that the local cat can't get it, especially as suitable food is cat food. Hedgehogs will eat cat or dog food or their own specialist food (available on eBay), do not feed bread and milk as they are lactose intolerant and can become seriously ill. You need to create a tunnel or a box to put feed in with an entrance of 13 x 13cm which will prevent moggy from entering.

If you think you have a hedgehog regularly visiting your garden, please feel free to contact me as I have small mammal feeding tunnels and trail cameras and it is fascinating to actually see them on film and to trace where they are going. Are they just in and around gardens or do they rummage around the edges of fields and woods? It could assist with their conservation if we could get an idea of the local population, where they are and what they are doing.

Do remember to leave plenty of long grass in your garden as hedgehogs find the invertebrates they feed on in long grass, around log piles and compost heaps. Do not use slug pellets in the garden and always check everything very carefully before strimming or lighting bonfires.



Other Mammals

Hedgehogs are not the only species in trouble, most species are decreasing at an alarming rate from newts to house sparrows and swifts to hedgehogs and harvest mice. Societies such as the **BTO** [British Trust for Ornithology] and the **Mammal Society** are responsible for conducting surveys to try to determine what the actual population of species are. Once it is known where species do, and do not flourish, it is possible to develop strategies to help with their conservation.

As you may know, I assist with surveys from hedgehogs and harvest mice to swifts, rooks and bats. If anyone else wants to join in, please contact me. We recently surveyed both Warleggan and Cardinham parishes for the presence of harvest mice and only found two locations in Cardinham where they were present – this is not good! This year I am surveying dormice, continuing recording any hedgehogs and bats and the Mammal Society is also surveying the water shrew and otter populations. If you see any of these species, or signs of them please do let me know, with date, time and location. If you have any cats, photographs of their kills, be they mice, voles or shrews can be sent to me. [Note, photographs – not actual corpses!]

Please contact me: 01208 821215, 07974 572 832 or email broad oakview@btinternet.com.

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TREZANCE HOLY WELL, CARDINHAM



This scheduled ancient monument at Trezance includes a medieval holy well with an enclosure which was once the site of a chapel. It is one of the largest in Cornwall and was an important site of pilgrimage in the medieval period.

The custom of venerating springs and wells as sacred sites dates back to pre-Christian religions in Britain and the cult of holy wells continued throughout the medieval period. The water from the spring at Trezance was known to never run dry and is said to have still been used for baptisms into the mid-19th century.

The surviving structure is a small granite well house built into the bank on the southern edge of the enclosure. Water from the well seeps out from the entrance to run into a nearby stream. The site also once contained a chapel which had been demolished by the late 19th century.

The land is owned by Mr Steven Best who looks after the well and maintains the access from the road. In 2021 he kindly gave permission for a small group from Cornwall Archaeological Society and Historic England to do some additional light touch clearance around the well house.

There is access from the road, but visitors please note that there is no parking available nearby. If visiting by car, please park down in Cardinham village, not in the road by the Well, as it's too narrow & stops local farmers getting by & into their fields. Also, note in term time the Cardinham school gets very congested with parents dropping off & collecting their children between 8.30 to 9am & 3 to 3.20 pm.

Karen Dickin

Left: The well house Right: Clearance work during 2021 Photographs: Ann Preston-Jones



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TIM KEAT'S VINTAGE ROAD RUN

On Sunday 8th May loads of vintage vehicles & tractors gathered to race up Peaches Hill and to raise funds for Kidney Research UK.

Tim and Sue would like to thank everyone who came to take part in the Road Run, donated raffle prizes, gave their support and made the day such a huge success. **Over £1460 was raised!** Incredible effort!

Here are just a few photos from the day. Thanks Peter Claridge for the images.



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WHAT'S ON JUNE & JULY

There are many events on in June & July in Cornwall, here are a few suggestions from: visitcornwall.com/what's-on:

ROYAL CORNWALL SHOW, Wadebridge 9 - 11 June

<https://www.royalcornwallshow.org/>

SHACKLETON'S LEGACY, Charlestown 9 April - 30 October

<https://www.shipwreckcharlestown.co.uk/things-to-do/new-the-shackleton-experience/>

TREBAH GARDEN THEATRE Twisted Tales 3 June

Estella 8 July Midsummer Night's Dream 21 - 22 July

<https://www.trebahgarden.co.uk/events/performances>

POLPERRO: A FORGOTTEN ART CENTRE 2 April - 18 June

<https://www.falmouthartgallery.com/Exhibitions/2022>

AROUND CORNWALL IN 38 CHURNS 27 April - 21 September

<https://38churns.co.uk/>

OUTDOOR THEATRE AT BEDRUTHAN HOTEL 7 May - 23 August

<https://www.bedruthan.com/events>

SCIENCE ADVENTURES - THE POWER PICKLE 11 June

<https://intobodmin.co.uk/events-old/>

CORNWALL PRIDE, various locations 7 May - 23 July

<https://cornwallpride.org>

CREATION FEST, Wadebridge 29 - 31 July

<https://creationfest.org.uk/>

LUNDY SUNDAY FLY IN, Bodmin Airfield 31 July

<https://www.bodminairfield.com/>

NOEL GALLAGHER'S HIGH FLYING BIRDS: EDEN SESSIONS 15 June

<https://www.edensesessions.com/line-up/>



SUMMER MAGIC at CARDINHAM WOODS CAFE

Outdoor theatre and poetry this July



July 3 7pm

Rob Barratt + Jo Ogden

Poet Rob Barratt deals with such important topics as second homes, squid, distressed furniture, data-driven education, Neanderthal politics and his relationship with potatoes.
£8/£10/£12



July 10 7pm

Rebecca Tantony

A writer and performer driven to understand the messy and wild human experience in greater depth, the woods will be a lovely place to hear her evocative and beautiful poems.
£8/£10/£12



July 16 5pm

Family Theatre: The Grimm Sisters

Scratchworks Theatre Company present their marvellous mix of storytelling, comedy and live music. Joyous, interactive outdoor theatre! Ages 6+. £5/£8



July 17 7.30pm

Sprout Spoken: Words in the Woods

Newquay's Sprout Spoken Collective Hannah Temme, Kev Mud, Tyrone Burgin and Alissa Kindred bring some of the finest spoken word in Cornwall to Cardinham.
£8/£10/£12



July 23 7pm

Theatre: Much Ado About Nothing

Sun & Moon Theatre are returning to Cardinham Woods Café Garden with a joyous, vibrant production of Much Ado About Nothing, one of Shakespeare's best loved comedies.
£8/£10/£12



July 24 7pm

MC MC Spoken + Mac Dunlop

Join Falmouth's finest spoken word artists for our last night in the woods. With live music.
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intoBodmin

ST IVES JOHN KNILL DAY

John Knill Born 1733, died 29th March 1811. Appointed **Collector of Customs** for St Ives, Cornwall in 1762, a post he held for over 20 years. He was a man with a keen legal brain and was well-respected by anyone that met him. So much so that he was elected **Mayor** of the town in 1767.

In 1782, he constructed what is now known as the **Knill Steeple**, high on a hill a mile from the town - intended to be his mausoleum but never used. The steeple is in fact a three-sided obelisk of local granite some 50 foot high. Wrote an indenture in 1797 requesting this delightful ceremony to be held every five years on 25th July, for the **Feast of St James the Apostle**.



The Participants

10 girls - the daughters of fishermen, tinners, or seaman, or belonging to such families.

2 Widows.

Fiddler.

The three trustees- The mayor, Customs Officer, and Vicar.
Accompanied by the Mace bearer, and Master of Ceremonies.

Opening the chest

Opening the chest outside the Guildhall.

Process to the Steeple

Sing the Old 100th Psalm to the Tune of 200 years ago...
" All people that on earth do dwell ... "

Dance around it three times, to the satisfaction of the trustees.

Vicar says the blessing and the ceremony over for another 5 years.

Leaving refreshments to be partaken by all the participants back in St Ives town.



Remininescent of simpler times and a quaint Cornish Custom.

by Cormish Light

Left: Knill's Monument, near St Ives [Wikipedia]

Top: Sir John Knill [Wikipedia]



News from Bodmin Airfield

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60 minutes £490

CARDYNHAM CHURCH

St Mary Vale

You can see St Meubred's church tower from all over the parish, but tucked away in Cardinham Woods is the site of another medieval religious building. Walk along the valley in Cardinham Woods. Halfway along, there is a notice saying that once the chapel of *St Mary Vale* stood there. All that is left now is Lady Vale Bridge, an ancient 'clapper bridge', a simple form of stone bridge crossing over Cardinham Water. This takes us back to the tumultuous times of the 11th century after the Norman conquest. Cornwall had a new lord – Robert of Mortain, William the Conqueror's half brother. His chief officer in Cornwall, the sheriff Richard Fitz Tuold built Cardinham Castle. He probably rebuilt Cardynham Church, where you can still see the Norman font, probably 500 years older than the present church building. Just think of the disruption to people's life: carts carrying loads of stone, masons from far away, maybe labour forced on local people, soldiers throwing their weight around. It was Richard Fitz Torold who gave *St Mary Vale* chapel to the Abbey of St Mary de Valle near Bayeux in Normandy. He wanted them to establish a cell of monks there. Unfortunately the Abbey wasn't too keen. Richard had also founded the monastery of Tywardreath, so he transferred ownership of his little chapel to them. It was never a large enterprise. By about 1200 one of their monks served it, later there were two, and by the mid 13th century the chapel had a prior, someone in charge. There was still one or two monks in 1291. In 1494, a suffragan bishop in the Exeter diocese granted religious benefits to visitors. Then it fades from history. While St Meubred's church was rebuilt in the early 16th century, and has remained the focus of the parish, by the Reformation between 1538 and 1549. *St Mary Vale* crumbled away. The property went to the Duchy of Cornwall. The 16th and 17th centuries were also tumultuous times when old religious practices were swept away and local people got caught up in warfare. Let us all pray that such times don't return.

Ann Kerridge

WELL DONE EVIE!

On Monday 16th May, Evie Matthews picked up her **Gold Duke of Edinburgh Award** at Buckingham Palace. She previously completed her Bronze and Silver awards. Evie lives in the Parish and attended Cardinham School and then into Bodmin College. She is currently studying midwifery at university in Bristol.

Thanks Charlotte, Evie's proud mum for sharing her fantastic news!





Cornwall Councillor Jenny Cruse

We all face a great deal of uncertainty at this time, the war in Ukraine and all the horrors and human misery that surrounds it, and the possibility of escalation has surely affected us all. This happening after over 2 years of pandemic has made every member of society feel more vulnerable. Out of this difficult time we have seen great acts of kindness and local communities reaching out and helping and looking out for each other.

In my role as Councillor I have met so many hard working and caring people and these people are the backbone of our society, we need them now more than ever. I would like to tell you about a new technology-based support service which aims to provide an immediate and personalised response to support people in real need. HUMANS of the Peninsula. The idea is that you can register as a paid or unpaid helper. Any kind of help from random acts of kindness to providing paid lifestyle support. Once you have registered and downloaded the Humans App and go through the registration process, (all the normal checks apply). You then have a short onboarding process and interview and enhanced DBS check followed by training (all online). You then receive notification of someone in need in your vicinity and can mobilise and help instantly. If you feel you have the time and ability and would like to make some positive difference and help those who are less fortunate then please think about joining - here is the link www.humansofthepeninsula.co.uk

Being a good neighbour is something that is very often overlooked, and I do get a lot of calls from residents who are suffering from inconsiderate behaviour. Such as people who allow their dogs to bark outside for long stretches of the day and sometimes into the night. Putting out left over food for the gulls and not realising the consequences this can have for vermin and gulls destroying peoples' gardens, washing and the noise! Often those people who call me are mentally very upset by this unneighbourly behaviour, so a plea to everyone to think carefully about being considerate to each other. If a situation is really becoming out of hand then this can be reported to the Councils Environmental Health Department Public Protection and Environmental Health - Cornwall Council.

During Covid more than 25,000 businesses were supported by the Government through the business grant scheme with £564.76 million grants which is more than any other authority in the country. Additional Restriction and Omicron grants totalled another £23.644 million. We are now supporting individual households with a £150 Council Tax rebate to help with the sharp rise in heating and electricity costs. It is without doubt that the knock-on effect from the war in Ukraine will affect us all in many ways.

Providing local and emergency housing is high on the agenda, and micro homes are being installed all round Cornwall. The first site is at old County Hall with 15 homes. The Treveneth estate at St Lawrence is currently on hold whilst finding a new developer as Midas has folded, but these are exactly the type of eco-friendly and economic- to- run houses we need here in Bodmin.

The two roundabouts at Dunmere and Launceston Road are starting to bloom so thanks again to the Blue Tits and Cormac for their support. This week I spent a morning at Tredanek Meadows helping to tidy and plant some bog loving plants. Small things I know but it sends out a message that we really care about our environment and want to make Bodmin a great place to live and grow up. The next volunteer session is 20th June from 10 - 1pm so do come along and give a hand. I joined the Blue Tits Litter pick this morning, and they too are always looking for more volunteers. Contact bodminbluetits2@gmail.com if you would like to help. If you attended the Bodmin Charrette in March please see: <https://bodminchamber.co.uk/news/bodmin-town-charrette-report-22-march-2022/> Bodmin Chamber has some great ideas for the future... now we need to chase for the funding.

Jenny Cruse

REGULAR EVENTS

DATE	WHEN	WHAT	WHERE
Monday	7.30pm	Warleggan Young Farmers' Club	JHM
Monday	7.15pm	Millpool Chorale Practice	CRM
Tuesday	11.45-12.45pm	Pilates Mixed Ability Class	JHM
Tuesday	7pm	Table Tennis (821409)	JHM
Tue (1st in month)	2.30pm	Book Club (821208)	CRM
Tue (except 3rd)	7.30pm	Bell Ringing	St. Meubred's
Tue (3rd in month)	7.30pm	Parish Council Meeting	CPH
Tue (last in month)	10.30am	Millpool Coffee Morning & Book Swap	CRM
Wed (2nd in month)	2.30-4.30pm	Crafternoon	CRM
Wed (4th in month)	7.30pm	Warleggan History Group	JHM
Thur (1st in month)	2.30-4pm	Tea Party & Chat	CPH
Thur (3rd in month)	12.45pm	Helpline Lunch	CPH
Sun (1st in month)	10.45am-12	KIDZ CLUB	CRM
Sun (2nd in month)	4pm	Café Church	CPH
Sunday	10.30am	Table Tennis (821409)	JHM

CRM = THE COMMUNITY ROOM, MILLPOOL METHODIST CHURCH

CPH = CARDINHAM PARISH HALL,

JHM = JUBILEE HALL MOUNT

PLEASE NOTE: PLEASE CHECK IF YOU PLAN TO ATTEND ANY OF THEM.

Please check village notice boards, emails and organisers for details.

If you have an event you would like us to publicise send details to cmcmag@outlook.com